

dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria- Switzerland

The dean&david Allergen-Overview informs about what allergens are contained in our assortment. Furthermore ingredients, which could be undesirable for someone, like garlic and onions are marked additionally and it's obvious if the product is vegetarian or vegan.
Not all products are available in every store.
Product information's, nutritional values and allergens from each store apply.



The following allergenes are marked:

 Grains containing gluten and products thereof: - wheat (A1) - rye (A2) - barley (A3) - oat (A4) - spelt (A5) - khorasan (A6) - hybridised strains	 Edible nuts and products thereof: - Almond (H1) - Hazelnut (H2) - Walnut (H3) - Cashew (H4) - Pecan nut (H5) - Brazil nut (H6) - Pistachio (H7) - Macadamia nut (H8)
 Crustaceans and products thereof	 Celery and products thereof
 Eggs and products thereof	 Mustard and products thereof
 Fish and products thereof	 Sesame and products thereof
 Peanuts and products thereof	 Lupines and products thereof
 Soy and products thereof	 Molluscs and products thereof
 Milk and products thereof (lactose included)	 Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l



Note to possible traces:

The preceding information about allergenes refer to the used ingredients in the recipes. But because of handling with every allergene in our stores, we can not guarantee, that cross-contaminations and traces of allergens may be found in any menu item, despite of thorough cleaning between every working step.

As well we do not consider any notes from our presuppliers regarding possible traces.

 vegetarian: no meat, no fish, but eggs and dairy goods	 vegan: no animal products, no animal fat or honey
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valid from 1st of april until 31st of may 2023



Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan

The figure consists of two main parts. On the left is a 10x4 grid of squares. The squares are colored in a checkerboard pattern of yellow and light green. In the third row from the top, the second square from the left is replaced by a red warning triangle with a black exclamation mark. Similarly, in the ninth row, the second square from the left is replaced by another identical red warning triangle. To the right of this grid is a 10x2 grid of squares. These squares are colored green or light green. In the first eight rows, the first square is green with a white checkmark, and the second square is light green. In the ninth row, both the first and second squares are green with white checkmarks. In the tenth row, the first square is green with a white checkmark, and the second square is light green.

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[illegible]

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dean & david

Veggie

Allergens

Gluten		Crustaceans		Egg		Fish		Peanuts		Soy		Milk		Edible nuts		Celery		Mustard		Sesame		Lupines		Molluscs		Sulfites	
Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code

Maybe undesirable

Garlic		Onion		Alcohol		Beef		Pork		vegetarian		vegan	
Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code

Bowls

Veggie Buddha with sauce	!	A1								!	!	!	H3			!	!									
Veggie Buddha without sauce										!		!	H3													
Crunchy Beef with sauce	!	A1								!	!					!	!									
Crunchy Beef without sauce	!	A1								!																
Crunchy Chicken with sauce	!	A1								!	!					!	!									
Crunchy Chicken without sauce	!	A1								!																
Avocado Chicken with sauce										no allergens included																
Avocado Chicken without sauce										no allergens included																
Salmon Avocado with sauce	!	A1				!				!	!					!	!									
Salmon Avocado without sauce	!	A1				!				!	!															
Vegan Falafel Bowl with sauce										!							!									
Vegan Falafel Bowl without sauce										!							!									
Peanut Beef Bowl with sauce								!									!									
Peanut Beef Bowl without sauce								!									!									
Chicken Teriyaki Bowl with sauce	!	A1								!							!									
Chicken Teriyaki Bowl without sauce										!							!									
California Poke Bowl with sauce	!	A1				!				!							!	!								
California Poke Bowl without sauce	!	A1				!				!							!	!								
Japanese Beef Bowl with sauce	!	A1				!		!		!							!	!								
Japanese Beef Bowl without sauce	!	A1				!		!		!							!	!								
Base Quinoa Rice Mix										no allergens included																
Base Jasmin Rice										no allergens included																

	!																									
	!	!																								
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	!	!								!							!									
	!	!								!							!									
										no allergens included																
										no allergens included																

Cold Bowl

Black Rice Crunchy Chicken Bowl	!	A1								!	!					!	!									
Black Rice Salmon Avocado Bowl	!	A1				!				!	!					!	!									
Black Rice Avocado Chicken Bowl										no allergens included																
Urkorn Vegan Falafel Bowl	!	A1, A5								!							!									
Urkorn Veggie Buddha Bowl	!	A1, A5								!	!	!	H3			!	!									

	!																									
	!	!															!									
!	!									!	!															
	!	!																								
	!	!								!							!									

Bowl Sauces

Soy Sesame Sauce	!	A1								!	!					!	!									
Mexican Salsa										no allergens included																
Lemon Herbs (Mint) Sauce										!								!								
Teriyaki Sauce	!	A1								!																
Spicy Ginger Sauce	!	A1								!																
Peanut Lime Sauce								!																		

!	!																									
!	!																!									

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Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan

The diagram illustrates the evolution of a 1D lattice over four time steps. The lattice is represented by a grid of cells. Red exclamation marks indicate errors, and green checkmarks indicate correct states.

- Time Step 1:** The second cell from the left contains a red exclamation mark, indicating an error.
- Time Step 2:** The second and third cells from the left contain red exclamation marks, indicating errors.
- Time Step 3:** The second and third cells from the left contain red exclamation marks, indicating errors. The fourth cell from the left contains a grey exclamation mark, indicating a warning or a less severe error.
- Time Step 4:** The second and third cells from the left contain red exclamation marks, indicating errors. The fourth cell from the left contains a green checkmark, indicating a correct state.

On the right side of the diagram, there are four rows of cells, each corresponding to a time step. The first row has a green checkmark in the second cell. The second row has a green checkmark in the second cell and a green checkmark in the fourth cell. The third row has a green checkmark in the second cell and a green checkmark in the fourth cell. The fourth row has a green checkmark in the second cell and a green checkmark in the fourth cell.

The figure shows a 10x4 grid of colored squares. The grid is divided into two 5x4 sections. The left section has red warning triangles in the first two columns of rows 1, 2, 3, 4, 8, 9, and 10. The right section has green checkmarks in the first two columns of rows 1, 2, 3, 4, 8, 9, and 10. The colors of the squares are yellow, light green, and dark green.

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Veggie

Allergens

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Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code

Maybe undesirable

Garlic		Onion		Alcohol		Beef		Pork		vegetarian		vegan	
Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code

Chicken and Meat Curries

Chicken Korma Curry																												
Red Thai Chicken Curry																												
Green Thai Chicken Curry																												
Red Thai Beef Curry																												
Green Thai Beef Curry																												

exclusion of sesame is offered upon request, however please make sure to inform us beforehand.

Curry Bowls

Mango Chicken Curry-Bowl																												
Tikka Beef Curry-Bowl																												
Happy Halloumi Curry-Bowl																												
Good Karma Curry-Bowl																												

Soups *without bread!

Carrot Coco																												
Carrot mango																												
Tomato Soup																												

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Maybe undesirable

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Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code	Indication	Code

Toast & Eggs

Vegan Avocado Toast	!	A1, A2, A3																									
Avocado Toast with Egg	!	A1, A2, A3		!																							
Hummus Toast with Sheep's Cheese	!	A1, A2, A3										!															
Hummus Toast with Sheep's Cheese and Egg	!	A1, A2, A3		!								!															
Salmon Avocado Toast	!	A1, A2, A3				!																					
Salmon Avocado Toast with Egg	!	A1, A2, A3		!		!																					

!																											
!																											

Quinoa Breakfast Bowl *without bread

Salsa & Egg Bowl				!																							
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Sweets

Bircher Muesli	!	A4												!	!	H1, H2											
Mango Coconut Ricepudding														!													

Homemade Smoothie Bowls

Açaí Bowl	!	A3, A4, A5														H1, H4											
Tropical Mango Bowl	!	A3, A5														H1, H4											
Chocolat Banana Bowl	!	A4																									

Warm Porridge

Mango Grape	!	A4																									
Granola Apple	!	A3, A4, A5														H1, H4											
Apple Cinnamon	!	A4														H3											

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Indication	Code	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Indication	Code	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	

Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan

Espresso / Doppio / Coffee							no allergens included						
Espresso Macchiato							⚠️						
Espresso Macchiato with oat drink							no allergens included						
Cappuccino							⚠️						
Cappuccino with oat drink							no allergens included						
Flat White							⚠️						
Flat White with oat drink							no allergens included						
Latte Macchiato							⚠️						
Latte Macchiato with oat drink							no allergens included						
Café Latte							⚠️						
Café Latte with oat drink							no allergens included						
Chai Latte							⚠️						
Chai Latte with oat drink							no allergens included						
Fresh mint tea							no allergens included						
Fresh turmeric tea							no allergens included						
Fresh ginger mint tea							no allergens included						

[illegible]

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Indication	Code						Indication	Code					

Maybe undesirable

						
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Juices

ACE							no allergens included						
Botox							no allergens included						
Green Glow							no allergens included						
Rehab							no allergens included						

Lemonade

Ginger Lemongras							no allergens included						
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Smoothies

Açaí Sunrise													
Green Machine													
Mango Passion													
Peanut Protein													

Info about our smoothies: We process peanuts in our blenders. Unfortunately, cross-contamination cannot be completely ruled out.

Wine and Secco

Soave DOC Classico													
Farnese Primitivo													
Susumaniello													
Lugana Ca dei Frati													
Silver Veneto Frizzante													
