

DEAN&DAVID DELIVERS!

→ Fresh to eat delivery service



SANDWICHES & CO

dean&david says: „100% FRESH - 200% TASTE!“

Grilled Flatbreads

Chicken Salsa Flatbread 30 gram grilled chicken breast stripes, tomatoes, sweet corn, coriander, cream cheese, mexican salsa	25.00
Grilled Veggies Mozzarella Flatbread grilled veggies, mozzarella cheese, tomatoes, rocket, sundried-tomato-spread	20.00
Olives Sheep's Cheese Flatbread sheep's cheese, kalamata olives, tomatoes, red onions, rocket, cream cheese	20.00
Chicken Pepper Flatbread 30 gram sweet chili chicken, peppers, carrots, rocket, cream cheese	20.00

Handmade Wraps

Caesar Wrap 30 gram grilled chicken breast stripes, tomatoes, egg, grana padano cheese, rocket, salad, cream cheese, caesar dressing	25.00
Paris Wrap goat's cheese, dates, grapes, walnuts, peppers, rocket, salad, cream cheese, sweet-honey-mustard-dressing	20.00
Veggie Oriental Wrap bulgur, cucumber, beetroot, rocket, walnuts, mint, salad, fig-date-spread	20.00
Tandoori Chicken Wrap sugar snaps, 30 gram tandoori chicken, cucumber mint, sesame, salad, rocket, sundried-tomato-spread	20.00

Grilled Sandwiches

Sweet Chili Chicken Sandwich 80 gram sweet chili chicken, peppers, salad, cream cheese	20.00
Avocado Mozzarella Sandwich avocado, tomatoes, mozzarella cheese, basil, sundried-tomato-spread	25.00
Grilled Veggie Sandwich grilled veggies, tomatoes, sweet corn, basil, salad, sundried-tomato-spread	20.00
Grilled Beef Sandwich 80 gram grilled beef stripes, tomatoes, rocket, salad, sundried-tomato-spread	20.00

Check out our display counter to choose from our daily selection!

vegetarian vegan gluten-free lactose-free

JUICES & SMOOTHIES

dean&david says: „100% NATURAL!“

0,3 L

0,4 L

Freshly Pressed Juices

Chia Crush orange, carrots, apple, chia seeds, ginger	25.00	30.00
ACE orange, carrots, apple		
Classic apple, carrots, ginger		
Refresher orange, beetroot, apple, carrots		
Botox apple, mint, ginger		
Spring Break orange, apple, ginger		

Green Smoothies

25.00

30.00

Green Machine spinach, cucumber, orange, pineapple, dates, mint		
Green Detox spinach, basil, grapes, mango, banana		

Superfood Smoothies

30.00

35.00

Mango Chia Booster mango, pineapple, soy drink, chia seeds, dates, honey		
Sunrise strawberry, banana, orange, goji-berries, mint		
Supersonic strawberry, pineapple, orange, açai		
Superfood Granola strawberry, banana, soy drink, granola, chia seeds		

Superfood Booster (4,5 cl)

10.00

Ginger-Booster ginger, apple, chia seeds		
Beat-Booster beetroot, ginger, açai		



PREMIUM COFFEE & FRESH TEA

dean&david says: „WAKE ME UP!“

MEDIUM

GRANDE

Espresso		12.00
Espresso Double		16.00
Cappuccino	16.00	20.00
Latte Macchiato	16.00	20.00
Caffè Latte	16.00	20.00
Caffè Americano	14.00	18.00
Caffè Mocha	14.00	18.00
Hot Chocolate		20.00
Iced Cappuccino	16.00	20.00
Iced Latte	16.00	20.00
Premium Tea		10.00
Fresh Ginger Tea with honey		10.00
Fresh Mint Tea		10.00
Fresh Ginger-Mint Tea		10.00



FRESH
TO EAT
MENU

dean&david says: „EAT BETTER, BE HAPPIER.“

OUR MISSION ...

... is uncompromising freshness. We use only carefully selected, fresh, natural and high-quality ingredients – simple, healthy food prepared by hand!

DID YOU KNOW THAT ...

... David opened his first dean&david 2007 in Munich, Germany? Well-balanced and wholesome products, which are created with great care and attention to detail by our nutrition experts, have been at the heart of the dean&david philosophy ever since.

Salad Paris -
Of course,
also To Go



VISIT DEANANDDAVID.COM

SALADS

Each salad comes with crispy country bread



SMALL CLASSIC

SEA	Surf & Turf 		
	Regular: 80gram grilled beef stripes + 10 halved shrimps/small: 60gram grilled beef stripes + 8 halved shrimps, tomatoes, sugar snaps, red onions, grana padano cheese, sesame, basil (french-herbs-dressing)	44.00	49.00
	Mango Prawn  	42.00	47.00
	grilled king prawns (Regular: 14 halved "shrimps"/small: 8 halved "shrimps"), tomatoes, peanuts, mango, fresh coriander (french-herbs-dressing)		
CHICKEN & BEEF	Chicken Vitality 	40.00	45.00
	grilled chicken breast stripes (Regular: 100 gram / small: 80 gram) sheep's cheese, carrots, cucumber, egg, sunflower seeds, cress (rocket-dressing)		
	Caesar Chicken	40.00	45.00
	grilled chicken breast stripes (Regular: 100 gram / small: 80 gram) tomatoes, egg, grana padano cheese, croutons (caesar-dressing)		
VEGGIE & VEGAN	Chicken Oriental 	40.00	45.00
	grilled chicken breast stripes (Regular: 100 gram / small: 80 gram) mango, grana padano cheese, grapes, almond slices (apple-elder-dressing)		
	Big Easy Beef  	42.00	47.00
	grilled beef stripes (Regular: 80 gram / small: 60 gram), peppers, carrots, red onions, peanuts, basil (balsamic-maple syrup-dressing)		
VEGGIE & VEGAN	Warm Thai Beef 	42.00	47.00
	grilled beef stripes (Regular: 80 gram / small: 60 gram), mango, sugar snaps, goji berries, cucumber, sesame, coriander (ginger-sesame-dressing)		
	Paris  	40.00	45.00
	goat's cheese, walnuts, peppers, grapes (sweet honey-mustard-dressing)		
VEGGIE & VEGAN	Grilled Veggie  	40.00	45.00
	grilled veggies, mozzarella cheese, kalamata olives, tomatoes, artichokes, basil, sunflower seeds (balsamic-maple syrup-dressing)		
	Vegan Superfood  	55.00	60.00
	bulgur, avocado, tomatoes, beetroot, grapes, chia seeds, sunflower seeds (rocket-dressing)		

SALADBAR

Each salad comes with crispy country bread

4 steps to your favourite salad

- Choose your size**
each salad comes with:
Mixed salad
3 fresh basics
Dressing
SMALL 25.00 CLASSIC 30.00
- Choose your fresh basics**
3 fresh basics included, any additional 5.00
vegan & veggie
almond slices
artichokes
croutons
crunchy onions
egg
carrots
cucumber
grapes
kalamata olives
mango
peanuts
pepper
red onions
sugar snaps
sunflower seeds
tomatoes
sweet corn
beetroot
chia seeds
goji-berries
walnuts
Superfoods
- Choose your premium extras**
each 12.00 each 15.00 each 18.00
avocado
bulgur
grana padano cheese
mozzarella cheese
sheep's cheese
sweet potatoes
chicken breast (100gr)
goat's cheese
grilled veggies
king prawns (14 Halved Pieces)
beef stripes (80 grs)
- Choose your dressing**
apple-elder   
balsamic-maple-syrup   
caesar-dressing 
french-herbs   
ginger-sesame  
rocket-dressing   
sweet-honey-mustard   

 vegetarian  vegan  gluten-free  lactose-free




Beef, Prawns: 60 gr (small), 80 gr (classic), Chicken: 80 gr (small), 100 gr (classic)

dean&david says: „CREATE YOUR OWN SALAD!“

BOWLS, SOUPS & CURRIES



Good Life Bowls

Crunchy Beef Bowl	55.00
60 gram grilled beef stripes, peas, tomatoes, mango, goji-berries, crunchy onions, quinoa, brown rice, salad, soy-sesame-sauce	
Crunchy Chicken Bowl	50.00
80 gram grilled chicken breast stripes, peas, tomatoes, mango, goji-berries, crunchy onions, quinoa, brown rice, salad, soy-sesame-sauce	
Avocado Chicken Bowl  	50.00
80 gram grilled chicken breast stripes, avocado, tomatoes, sweet corn, coriander, quinoa, brown rice, salad, mexican salsa	
Veggie Hollywood Bowl 	45.00
grilled veggies (sweet potatoes, eggplant, peppers, zucchini), peas, walnuts, beetroot, quinoa, brown rice, salad, basil, soy-sesame-sauce	

Let us enthrall you...

... by our daily changing, passionately cooked soups and curries with delicious jasmine rice - a nice change from the fresh dean&david salads. How about for example a Red Thai Chicken Curry? Or would you like to go on a culinary journey with our Indian chicken curry? We also offer a wide selection of vegetarian and vegan dishes!

SAVE WITH THE FRESH MENU

with good life bowls

+ Side Salad + 10.00

+ Side Salad and Soft Drink + 15.00



The price lists in the respective store apply.

DEAN&DAVID DOHA



Current opening hours: deananddavid.de/qa/locations/

FRESH TO EAT DELIVERY SERVICE

The Pearl

Tel: 00974 4444 0601

Ezdan Hotel & Suites

Tel: 00974 4444 0609

Sidra Medicine

Tel: 00974 4003 5353

Want more? Follow us! 

deananddavid.com

 dean and david

 dean_and_david_qatar

1 The Pearl

Unit 179-180, Waterfront, Parcel-7, Porto Arabia

2 Ezdan Hotel & Suites

Ground Floor - Gate 5, West Bay, Al Dafna

3 Sidra Medicine

Al-Rayyan, Outpatient Clinic Building, main entrance

