dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria- Switzerland

The dean&david Allergen-Overview informs about what allergens are contained in our assortment. Furthermore ingredients, which could be undesirable for someone, like garlic and onions are marked additionally

and it's obvious if the product is vegetarian or vegan. Not all products are available in every store.

Product information's, nutritional values and allergens from each store apply.



The following allergenes are marked:

للمليح	Grains containing gluten and products thereof: - wheat (A1) - rye (A2) - barley (A3) - oat (A4) - spelt (A5) - khorasan (A6) - hybridised strains		Edible nuts and products thereof: - Almond (H1) - Hazelnut (H2) - Walnut (H3) - Cashew (H4) - Pecan nut (H5) - Brazil nut (H6) - Pistachio (H7) - Macadamia nut (H8)
	Crustaceans and products thereof	5	Celery and products thereof
	Eggs and products thereof	s	Mustard and products thereof
	Fish and products thereof	**	Sesame and products thereof
H H	Peanuts and products thereof	***	Lupines and products thereof
1 000	Soy and products thereof	R	Molluscs and products thereof
	Milk and products thereof (lactose included)	SO ₂	Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l



Note to possible traces:

The preceding information about allergenes refer to the used ingredients in the recipes. But because of handling with every allergene in our stores, we can not guarantee, that cross-contaminations and traces of allergens may be found in any menu item, despite of thorough cleaning between every working step.

As well we do not consider any notes from our presuppliers regarding possible traces.



vegetarian:

no meat, no fish, but eggs and dairy goods



vegan:

no animal products, no animal fat or honey

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	Aller	gens	5			, and a		or june 2	020						May	be ur	ndesiı	rable		Vegg	
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I	Glut	en Code	Crus-			Soy	Milk	Edible		Celery	Mustard	Lupines	Molluscs		Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan

Salads * without dressing + without bread

Side Salad			no allergens included			
Grilled Beef	A1				Λ Λ Λ	
Caesar Chicken	A1					
Chicken Vitality						
Tuscany Chicken	A1					
Good Greens			НЗ			
Falafel Tahini						
New Vitality						
Avocado Halloumi	A1		$\overline{\Lambda}$			
Paris			НЗ			
Salmon Spring		$\mathbf{\Lambda}$				
Special Pumpkin Goats Cheese			А Н3			

Dressings

Pink Balsamico		no allergens	s included		
Caesar					
Rocket			$\overline{\Lambda}$		
Honey Mustard				\wedge	
Tahini Lemon	A1				
Special Honey Walnut		Â	А нз		

Bread

Freshly Baked Bread	Λ	A1, A2, A3				

Mix Your Own

Base - Salad mix	no allergens included		
Bowl Base - Quinoa Rice Mix	no allergens included		
Bowl Base - Quinoa Rice	no allergens included		
Basic - Pear	no allergens included		
Basic - Crunchy Onions		\land	
Basic - Croutons			
Basic - Edamame			
Basic - Peanuts			
Basic - Egg (free range)			
Basic - Spring Onions	no allergens included		

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dean & david

•	dean&david Allergen-OVERVIEW valid for Germany - Luxembourg - Austria - Switzerland valid until 30 st of june 2023										ean & david									
	Allerge	nc	Maybe undesi											rahle		Veggie				
	Allerge	:115							·			-			May	be ui	luesi	able		veggie
	میکی اور میکی اور				H H	200	-	Ldible nuts	Ś	s		,	JU	SO ₂	¢,				-	
	Indication Co			Fish	Peanuts			Indication Code	Celery		Sesame			Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian vegan
Mix Your Own		taceans																		
						no	allerg	ens included									_		-	
Basic - Pomegranate Seeds	_																			
Basic - Cucumber	_						-	ens included												
Basic - Carrots	_						-	ens included												
Basic - Cherry Tomatoes	_						-	ens included												
Basic - Pumpkin	_						-	ens included												
Basic - Pumpkin and Sunflower Seed Mix	C						-	ens included												
Basic - Mango						no	allerg	ens included									~			
Basic - Miso Mayo	A1																			
Basic - Olive Tapenade							-	en <mark>s includ</mark> ed												
Basic - Pepper							-	en <mark>s includ</mark> ed												
Basic - Cranberries								en <mark>s includ</mark> ed												
Basic - Red Cabbage marinated								en <mark>s includ</mark> ed												
Basic - Beetroot						no	allerg	en <mark>s includ</mark> ed												
Basic - Walnuts								НЗ												
Basic - Grapes						no	allerg	ens included												
Extra - Avocado						no	allerg	ens included												
Extra - Green Falafel						nc	allerg	ens included												
Extra - Gran Soresina (ital. hard cheese)																				
Extra - Grilled Vegetables						no	allerg	ens included												
Extra - Hummus																				
Extra - Halloumi																				
Extra - Chicken Breast Stripes						no	allerg	ens included												
Extra - Salmon (Norwegian)																				
Extra - planted.chicken																				
Extra - Roast Potatoes						no	allerg	ens included												
Extra - Beef Stripes	-						-	ens included										\wedge		
Extra - Sheep's Cheese																<u> </u>				
Extra - Sweet Potato Chunks						no		ens included												
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Extra - Goat's Cheese

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	Allergen	S											May	be un	aesir	able		Veggie
	تطييل	Copp		A HH		-		- 	∫ S		ي الح	SO ₂	6					
	Gluten Indication Code	Crus- taceans				Milk	Edible nuts Indication Code	Celery	Mustard			Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian vegan
Bowls			·															
Veggie Buddha with sauce	A1				Â		НЗ							Λ				
Veggie Buddha without sauce							НЗ							\wedge				
Crunchy Beef with sauce	A1																	
Crunchy Beef without sauce	A1				A	-												
Crunchy Chicken with sauce	A1				Λ													
Crunchy Chicken without sauce	A1				A	_												
Avocado Chicken with sauce					no a	allergen	<mark>is includ</mark> ed											
Avocado Chicken without sauce					no a	allergen	<mark>is includ</mark> ed											
Salmon Avocado with sauce	A1																	
Salmon Avocado without sauce	A1			-														
Vegan Falafel Bowl with sauce																		
Vegan Falafel Bowl without sauce																		
Chicken Teriyaki Bowl with sauce	A1									A				Δ				
Chicken Teriyaki Bowl without sauce																		
California Poke Bowl with sauce	A1														1			
California Poke Bowl without sauce	A1		Â		Λ									$\overline{\mathbf{\Lambda}}$	Â			
Japanese Beef Bowl with sauce	A1				Â										1			
Japanese Beef Bowl without sauce	A1												$\overline{\Lambda}$		Â	Λ		
Base Quinoa Rice Mix					no a	allergen	s included								-			
Base Jasmin Rice						-	ns included											
Bowl Sauces																		
Soy Sesame Sauce	A1																	
Mexican Salsa						allergen	s included							Λ				

-				
Mexican Salsa		no aller	rgens included	
Lemon Herbs Sauce				
Teriyaki Sauce	AI			
Spicy Ginger Sauce	AI			
Kids Menü	_	_		
Mini Falafel Plate	A1, A2, A3			
Mini Chicken Bowl				

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Allergens	
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														Veggie								
Allergens								1									Maybe undesirable					
	يو	k.	Copp	0		TH TH				Ś	s S			J.	S0 ₂							V
	Glu Indication	ten Code	Crus- taceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts Indication Code	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan

Sandwiches

Avocado Mozzarella	A1, A2, A3				
Chicken Avocado	A1, A2, A3				
Vegan Sweet Potato	A1, A2, A3				
Grilled Veggie	A1, A2, A3		A		
Wraps	_	—	_	—	

Caesar	A1, A2	Λ		Λ Λ	
Paris	A1, A2		А А НЗ		
Vegan Falafel	A1, A2				
Teriyaki Salmon	A1, A2				

Grilled Flatbread

Pesto Chicken	A1, A2	Λ Λ	
Grilled Veggies Mozzarella	A1, A2		
Olives Sheep's Cheese			
Creamy Coriander Avocado	A1, A2		

vegan and vegetarian Curries

regain and regetarian	Currico						
Vegan Red Thai Curry							<u>/</u>
Vegan Red Thai Curry planted.chicken				Â			/!
Vegan Green Thai Curry							<u>/</u>
Vegan Green Thai Curry planted.chicken				A			1
Veggy Kormacurry with Chickpeas							<u>^</u>
Veggy Kormacurry planted.chicken							<u>/</u>
Vegan Sweet Potato Spinach Curry					Information on our		/
Vegan Red Lentils Dal		Â		Â	curries: our curries are served		<u>/</u>
Vegan Mango Coconut Curry (Express)					with sesame seeds. The		<u>/</u>
Chicken and Meat Curi	ries				exclusion of sesame is offered upon request,	_	
Chicken Korma Curry					however please make sure to inform us		/!
Red Thai Chicken Curry					beforehand.		/
Green Thai Chicken Curry							1
Red Thai Beef Curry		Δ					1
Green Thai Beef Curry							/
-							_

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Curry Bowls

Mango Chicken Curry-Bowl			
Tikka Beef Curry-Bowl			
Happy Halloumi Curry-Bowl			
Good Karma Curry-Bowl			

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	Aller	aone					valid	until 30 ^s	^t of june 2023							May	he ur	ndesi	rable		lean & david Veggie
	Allel	gens			Y												be ui	lacsi	able		Veggie
			COP-			TH TH	222	•	\bigcirc		s				SO ₂						
	Glut		р Т а			1.					<u>↑</u>		70	196							
	Indication	Code	Crus- taceans			Peanuts			Indication Code	Celery						Garlic	Onion	Alcohol	Beef	Pork	vegetarian vegan
Soups *without bread!						_										_	_				
Carrot Coco		A1																			
Carrot mango	_	A1																			
Tomato Soup																					
					_		_							_							
Toast & Eggs															-						
Vegan Avocado Toast	-	A1, A2, A3																			
Avocado Toast with Egg		A1, A2, A3																			
Hummus Toast with Sheep's Cheese		A1, A2, A3																			
Hummus Toast with Sheep's Cheese and Egg		A1, A2, A3										Δ				$\overline{\Lambda}$					
Salmon Avocado Toast		A1, A2, A3																			
Salmon Avodaco Toast with Egg	Â	A1, A2, A3																			
Quinoa Breakfast Bow	/ *withou	ut bread																			
Salsa & Egg Bowl																					
Sweets				_										-		_	_				_
Bircher Muesli		A4							H1, H2												
Mango Coconut Ricepudding																					
	<u> </u>																				
Homemade Smoothie																					
Açaí Bowl		A3, A4, A5							H1, H4												
Tropical Mango Bowl		A3, A5							Н1, Н4												
Chocolat Banana Bowl		A4																			
Warm Porridge																					
Mango Grape		A4																			
Granola Apple		A3, A4, A5							Н1, Н4												
																			-		

А НЗ

Apple Cinnamon

A4

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Mavbe undesirable

Allergens	,											riayi		iac3ii	abic		
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Gluten											1						
Indication Code	Crus- taceans				Indication	Code	Celery				Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetari

Coffee...

Espresso / Doppio / Coffee	no allergens included	
Espresso Macchiato		
Espresso Macchiato with oat drink	no allergens included	
Cappuccino		
Cappuccino with oat drink	no allergens included	
Flat White		
Flat White with oat drink	no allergens included	
Latte Macchiato		
Latte Macchiato with oat drink	no allergens included	
Café Latte		
Café Latte with oat drink	no allergens included	
Chai Latte		
Chai Latte with oat drink	no allergens included	
Fresh mint tea	no allergens included	
Fresh turmeric tea	no allergens included	
Fresh ginger mint tea	no allergens included	

Muffins + Cakes

Blueberry Crumble Muffin		
Double Chocolate Muffin		
Carrot Cake	A1 A	
Bananabread	A1, A4	
Raspberry Almond Brownie	А А А Н1, Н2	

	Gluten Gluten Code		Egg Fish	Peanuts	Soy		of june 2023						May	be un	desirab	le	dean & david Veggie
Juices	Gluten		Egg Fish	Peanuts	Soy												
Juices		Crus- taceans	Egg Fish	Peanuts				S	S	÷	ي جي	5 0 2	Ó,				
						Milk	Edible nuts	Celery				Sulfites	Garlic	Onion	Alcohol Be	f Pork	vegetarian vegan
ACE					_	_											
					no	allerger	ns included										
Botox					no	allerger	included										
Green Glow					no	allerger	included										
Rehab					no	allerger	included										
Lemonade																	
Ginger Lemongras					no	allerge	ns included										
Smoothies																	
Açaí Sunrise													— —	nfo about	our smoothi		
Green Machine														process pea	anuts in our ble		
Mango Passion				$\widehat{\Lambda}$											tunately, cross ination cannot		
Peanut Protein														comp	letely ruled ou		
Wine and Secco																	
Soave DOC Classico												Λ					
Farnese Primitivo												$\overline{\Lambda}$					
Susumaniello												Δ					
Lugana Ca dei Frati												Δ					
Silver Veneto Frizzante									_								