



FOR HONG KONG MARKET ONLY

Product		Energy (kJ)		Energy (kcal)		Protein (g)		Fat (g)		of which saturates (g)		Carbohydrates (g)		of which sugars (g)		Sodium (mg)		Salt (g)			
		per 100 g/ml	per portion	per 100 g/ml	per portion	per 100 g/ml	per portion	per 100 g/ml	per portion	per 100 g/ml	per portion	per 100 g/ml	per portion	per 100 g/ml	per portion	per 100 g/ml	per portion	per 100 g/ml	per portion		
Salad (without dressing and without bread)	Chicken & Veggie & Beef & Vegan	Avocado Superfood	Classic	359	1956	86	468	2.0	11.2	4.7	25.4	0.5	2.9	8.2	44.7	3.2	17.4	500	3250	0.2	1.3
		Falafel Tahini	Classic	455	1858	109	444	3.1	12.7	3.1	12.5	0.4	1.6	16.4	67.0	4.7	19.2	1250	4750	0.5	1.9
		Grilled Veggie	Classic	536	1570	129	378	5.2	15.1	9.7	28.5	2.7	7.9	4.3	12.6	3.7	10.9	1250	4000	0.5	1.6
		Paris	Classic	526	1448	127	349	6.0	16.6	9.1	24.9	3.9	10.8	4.9	13.4	4.7	13.0	750	2250	0.3	0.9
		Big Easy Beef	Classic	387	1299	93	313	6.7	22.5	5.7	19.1	1.0	3.4	3.3	11.2	2.8	9.6	750	2750	0.3	1.1
		Caesar Chicken	Classic	494	1525	118	365	10.8	33.3	5.7	17.5	2.3	7.1	5.7	17.6	1.8	5.5	1750	5250	0.7	2.1
		Chicken Vitality	Classic	491	1749	118	420	10.0	35.5	7.5	26.9	3.1	11.0	2.3	8.3	2.0	7.1	2000	7000	0.8	2.8
		Salmon Spring	Classic	555	1850	133	444	8.2	27.3	7.2	23.9	3.0	10.0	8.6	28.7	2.9	9.6	2000	6750	0.8	2.7
		Balsamic Maple Sirup	Classic	1200	960	290	232	0.5	0.4	25.2	20.2	1.8	1.4	14.0	11.2	11.7	9.4	1000	3250	0.4	1.3
		Rocket	Classic	1479	1183	358	286	0.9	0.8	33.5	26.8	3.5	2.8	11.8	9.5	11.4	9.1	3500	2750	1.4	1.1
Dressings & Bread	Dressings & Bread	Caesar	Classic	2013	1611	307	246	9.6	7.6	47.7	38.2	22.3	17.9	3.4	2.7	3.4	2.8	3250	2750	1.3	1.1
		Tahini Lemon	Classic	1130	904	269	215	6.2	4.9	21.9	17.5	2.4	1.9	8.6	6.9	5.5	4.4	9500	4750	3.8	1.9
		Sweet Honey Mustard	Classic	1980	1584	480	384	0.7	0.6	48.0	38.4	3.9	3.1	11.0	8.8	9.6	7.7	5000	4000	2.0	1.6
		Bread	1 Piece	1163	291	276	69	8.4	2.1	5.1	1.3	0.7	0.2	46.0	11.5	0.8	0.2	4500	5750	1.8	2.3
		Avocado Chicken Bowl (with Mexican Salsa)		438	2431	104	578	5.3	29.4	3.0	16.5	0.4	2.4	13.6	75.6	2.5	14.1	3250	18000	1.3	7.2
		Crunchy Beef Bowl (with Soy Sesame Sauce)		669	3532	160	847	5.3	27.9	8.1	43.0	1.3	7.0	15.6	82.4	4.3	22.4	1250	6000	0.5	2.4
		Crunchy Chicken Bowl (with Soy Sesame Sauce)		657	3471	157	831	6.1	32.0	7.4	39.1	1.1	6.0	15.7	82.7	4.2	22.4	1250	6750	0.5	2.7
		Salmon Avocado Bowl (with Honey Mustard Sauce)		708	3632	170	871	5.6	28.5	9.1	46.6	1.4	7.3	15.5	79.4	3.5	17.9	1500	7250	0.6	2.9
		Peanut Beef Bowl (with Peanut Lime Sauce)		695	3422	166	818	6.2	30.5	9.4	46.1	1.4	6.8	14.1	69.5	2.5	12.1	1000	5000	0.4	2.0
		Vegan Falafel Bowl (with Lemon Mint Sauce)		511	2768	122	661	3.3	17.8	4.2	22.8	0.4	2.3	17.4	94.2	3.1	16.5	1500	8000	0.6	3.2
Bowls (including Sauce)	Bowls (including Sauce)	Veggie Buddha Bowl (with Soy Sesame Sauce)		663	3611	159	867	3.3	17.8	7.5	40.7	0.8	4.3	18.6	101.2	4.6	25.3	750	3750	0.3	1.5
		Chicken Teriyaki Bowl (with Teriyaki Sauce)		554	2863	132	681	4.0	25.9	4.9	25.4	0.5	2.7	16.5	85.4	3.0	15.3	2250	11250	0.9	4.5
		Quinoa Rice Mix		585	1171	139	279	3.7	7.3	1.8	3.5	0.2	0.4	27.2	54.3	0.3	0.7	250	750	0.1	0.3
		Jasmin Rice		610	1219	143	287	2.8	5.6	0.2	0.5	0.0	0.1	32.2	64.4	0.1	0.2	0	0	0.0	0.0
		Green Thai Curry - Beef		559	2717	133	646	4.8	23.1	4.6	22.4	2.7	13.4	17.7	86.0	2.4	11.9	1500	7250	0.6	2.9
		Green Thai Curry - Chicken		546	2656	129	630	5.6	27.3	3.8	18.5	2.5	12.4	17.7	86.3	2.4	11.8	1750	8250	0.7	3.3
		Green Thai Curry - vegan		549	2561	130	608	2.1	9.7	4.7	21.8	3.3	15.4	19.6	91.2	3.1	14.6	1500	6750	0.6	2.7
		Korma Curry - Chicken		542	2636	129	625	6.5	31.7	2.7	13.3	0.8	3.8	18.9	92.1	2.1	10.4	1750	8750	0.7	3.5
		Korma Curry - vegetarisch		550	2289	131	543	3.4	14.4	2.8	11.8	0.8	3.4	22.1	91.8	2.4	10.1	1500	5750	0.6	2.3
		Red Thai Curry - Beef		558	2715	133	644	4.8	23.1	4.6	22.4	2.7	13.2	17.6	85.7	2.4	11.6	1750	8250	0.7	3.3
Curry (including Rice)	Curry (including Rice)	Red Thai Curry - Chicken		546	2653	129	628	8.1	27.3	3.8	18.5	2.5	12.3	17.7	86.0	2.4	11.5	1750	9000	0.7	3.6
		Red Thai Curry - vegan		549	2558	130	607	2.1	9.7	4.7	21.8	3.3	15.3	19.5	90.9	3.1	14.3	1750	7750	0.7	3.1
		Sweet Potatoe Spinach Curry - vegan		561	2754	133	648	1.9	9.4	3.8	18.3	2.7	13.2	22.7	110.2	3.1	15.2	1000	4500	0.4	1.8
		Red Lentils Dal - vegan		430	2154	102	510	3.7	18.5	1.6	8.1	0.2	1.0	18.1	91.0	1.2	5.8	1250	5750	0.5	2.3
		Avocado Mozzarella		815	1904	195	454	7.3	17.1	7.8	18.3	3.5	8.1	22.3	52.1	1.9	4.4	3500	8500	1.4	3.4
		Chicken Avocado		717	1801	171	429	8.2	20.5	5.4	13.6	1.9	4.7	20.9	52.6	1.8	4.5	3750	9250	1.5	3.7
		Grilled Vegan		717	1764	171	420	4.9	12.1	6.2	15.1	1.1	2.7	22.3	54.8	2.6	6.4	4250	10500	1.7	4.2
		Berry Chia Pudding		376	754	89	179	2.4	4.8	3.2	6.4	0.4	0.9	11.5	23.0	9.7	19.5	250	500	0.1	0.2
		Raw Cocoa Chia Pudding		443	819	102	188	2.8	5.1	7.0	13.0	3.2	6.0	11.7	21.6	10.0	18.4	250	500	0.1	0.2
		Mango Coconut Rice Pudding		536	1077	128	257	2.0	4.0	6.4	12.9	5.4	10.8	15.3	30.7	9.4	18.9	250	250	0.1	0.1
Sandwiches	Sandwiches	Classic		177	746	42	178	0.5	2.0	0.4	1.6	0.0	0.1	9.0	37.8	7.8	32.7	0	500	0.0	0.2
		Refresher	0,4l	198	825	47	197	0.5	2.2	0.3	1.4	0.0	0.1	10.2	42.5	8.9	37.0	0	250	0.0	0.1
		Golden Root	0,4l	219	891	52	212	0.5	1.9	0.1	0.2	0.0	0.0	12.0	49.0	10.6	43.1	0	0	0.0	0.0
		ACE	0,4l	186	747	45	178	0.5	2.0	0.3	1.4	0.0	0.1	9.5	38.2	8.2	32.9	0	500	0.0	0.2
		Green Glow	0,4l	142	611	34	146	0.5	2.3	0.1	0.6	0.1	0.3	7.3	31.5	6.7	28.8	500	2500	0.2	1.0
		Botox	0,4l	236	1012	56	241	0.4	1.9	0.1	0.2	0.0	0.1	13.0	55.6	11.9	50.8	0	0	0.0	0.0

The declared values are calculated average values. Changes of products or product formulations are updated periodically. Errors and misprints excepted. Not all products are available in every store.