

	Aller	gens															Mayb	e und	lesira	ble		Veg	gie
	او			0		排#	600					S	44	#	R	<b>SO</b> <sub>2</sub>	5						V
	9		Crustaceans		Fish	Peanut	Sov	Milk	Edible		Cerlery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan
Salads *without dressing + with	Indication	Code		-99	1 - 1		,		Indication	Code											5		
Side Salad	out bread						N	allorgo	ns include	od													<b>/</b>
Grilled Beef	A	AI					_		ins include	eu		$\Lambda$					$\Lambda$	Δ	1	Δ			NA .
Caesar Chicken	A	AI		<u> </u>			A	$\frac{\Lambda}{\Lambda}$				<u> </u>					<u> </u>	71	/1	71			
Chicken Vitality	<u> </u>	Al		$\Lambda$				<del>                                      </del>															
	A	AI		41														$\wedge$					
Tuscany Chicken	<u> </u>	Al						<u> </u>	A	112								<u>/!\</u>				-/	-/-
Good Greens									Λ	Н3			A				Α	Α					<b>✓</b>
Falafel Tahini				$\Lambda$									<u> </u>				1	Λ					<b>M</b>
Vitality	Α.	AI		<u>/!\</u>																		- V	
Avocado Halloumi	A	AI						<del>                                     </del>	A														
Paris					A .			<del>                                     </del>	<u> </u>	Н3													
Salmon Spring					A			4	Α.														
Special Pumpkin Goat Cheese			Α.					$\Lambda$	A	H3												<b>✓</b>	
Special Avodaco Prawn			A	Λ			NI.	- allauma	ns include	- 4								Α.				<b>/</b>	100
Special Indian Summer Dressings							N	allerge	ns include	ea													<b>✓</b>
Pink Balsamico							N	allerge	ns include	ed													
Caesar				Λ			A	Δ				Λ					$\Lambda$		Λ				<b>✓</b>
Roket				7:		1	4	4.				<del>-                                    </del>					<u> </u>		4.			<b>V</b>	
Honey Mustard						71	A					$\Lambda$						<u></u>					<b>V</b>
Tahini Lemon	A	AI					A						A					<u> </u>				<b>✓</b>	
Special Honey Walnut		Ai				1	<u> </u>		A	H3		Λ											<b>V</b>
Special Hummus Maple Syrup						/1			<u> </u>	113		71	A					$\wedge$				<b>✓</b>	
Bread													<u> </u>										
Freshly Baked Bread	A	A1, A2, A3											A									<b>✓</b>	V
Mix Your Own		72/72/70																					
Basis - Salad Mix							No	allerge	ns include	ed												<b>✓</b>	<b>V</b>
Bowl Basis - Quinoa Rice Mix	_								ns include													<b>✓</b>	<b>V</b>
Bowl Basis - Jasmine rice									ns include														V V
Basic - Pear									ns include													<b>-</b>	V
Basic - Crunchy Onions	A	AI					140	ancige	merade									$\Lambda$				<u> </u>	<b>V V V V</b>
Basic - Croûtons	A	AI																71				<u> </u>	V
Basic - Croutons  Basic - Edamame	71						A															V	7
Basic - Edamanie  Basic - Peanuts						Δ	7.1															V	
				Λ																			<b>V</b>
Basic - Egg (free range)				<u>/!\</u>																			



	Allergens												Mayb	e unc	desira	ble		Veg	gie
	للطلط		THE STATE OF THE S					<u> </u>	33	#	ي ال	SO <sub>2</sub>	٤		7				V
	Gluten Indication Code						Cerlery					Sulfites	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan
Basic - Spring Onions					No allerg	ens included								Λ				V	
Mix Your Own																			V
Basic - Pomegranate Seeds					No allerg	ens included												<b>✓</b>	V
Basic - Cucumber						ens included												<b>V</b>	V
Basic - Carrots						ens included												<b>-</b>	V
Basic - Cherry Tomatoes						ens included													V
Basic - Pumpkin						ens included													V
Basic - Pumpkin and Sunflower Seed Mix						ens included												- V	V
Basic - Mango						ens included												V	V
Basic - Miso Mayo	AI AI			A	To all or g			Δ							1			<b>-</b>	V
Basic - Olive Tapenade	7.				No allerg	ens included		713							7.1			V	V
Basic - Bell Pepper						ens included												<b>-</b>	V
Basic - Lingonberries						ens included													V
Basic - Red Cabbage marinated						ens included												<b>-</b>	V
Basic - Beetroot						ens included												<b>V</b>	V
Basic - Walnuts						1 нз												<b>V</b>	V
Basic - Grapes					No allero	ens included												<b>-</b>	V
Extra - Avocado						ens included												<b>-</b>	<b>V</b>
Extra - Green Falafel						ens included								Λ				<b>V</b>	
Extra - Gran Soresina (ital. hard cheese)																			<b>V</b>
Extra - Grilled Vegetables						ens included								Λ				<b>✓</b>	V
Extra - Hummus									A				Λ					<b>V</b>	
Extra - Halloumi					$\Lambda$													<b>✓</b>	
Extra - Grilled Chicken Breast Stripes						ens included													
Extra - Salmon (Norwegian)			A																V
Extra - planted.chicken									A									<b>✓</b>	<b>V</b>
Extra - Roast Potatoes				ı	No allerg	ens included												<b>✓</b>	
Extra - Beef Stripes						ens included							$\Lambda$	$\wedge$		Λ			
Extra - Sheep's Cheese																		<b>✓</b>	V
Extra - Sweet Potato Chunks						ens included							$\wedge$			$\Lambda$		<b>✓</b>	



	Aller	rgens															Mayb	e unc	lesira	ble		Veg	gie
		كالم				排掷	<b>6</b> 00					<u>↓</u>		#	<u>J</u>	S0 <sub>2</sub>	1						
		Gluten	1 1		)									76	96								
	Indication			Egg	Fish	Peanut		Milk					Sesame				Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan
Extra - Goat's Cheese								Δ														<u> </u>	
Bowls											_												
Veggie Buddha with sauce	A	A1					A		A	НЗ		$\triangle$	À					$\Lambda$				<b>■</b> ✓	V
Veggie Buddha without sauce							A		$\Lambda$	нз								$\overline{\Lambda}$				<b>V</b>	
Crunchy Beef with sauce	$\Lambda$	A1					A	$\Lambda$	4.			$\Lambda$	A				Λ	$\Lambda$		$\wedge$			
Crunchy Beef without sauce	A	A1					A					<u> </u>	4				The state of the s	*		$\Lambda$			
Crunchy Chicken with sauce	A	A1					A	$\Lambda$				Λ	A					$\overline{\Delta}$					
Crunchy Chicken without sauce	A	A1					Ā	4.5					4.										
Avocado Chicken with sauce	- 1							o allerge	ns includ	ed							<u> </u>	$\overrightarrow{\Lambda}$					
Avocado Chicken without sauce								o allerge									<u> </u>	4					
Salmon Avocado with aauce	A	A1			A		Λ	A	IIS IIICIGG	Cu		$\Lambda$	A					$\Lambda$					
Salmon Avocado with addce	A	A1			A		A	71					À					$\lambda$					
Vegan Falafel Bowl with sauce	4	AI					A						A				$\Lambda$	$\Lambda$					1
																	$\stackrel{\wedge}{\Lambda}$	$\Delta$				~	<b>✓</b>
Vegan Falafel Bowl without sauce	A	A1					A						A				<u> </u>	$\frac{1}{\lambda}$					Ma .
Chicken Teriyaki Bowl with sauce	<u> </u>	AI					A											$\frac{1}{\lambda}$					
Chicken Teriyaki Bowl without sauce	A	A1			^		^						A					$\Lambda$	Α.				
California Poke Bowl with sauce	A	A1			A		A					$\bigwedge_{\Lambda}$	A					$\frac{\Lambda}{\Lambda}$	A				
California Poke Bowl without sauce	A	A1			A	Α	A					-	A				Α.			Α.			
Japanese Beef Bowl with sauce	A					$\Lambda$	A					$\overline{\Lambda}$						<u> </u>	A	A			
Japanese Beef Bowl without sauce	A	A1					A	- 11				$\Lambda$					Λ	Λ	1	1			17/
Basis Quinoa Rice Mix							N	o allerge	ns includ	ea													¥
Basis Jasmin Rice																							<u>M</u>
Cold Bowls																							
Black Rice Crunchy Chicken Bowl	A	A1					A	$\Lambda$				$\Lambda$	A					$\Lambda$					
Black Rice Salmon Avocado Bowl					A		A	A				$\overline{\Lambda}$	1					A					
Black Rice Avocdao Chicken Bowl							N	o allerge	ns includ	led							$\Delta$	$\Lambda$					
Urkorn Vegan Falafel Bowl	A	A1, A5					A						A				$\wedge$	1				<b>✓</b>	<b>√</b>
Urkorn Buddha Bowl	A	A1, A5					A	$\wedge$	A	H3		Λ	A					$\overline{\Lambda}$				<b>✓</b>	
Vegan Falafel Bulgur Bowl	A	A1					A						A				Δ					<b>✓</b>	$\overline{}$
Veggie Buddha Bulgur Bowl	A	A1					A	Λ	$\Lambda$	H3		Δ	$\Lambda$									<b>✓</b>	
Bowl Saucen			_								-												
Soy Sesame Sauce	A	A1					A					Λ	A										<b>V</b>
Mexican Salsa	7.							o allerge	ns includ	ed			7.				$\Lambda$	$\Lambda$				<b>V</b>	<b>V</b>
Lemon Herbs Sauce						/i\	A		15.50				A				1	$\overline{\Lambda}$				<b>-</b>	<b>V</b>
Teriyaki Sauce	A	A1				Assistable	A															<b>-</b>	<b>V</b>
Spicy Ginger Sauce	A	A1					A												<b>A</b>			<b>-</b>	<b>Y Y Y Y Y</b>
Peanut Lime Sauce						$\Lambda$													715				
Kids Menü																							
Mini Falafel Plate	<b>A</b>	A1, A2, A3	2														$\Lambda$	Λ					
Milli raialei Piate	A	A1, A2, A3										_	A				<u> </u>	4				V	



	Allei	rgens														Mayb	e und	lesira	ble	Vegg	gie
			0		排掷	550					<u>↓</u>		#	Ju	S0 <sub>2</sub>	1					
	, ,				34					$\smile$	5	-	96	90	302	-					
	T	Gluten n Code				Soy	Milk			Cerlery		Sesame			Sulfites	Garlic	Onion	Alcohol	Beef Pig	Vegetarian	Vegan
Mini Chicken Bowl	Indication	n Code			$\wedge$	A		Indication	Code		$\wedge$	<del> </del>					$\Lambda$				
Sandwiches					7:	1					<u>/:</u>						7.1				
Avocado Mozzarella	$\Lambda$	A1, A2, A3				A	Λ					A					Λ				
Chicken Avocado	A	A1, A2, A3				A	$\Delta$					A					$\overline{\Lambda}$				
Vegan Sweet Potato	A	A1, A2, A3				A					Δ	A						1			
Grilled Veggie		A1, A2, A3				4	$\Lambda$				<u> </u>	A					$\overrightarrow{\Lambda}$	713			
Wraps		11-, 11-, 11-					71					1					71				
Caesar	<b>A</b>	A1, A2	Δ			<b>A</b>	<b>A</b>									$\triangle$		$\triangle$			
Paris	A	A1, A2				A	$\Lambda$	À	Н3		$\Lambda$					<u> </u>	Α	<u> </u>		<b>V</b>	
Vegan Falafel	A	A1, A2				4		<u> </u>	пэ		<u> </u>	A				$\Lambda$	$\Lambda$			V	<b>V</b>
Teriyaki Salmon	A	A1, A2		A		A	/\					A				<u> </u>	41				
Grilled Flatbread	1	A1, A2		<u> </u>		4	<u> </u>														
Pesto Chicken	A	A1, A2					<u>^</u>									$\Lambda$	$\wedge$				
Grilled vegetables Mozzarella	A	A1, A2				A	$\Lambda$										$\Lambda$			<b>✓</b>	
Olive Sheep Cheese	A	A1, A2					$\Lambda$													<b>V</b>	
Creamy Coriander Avocado	1	A1, A2					$\Lambda$									$\Lambda$	$\wedge$			<b>V</b>	<b>V</b>
Vegetarian and vegar		ies						_						-							
Vegan Red Thai Curry						A				A						$\Lambda$	$\wedge$				<b>V</b>
Vegan Red Thai Curry planted.chicken						A				A		A					$\overline{\Lambda}$			V	<b>V</b>
Vegan Green Thai Curry						A				A		A				$\overline{\Lambda}$	$\overline{\Lambda}$				V
Vegan Green Thai Curry planted.chicken						A				A		<u> </u>				À	$\Lambda$			<b>V</b>	
Veggie Korma Curry with Chick peas						A	$\wedge$				$\wedge$	A								<b>V</b>	
Veggie Korma Curry planted.chicken						A	$\Lambda$				$\Lambda$	A					$\Lambda$			<b>V</b>	<b>V</b>
Vegan Sweet potato spinach Curry											$\overline{\Lambda}$	1	Info	rmation o	n our	$\Lambda$	$\Lambda$			<b>V</b>	V V
Vegan Red Lentil Dal						A						A		curries:		1	$\Lambda$			<b>✓</b>	<b>V</b>
Vegan Mango Coconut Curry (Express)											$\triangle$	<b>A A</b>		ies are ser ame seeds.		$\Lambda$	Λ			<b>V</b>	
Chicken and Meat Cui	rries												exclus	sion of sesa	me is						
Chicken Korma Curry						A	$\Lambda$				Λ	1		ed upon red r please ma			Λ				
Red Thai Chicken Curry						A				A		A A		rm us befor		Λ	$\Lambda$				
Green Thai Chicken Curry						A				A		A				$\overline{\Lambda}$	$\Lambda$				
Red Thai Beef Curry						1				A		A				$\Lambda$	$\Lambda$		$\wedge$		
Green Thai Beef Curry						A				A		A				$\overline{\Lambda}$	$\overline{\Lambda}$		$\Lambda$		
Curry Bowls																					
Mango Chicken Curry-Bowl					Λ											Λ	$\Lambda$				
Tikka Beef Curry-Bowl					$\frac{\Lambda}{\Lambda}$	A						A				A	$\Lambda$		$\triangle$		
Happy Halloumi Curry-Bowl						A	Λ	A	НЗ			A				A	$\Lambda$			<b>V</b>	<b>V</b>



	Allei	rgens															Mayb	oe und	desira	ble		Veggie
	و	Gluten		•		排掷	600	=	e e e	le Nuts	<b>4</b>	<u> </u>	**		ي ا	SO <sub>2</sub>	٥					
			Crustaceans		Fish			Milk				Mustard		Lupines			Garlic	Onion	Alcohol	Beef	Pig	Vegetarian Vegan
Good Karma Curry-Bowl						Λ											$\Lambda$	$\Lambda$				<b>✓</b>
Soups *without bread													_									
Carrot Coconut Ginger	A	A1					A				A											<b>✓</b>
Carrot Mango	<b>A</b>	A1															Λ					<b>✓</b>
Tomato Basil																						
Breakfast Toast & Eggs	3																					
Vegan Avocado Toast	A	A1, A2, A3											A									
Avocado Toast with Sunny side up	A	A1, A2, A3		Λ									$\Lambda$									
Hummus Toast with sheep cheese	A	A1, A2, A3						$\Lambda$					A				$\Lambda$					
Hummus Toast mit Sheep cheese and egg	A	A1, A2, A3		$\Delta$				$\triangle$					$\Lambda$				$\Lambda$					
Salmon Avocado Toast	<u> </u>	A1, A2, A3			A								A									
Salmon Avodaco Toast with Sunny side up		A1, A2, A3		Λ	A								A									
Quinoa Breakfast Bowl	*witho	ut bread																				
Salsa & Egg Bowl				$\triangle$													Λ	Δ				
Sweets																						
Bircher Muesli	A	A4						$\triangle$	A	H1, H2												
Mango Coconutmilkrice								$\overline{\Lambda}$														<b>✓</b>
Homemade Smoothie I	Bowls	S											_									
Açaí Bowl	1	A3, A4, A5				1			A	H1, H4												
Tropical Mango Bowl	A	A3, A5				1			A	H1, H4												<b>✓</b>
Chocolat Banana Bowl	A	A4				1																
Warm Porridge																						
Mango Grape	A	A4																				<b>✓</b>
Granola Apple	A	A3, A4, A5							A	H1, H4												<b>✓</b>



	Aller	gens													Mayb	e und	lesira	ble		Veg	gie
	او	المال	(COM)	•	排掷	<b>100</b>			<b>4</b>	S	**		Je	S0 <sub>2</sub>	<b>ا</b>						V
	Indication		Crustaceans					Edible Nuts Indication Code				Lupines			Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan
Apple Cinnamon	A	A4						<u>1</u> Н3												<b>V</b>	V
Coffee																					
Espresso / Doppio / Coffee						No	allerge	ns included												$\checkmark$	
Espresso Macchiato							<u></u>													<b>V</b>	V
Espresso Macchiato with oatdrink						No	allerge	ns included												<b>✓</b>	
Cappuccino																				<b>✓</b>	V
Cappuccino with oatdrink						No	allerge	ns included												<b>✓</b>	
Flat White							$\triangle$													<b>✓</b>	V
Flat White with oatdrink						No	allerge	ns included												<b>✓</b>	
Latte Macchiato							$\triangle$													<b>✓</b>	<b>✓</b>
Latte Macchiato with oatdrink						No	allerge	ns included												$\mathbf{V}$	
Caffè Latte							$\Lambda$													<b>✓</b>	<b>V</b>
Caffè Latte with oat drink						No		ns included												<b>✓</b>	
Chai Latte							$\triangle$													<b>✓</b>	<b>✓</b>
Chai Latte with oatdrink						No	allerge	ns included												<b>✓</b>	<u> </u>
Mint tea						No	allerge	ns included													<b>✓</b>
Cumin tea						No	allerge	ns included													V
Ginger-Mint-Tea						No	allerge	ns included												<b>✓</b>	
Muffins and Cake																					
Blueberry Crumble Muffin	A	A1		$\triangle$			$\Lambda$													<b>√</b>	<b>V</b>
Double Chocolate Muffin	1	A1				A														<b>V</b>	
Carrot Cake	A	A1		Δ			Λ	1 Н3, Н7												<b>✓</b>	<b>V</b>
Bananabread	A	A1, A4						H3, H7												<b>✓</b>	



	Alle	rgens												Maybe	und	esiral	ble		Veggi	е
	,	علالا	0		排掷	600			S	**	**	JU	S0 <sub>2</sub>							
	Indicatio		Egg			Soy							Sulfites	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian V	egan
Raspberry Almond Brownie	Indicatio	- Code	Λ			A	$\Lambda$	1 H1, H2											<b>✓</b>	<b>✓</b>
Juices																				
ACE						N	lo allerge	ens included											<b>✓</b>	<b>✓</b>
Botox						N	lo allerge	ens included												<b>✓</b>
Green Glow						N	lo allerge	ens included											<b>V</b>	<b>✓</b>
Rehab						N	lo allerge	ens included											<b>V</b>	<b>✓</b>
Lemonade																				
Ginger Lemongras						N	lo allerge	ens included											<b>V</b>	<b>✓</b>
Smoothies																				
Açaí Sunrise																			<b>V</b>	<b>√</b>
Green Machine					1												ies: We pro		<b>V</b>	<b>V</b>
Mango Passion					The same of the sa									peanuts	in our ble	enders. Un	ifortunately, mpletely rule	cross-	<b>V</b>	<b>✓</b>
Peanut Protein					$\Lambda$									Containin	nation car	milot be co	inpictory rule	cu out.	<b>√</b>	
Wine and Secco																				
Soave DOC Classico													$\Lambda$			$\Lambda$			<b>✓</b>	
Farnese Primitivo													$\Lambda$						<b>✓</b>	
Silver Veneto Frizzante													A			$\overline{\Lambda}$			<b>V</b>	
Hugo													A						<b>✓</b>	
Aperol Spritz													1			A			<b>V</b>	
Aperol Tonic													7			Δ			<b>✓</b>	
Lillet Wild Berry													Λ			A				
Lillet Vive													$\Lambda$			<u> </u>				
Gin Tonic																Λ			<u> </u>	
Crodino Spritz													$\triangle$						<b>✓</b>	
Additional Specials																				
Hot Chicken Wrap	A	A1, A2												$\triangle$	$\triangle$					
Hot Sweet Potato Wrap	A	A1, A2				A	$\Lambda$		$\Lambda$										<b>V</b>	
Cesar Chicken Wrap, ganz (Smartfood)	<u> </u>	A1, A2	$\Lambda$			A			<u></u>	_				$\Lambda$	^					
Falafel Mezze Wrap, ganz (Smartfood)	A	A1, A2				_			_	A				1	$\wedge$				<b>✓</b>	<b>V</b>
Veggie Goat Wrap, ganz (Smartfood)	A	A1, A2		_		A		1 H3	Λ						<u> </u>				<u> </u>	
Japanese Salmon Wrap, ganz (Smartfood		AI, A2		A		A	$\Delta$			Δ.										
Grilled Chicken Wrap, ganz (Smartfood)		A1, A2				1				<u> </u>										