

dean&david Allergen-OVERVIEW















valid for Germany - Luxembourg - Austria



dean & david

The dean&david Allergen-Overview informs about what allergens are contained in our assortment. Furthermore ingredients, which could be undesirable for someone, like garlic and onions are marked additionally and it's obvious if the product is vegetarian or vegan. Not all products are available in every store. Product information's, nutritional values and allergens from each store apply.

The following allergenes are marked:


 <p>Grains containing gluten and products thereof:</p> <ul style="list-style-type: none"> - wheat (A1) - rye (A2) - barley (A3) - oat (A4) - spelt (A5) - khorasan (A6) - hybridised strains 	 <p>Edible nuts and products thereof:</p> <ul style="list-style-type: none"> - Almond (H1) - Hazelnut (H2) - Walnut (H3) - Cashew (H4) - Pecan nut (H5) - Brazil nut (H6) - Pistachio (H7) - Macadamia nut (H8)
 <p>Crustaceans and products thereof</p>	 <p>Celery and products thereof</p>
 <p>Eggs and products thereof</p>	 <p>Mustard and products thereof</p>
 <p>Fish and products thereof</p>	 <p>Sesame and products thereof</p>
 <p>Peanuts and products thereof</p>	 <p>Lupines and products thereof</p>
 <p>Soy and products thereof</p>	 <p>Molluscs and products thereof</p>
 <p>Milk and products thereof (lactose included)</p>	 <p>Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l</p>



Note to possible traces:

The preceding information about allergenes refer to the used ingredients in the recipes. But because of handling with every allergene in our stores, we can not guarantee, that cross-contaminations and traces of allergens may be found in any menu item, despite of thorough cleaning between every working step.

As well we do not consider any notes from our presuppliers regarding possible traces.

 <p>vegetarian:</p> <p>no meat, no fish, but eggs and dairy goods</p>	 <p>vegan:</p> <p>no animal products, no animal fat or honey</p>
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Allergens



Maybe undesirable



Veggie



Salads *without dressing + without bread

Salad	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan		
Side Salad																					✓	✓	
Rainbow Salad (for Kids)																						✓	✓
Big Easy Beef					⚠														⚠				
Caesar Chicken	⚠ A1		⚠		⚠			⚠							⚠	⚠			⚠				
Chicken Vitality			⚠					⚠															
Chicken Pesto								⚠															
Avocado Superfood	⚠ A1															⚠					✓	✓	
Falafel Tahini	⚠ A1													⚠							✓	✓	
Grilled Veggie								⚠													✓		
Avocado Prawn					⚠																		
Surf&Turf							⚠								⚠				⚠				
Paris								⚠		⚠ H3											✓		
Salmon Spring					⚠			⚠															
Salmon & Greens					⚠														⚠				
Special Chicken Oriental								⚠		⚠ H1													
Special Summer Chicken								⚠		⚠ H1													
Special Pumpkin Goat's Cheese								⚠		⚠ H3													✓

Dressings

Balsamic Maple Syrup															⚠	⚠					✓	✓	
Ginger Sesame	⚠ A1							⚠							⚠						✓	✓	
Caesar				⚠	⚠			⚠						⚠	⚠								
Rocket														⚠							✓	✓	
Sweet Honey Mustard								⚠								⚠					✓		
Basil Pesto															⚠						✓	✓	
Tahini Lemon	⚠ A1							⚠						⚠							✓	✓	
Special French Herbs															⚠	⚠					✓	✓	
Special Mango Turmeric																					✓	✓	
Special Honey Walnut								⚠ H3						⚠	⚠						✓		

Bread

Freshly Baked Bread	⚠ A1, A2, A3													⚠							✓	✓
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Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites
Indication	Code						Indication	Code					

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork

Veggie

vegetarian	vegan

Salad bar

Item	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan	
Salad mix								no allergens included													✓	✓
Basic - Basil Pesto								no allergens included							⚠						✓	✓
Basic - Pears								no allergens included													✓	✓
Basic - Crunchy Onions	⚠	A1														⚠					✓	✓
Basic - Beetroot								no allergens included													✓	✓
Basic - Croutons	⚠	A1													⚠	⚠					✓	✓
Basic - Egg (free range)			⚠																		✓	✓
Basic - Peanuts					⚠																✓	✓
Basic - Cucumber								no allergens included													✓	✓
Basic - Blueberries								no allergens included													✓	✓
Basic -Pomegranate Seeds								no allergens included													✓	✓
Basic - Carrots								no allergens included													✓	✓
Basic - Sweet Corn								no allergens included													✓	✓
Basic - Edamame							⚠														✓	✓
Basic - Mango								no allergens included													✓	✓
Basic - Kalamata Olives								no allergens included													✓	✓
Basic - Pumpkin								no allergens included													✓	✓
Basic - Pepper								no allergens included													✓	✓
Basic - Sunflower Seeds								no allergens included													✓	✓
Basic - Tomatoes								no allergens included													✓	✓
Basic - Grapes								no allergens included													✓	✓
Basic - Red Cabbage								no allergens included													✓	✓
Basic - Walnuts								⚠	H3												✓	✓
Extra - Avocado								no allergens included													✓	✓
Extra - Pumpkin Apple Chutney								no allergens included													✓	✓
Extra - Prawn															⚠							✓
Extra - Falafel	⚠	A1													⚠	⚠					✓	✓
Extra - Gran Biraghi (ital. hard cheese)								⚠													contains rennet	
Extra - Grilled Vegetables								no allergens included								⚠					✓	✓
Extra - Hummus															⚠						✓	✓
Extra - Whole Grain Bulgur	⚠	A1														⚠					✓	✓
Extra - Chicken Breast Stripes								no allergens included														✓
Extra - Mozzarella Cheese								⚠													✓	
Extra - Beef Stripes								no allergens included														✓
Extra - Salmon (Norwegian)																			⚠			
Extra - Sheep's Cheese								⚠													✓	
Extra - Sweet Potato								no allergens included													✓	✓
Extra - Goat's Cheese								⚠													✓	
Extra - Pesto Chicken								no allergens included							⚠							✓

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Gluten		Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts		Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites
Indication	Code							Indication	Code						

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork

Veggie

vegetarian	vegan

Bowls

Veggie Buddha with sauce		A1									H3													
Veggie Buddha without sauce											H3													
Crunchy Beef with sauce		A1																						
Crunchy Beef without sauce		A1																						
Crunchy Chicken with sauce		A1																						
Crunchy Chicken without sauce		A1																						
Avocado Chicken with sauce							no allergens included																	
Avocado Chicken without sauce							no allergens included																	
Salmon Avocado with sauce		A1																						
Salmon Avocado without sauce		A1																						
Vegan Falafel Bowl with sauce		A1																						
Vegan Falafel Bowl without sauce		A1																						
Peanut Beef Bowl with sauce																								
Peanut Beef Bowl without sauce																								
Mango Prawn Bowl with sauce		A1																						
Mango Prawn Bowl without sauce																								
Base Quinoa Rice Mix							no allergens included																	
Base Jasmin Rice							no allergens included																	
Soy Sesame Sauce		A1																						
Mexican Salsa							no allergens included																	
Lemon Mint Sauce																								
Peanut Lime Sauce																								

Sandwiches

Grilled Vegan		A1, A2, A3																					
Chicken Avocado		A1, A2, A3																					
Sweet Chili Chicken		A1, A2, A3																					
Avocado Mozzarella		A1, A2, A3																					

Wraps

Caesar		A1, A2																					
Paris		A1, A2									H3												
Vegan Oriental		A1, A2									H3												
Chicken Mango		A1, A2									H1												
Teriyaki Salmon		A1, A2																					
Tandoori Chicken		A1, A2																					

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Gluten		Crustaceans		Egg	Fish	Peanuts	Soy	Milk	Edible nuts		Celery	Mustard	Sesame	Lupines	Molluscs	SO ₂
Indication	Code	Indication	Code						Indication	Code						

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan
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Veggie

Grilled Flatbread

Chicken Pesto	!	A1, A2						!								
Grilled Veggies Mozzarella	!	A1, A2					!	!								
Olives Sheep's Cheese	!	A1, A2						!								
Chicken Salsa	!	A1, A2						!								

!						
	!					
!	!					

vegan and vegetarian Curries

Vegan red Thai Curry								!			!	!				
Vegan yellow Thai Curry								!			!	!				
Vegan green Thai Curry								!			!	!				
Veggy Kormacurry with Chickpeas								!	!			!	!			
Vegan Sweet Potato Spinach Curry												!	!			
Vegan Red Lentils Dal								!				!	!			
Vegan Mango Coconut Curry (Express)												!	!			

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Information on our curries:
our curries are served with sesame seeds. The exclusion of sesame is offered upon request, however please make sure to inform us beforehand.

Chicken/Meat/Fish/Curries

Chicken Korma Curry								!	!			!	!			
Red Thai Chicken Curry								!			!	!				
Yellow Thai Chicken Curry								!			!	!				
Green Thai Chicken Curry								!			!	!				
Red Thai Beef Curry								!			!	!				
Yellow Thai Beef Curry								!			!	!				
Green Thai Beef Curry								!			!	!				
Red Thai Prawn Curry									!			!	!			
Yellow Thai Prawn Curry									!			!	!			
Green Thai Prawn Curry									!			!	!			

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Soups *without bread!

Carrot Coco	!	A1						!			!						
Potato Sheep's Cheese											!	!					
Carrot mango	!	A1						!									
Pumpkin								no allergens included									
Tomato Soup								!									

!	!					
	!					

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Allergens

 Gluten Indication Code	 Crustaceans	 Egg	 Fish	 Peanuts	 Soy	 Milk	 Edible nuts Indication Code	 Celery	 Mustard	 Sesame	 Lupines	 Molluscs	 Sulfites
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Maybe undesirable

 Garlic	 Onion	 Alcohol	 Beef	 Pork	 vegetarian	 vegan
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Coffee...

Espresso / Doppio / Coffee	no allergens included												
Cappuccino	⚠												
Cappuccino with Oat Drink	no allergens included												
Latte Macchiato	⚠												
Latte Macchiato with Oat Drink	no allergens included												
Café Latte	⚠												
Café Latte with Oat Drink	no allergens included												
Golden Milk	⚠												
Golden Milk with Oat Drink	no allergens included												
Matcha Latte	⚠												
Matcha Latte with Oat Drink	no allergens included												
Chai Latte	⚠												
Chai Latte with Oat Drink	no allergens included												
Matcha Latte	⚠												
Matcha Latte with Oat Drink	no allergens included												
Fresh Mint Tea	no allergens included												
Fresh Ginger Tea with Honey	no allergens included												
Fresh Ginger Mint Tea	no allergens included												
Wellmondo Luxury Tea - all varieties	no allergens included												
Hot Chocolate	⚠												
Hot Chocolate with Oat Drink	no allergens included												

✓	✓				✓	✓
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Muffins + Cakes

Blueberry Crumble Muffin	⚠	A1		⚠		⚠									
Triple Chocolate Muffin	⚠	A1		⚠		⚠	⚠								
Lemon Cake	⚠	A1		⚠		⚠									
Vegan Apple Cake	⚠	A1, A4					⚠	H1, H2, H3							
Bananabread	⚠	A1, A4					⚠	H1, H2, H3							
Chocolate Coco Cake	⚠	A1				⚠									
Apple Blueberry Brownie	⚠	A1, A4, A5		⚠		⚠	⚠	H1							
Raspberry Almond Brownie				⚠		⚠	⚠	H1, 2							

✓															
✓															
✓															
✓															
✓															
✓															
✓															
✓															

Deli Salads

Vegan Bulgur	⚠	A1													
Falafel Hummus	⚠	A1			⚠					⚠					
Bulgur Oriental	⚠	A1			⚠			⚠	H3						
Vegan Supergreens	⚠	A1			⚠					⚠	⚠				⚠

✓	⚠	⚠													
✓	⚠	⚠													
✓	⚠	⚠													
✓	⚠	⚠													

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Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pork

Veggie

vegetarian	vegan

Juices

Product	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan			
ACE																						✓	✓	
Botox																							✓	✓
Classic																							✓	✓
Green Glow																							✓	✓
Refresher																							✓	✓
Golden Root																							✓	✓

Ginger Shots

Pomegranate Açai																							✓	✓
Turmeric																							✓	✓
Spirulina																							✓	✓

Lemonade

Ginger Lemongras																							✓	✓
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Smoothies

Sunrise																							✓	✓
Supersonic																							✓	✓
Mango Chia Booster																							✓	✓
Super Green Matcha																							✓	✓
Green Machine																							✓	✓

Wine and Secco

Soave DOC Classico																								⚠
Farnese Primitivo																								⚠
Silver Veneto Frizzante																								⚠
WINZZ Weinschorle weiß																								⚠