

dean&david Allergen-OVERVIEW















valid for Germany - Luxembourg - Austria- Switzerland



dean & david

The dean&david Allergen-Overview informs about what allergens are contained in our assortment. Furthermore ingredients, which could be undesirable for someone, like garlic and onions are marked additionally and it's obvious if the product is vegetarian or vegan. Not all products are available in every store. Product information's, nutritional values and allergens from each store apply.

The following allergenes are marked:


 <p>Grains containing gluten and products thereof:</p> <ul style="list-style-type: none"> - wheat (A1) - rye (A2) - barley (A3) - oat (A4) - spelt (A5) - khorasan (A6) - hybridised strains 	 <p>Edible nuts and products thereof:</p> <ul style="list-style-type: none"> - Almond (H1) - Hazelnut (H2) - Walnut (H3) - Cashew (H4) - Pecan nut (H5) - Brazil nut (H6) - Pistachio (H7) - Macadamia nut (H8)
 <p>Crustaceans and products thereof</p>	 <p>Celery and products thereof</p>
 <p>Eggs and products thereof</p>	 <p>Mustard and products thereof</p>
 <p>Fish and products thereof</p>	 <p>Sesame and products thereof</p>
 <p>Peanuts and products thereof</p>	 <p>Lupines and products thereof</p>
 <p>Soy and products thereof</p>	 <p>Molluscs and products thereof</p>
 <p>Milk and products thereof (lactose included)</p>	 <p>Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l</p>



Note to possible traces:

The preceding information about allergenes refer to the used ingredients in the recipes. But because of handling with every allergene in our stores, we can not guarantee, that cross-contaminations and traces of allergens may be found in any menu item, despite of thorough cleaning between every working step.

As well we do not consider any notes from our presuppliers regarding possible traces.

 <p>vegetarian:</p> <p>no meat, no fish, but eggs and dairy goods</p>	 <p>vegan:</p> <p>no animal products, no animal fat or honey</p>
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valid till 31st of august 2022



dean & david
Veggie

Allergens

Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites
Indication	Code						Indication	Code					

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork

vegetarian	vegan

Salads *without dressing + without bread

Side Salad	no allergens included												
Miso Beef	!	A1				!				!			
Caesar Chicken	!	A1		!			!						
Chicken Vitality			!				!						
Tuscany Chicken	!	A1					!						
Vegan Harvest							!	H3					
Falafel Tahini										!			
Avocado Halloumi	!	A1					!						
Paris							!	!	H3				
Salmon Spring				!			!						

!	!	!	!										
	!												
!	!												

Dressings

Pink Balsamico	no allergens included												
Ponzu Lemon	!	A1				!				!			
Ceasar			!	!			!			!			
Rocket										!			
Sweet Honey Mustard							!			!			
Tahini Lemon	!	A1					!			!			

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!													
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Bread

Freshly Baked Bread	!	A1, A2, A3											!
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Allergens

Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites
Indication	Code						Indication	Code					

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork

Veggie

vegetarian	vegan

Bowls

Veggie Buddha with sauce	!	A1					!	!	!	H3			!	!			
Veggie Buddha without sauce							!		!	H3							
Crunchy Beef with sauce	!	A1					!	!					!	!			
Crunchy Beef without sauce	!	A1					!	!									
Crunchy Chicken with sauce	!	A1					!	!					!	!			
Crunchy Chicken without sauce	!	A1					!	!									
Sweet Potato Avocado Chicken with sauce							no allergens included										
Sweet Potato Avocado Chicken without sauce							no allergens included										
Salmon Avocado with sauce	!	A1			!		!	!					!	!			
Salmon Avocado without sauce	!	A1			!		!	!									
Vegan Falafel Bowl with sauce							!						!	!			
Vegan Falafel Bowl without sauce																	
Peanut Beef Bowl with sauce					!								!	!			
Peanut Beef Bowl without sauce					!												
Chicken Teriyaki Bowl with sauce	!	A1					!						!	!			
Chicken Teriyaki Bowl without sauce																	
California Poke Bowl with sauce	!	A1			!		!						!	!			
California Poke Bowl without sauce	!	A1			!		!						!	!			
Base Quinoa Rice Mix							no allergens included										
Base Jasmin Rice							no allergens included										

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Bowl Sauces

Soy Sesame Sauce	!	A1					!	!					!	!			
Mexican Salsa							no allergens included										
Lemon Mint Sauce													!				
Peanut Lime Sauce					!												
Teriyaki Sauce	!	A1					!						!	!			
Spicy Ginger Sauce	!	A1					!						!	!			

																		✓	✓
!	!																	✓	✓
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Express Bowls

Black Rice Lachs Avocado Bowl	!	A1			!		!	!					!	!			
Black Rice Avocado Chicken Bowl							no allergens included										
Black Rice Crunchy Chicken Bowl	!	A1					!	!					!	!			
Urkorn Vegan Falafel Bowl							!	!					!	!			
Urkorn Veggie Buddha Bowl	!	A1					!	!	!	H3			!	!			

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Kids Menü

Mini Falafel Plate	!	A1, A2, A3											!				
Mini Chicken Bowl					!	!							!				

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Allergens

 Gluten		 Crustaceans							 Edible nuts							
Indication	Code								Indication	Code						

Maybe undesirable

				
Garlic	Onion	Alcohol	Beef	Pork

Veggie

	
vegetarian	vegan

Sandwiches

Avocado Mozzarella	!	A1, A2, A3					!	!						!		
Chicken Avocado	!	A1, A2, A3					!	!						!		
Vegan Sweet Potato	!	A1, A2, A3					!					!	!			
Grilled Veggie	!	A1, A2, A3					!							!		

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Wraps

Caesar	!	A1, A2		!	!			!						!		
Paris	!	A1, A2					!	!	!	H3				!		
Vegan Falafel	!	A1, A2					!	!						!		
Teriyaki Salmon	!	A1, A2			!		!	!								

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Grilled Flatbread

Chimichurri Chicken	!	A1, A2						!								
Grilled Veggies Mozzarella	!	A1, A2					!	!								
Olives Sheep's Cheese	!	A1, A2						!								
Creamy Coriander Avocado	!	A1, A2						!								

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Allergens

Gluten Indication Code	Crus- taceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts Indication Code	Celery	Mustard	Sesame	Lupines	Molluscs	SO ₂
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Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork
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Veggie

vegetarian	vegan
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vegan and vegetarian Curries

Vegan Red Thai Curry								!										!					
Vegan Red Thai Curry planted.chicken								!										!					
Vegan Green Thai Curry								!										!					
Vegan Green Thai Curry planted.chicken								!										!					
Veggy Kormacurry with Chickpeas								!		!								!		!			
Veggy Kormacurry planted.chicken								!		!								!		!			
Vegan Sweet Potato Spinach Curry																		!		!			
Vegan Red Lentils Dal								!															
Vegan Mango Coconut Curry (Express)																		!		!			

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Information on our curries:
our curries are served with sesame seeds. The exclusion of sesame is offered upon request, however please make sure to inform us beforehand.

Chicken and Meat Curries

Chicken Korma Curry								!	!									!		!			
Red Thai Chicken Curry								!										!		!			
Green Thai Chicken Curry								!										!		!			
Red Thai Beef Curry								!										!		!			
Green Thai Beef Curry								!										!		!			

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Soups *without bread!

Carrot Coco	!	A1						!										!					
Potato Sheep's Cheese									!									!					
Carrot mango	!	A1						!										!					
Pumpkin																							
Tomato Soup								!										!					

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Ground spices

Tandoori Masala																								
Thai Spice																								
Chili crushed																								
Tabasco red																								

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Indication	Code						Indication	Code					

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork

Veggie

vegetarian	vegan

Toast & Eggs

Vegan Avocado Toast		A1, A2, A3																											
Avocado Toast with Egg		A1, A2, A3																											
Hummus Toast with Sheep's Cheese		A1, A2, A3																											
Hummus Toast with Sheep's Cheese and Egg		A1, A2, A3																											
Salmon Avocado Toast		A1, A2, A3																											
Salmon Avocado Toast with Egg		A1, A2, A3																											

Quinoa Breakfast Bowl *without bread

Salsa & Egg Bowl																																					
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Sweets

Bircher Muesli		A4										H1, H2																									
Mango Coconut Ricepudding																																					
Mango Chia Pudding																																					
Berry Chia Pudding																																					
Berry Overnight Oats		A4											H1																								

Homemade Smoothie Bowls

Açaí Smoothie Bowl		A3, A5											H1, H4																							
Green Smoothie Bowl		A3, A5											H1, H4																							
Yellow Tropical Smoothie Bowl		A3, A5											H1, H4																							
Choco Beetroot Smoothie Bowl		A3, A4, A5											H1, H4																							

Warm Porridge

Mango Grape		A4											H1																							
Granola Apple		A3, A4, A5											H1, H4																							
Apple Cinnamon		A4											H3																							

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Indication	Code						Indication	Code					

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan
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Juices

Juice	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan		
ACE																					<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Botox																						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Classic																						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Green Glow																						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Refresher																						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Golden Root																						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Lemonade

Lemonade	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan		
Ginger Lemongras																						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Smoothies

Smoothie	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan		
Sunrise																						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Supersonic																						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Mango Chia Booster																						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Super Green Matcha																						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Green Machine																						<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Wine and Secco

Wine/Secco	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan		
Soave DOC Classico																						<input checked="" type="checkbox"/>	<input type="checkbox"/>
Farnese Primitivo																						<input checked="" type="checkbox"/>	<input type="checkbox"/>
Susumaniello																						<input checked="" type="checkbox"/>	<input type="checkbox"/>
Lugana I Frati																						<input checked="" type="checkbox"/>	<input type="checkbox"/>
Silver Veneto Frizzante																						<input checked="" type="checkbox"/>	<input type="checkbox"/>
WINZZ Weinschorle weiß																						<input checked="" type="checkbox"/>	<input type="checkbox"/>