

dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria- Switzerland

















dean & david

such as garlic and onions are also labelled and it is clear whether the products are vegetarian or vegan and whether they are suitable for pregnant women.

Not all products are available in all stores.

The nutritional values, allergens and product information in the respective store apply.





The following allergenes are marked:

 Grains containing gluten and products thereof: <ul style="list-style-type: none">- wheat (A)- rye (A2)- barley (a3)- oat (a4)- spelt (A5)- khorasan (A6)- hybridised strains	 Edible nuts and products thereof: <ul style="list-style-type: none">- Almond (H1)- Hazelnut (H2)- Walnut (H3)- Cashew (H4)- Pecan nut (H5)- Brazil nut (H6)- Pistachio (H7)- Macadamia nut (H8)
 Crustaceans and products thereof	 Celery and products thereof
 Eggs and products thereof	 Mustard and products thereof
 Fish and products thereof	 Sesame and products thereof
 Peanuts and products thereof	 Lupines and products thereof
 Soy and products thereof	 Molluscs and products thereof
 Milk and products thereof (lactose included)	 Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l



Note to possible traces:

The information on allergens and suitability for pregnant women listed here refers to the ingredients used according to the recipe. However, as meat, fish and all allergens are also processed in our operations, we unfortunately cannot guarantee that, despite thorough cleaning, unavoidable cross-contamination takes place between all work steps and traces of allergens, possibly also fish, are contained. We also do not take into account any information about possible traces contained on the part of our suppliers.

 vegetarian: no meat, no fish, but eggs and dairy goods	 vegan: no animal products, no animal fat or honey
 FREE FROM All dean&david products are FREE from: <ul style="list-style-type: none">- Preservatives- Colourants	 Suitable: - for pregnant women

Allergens

																
Indication	Code	Crustaceans	Egg	Fish	Peanut	Soy	Milk	Indication	Code	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	

Maybe undesirable

				
Garlic	Onion	Alcohol	Beef	Pig

Suitable for

Salads *without dressing + without bread

[illegible]

Dressings

[illegible]

Bread









[illegible]

Mix Your Own

[illegible]

valid for Germany - Luxembourg - Austria - Switzerland
valid until 31st of March 2024

**Suitable for**

							
Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant women

[illegible][illegible]

dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria - Switzerland
valid until 31st of March 2024



dean & david

Allergens

Gluten	Crustaceans	Egg	Fish	Peanut	Soy	Milk	Edible Nuts	Celery	Mustard	Sesame	Lupines	Molluscs	SO ₂
Indication	Code						Indication	Code					

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pig

Suitable for

Vegetarian	Vegan	Pregnant women

Bowls

California Poke Bowl with sauce	✓	A1			✓		✓			✓	✓			
California Poke Bowl without sauce	✓	A1			✓		✓			✓	✓			
Salmon Avocado with sauce	✓	A1			✓		✓			✓	✓			
Salmon Avocado without sauce	✓	A1			✓		✓			✓	✓			
Japanese Beef Bowl with sauce	✓	A1				✓	✓			✓	✓			
Japanese Beef Bowl without sauce	✓	A1				✓	✓			✓	✓			
Crunchy Beef with sauce	✓	A1				✓	✓			✓	✓			
Crunchy Beef without sauce	✓	A1				✓	✓			✓	✓			
Crunchy Chicken with sauce	✓	A1				✓	✓			✓	✓			
Crunchy Chicken without sauce	✓	A1				✓	✓			✓	✓			
Chicken Teriyaki Bowl with sauce	✓	A1				✓	✓			✓	✓			
Chicken Teriyaki Bowl without sauce										✓	✓			
Avocado Chicken with sauce	No allergens included													
Avocado Chicken without sauce	No allergens included													
Vegan Falafel Bowl with sauce						✓	✓			✓	✓			
Vegan Falafel Bowl without sauce						✓	✓			✓	✓			
Veggie Buddha with sauce	✓	A1				✓	✓		✓	✓	✓			
Veggie Buddha without sauce						✓	✓		✓	✓	✓			
Quinoa Rice Mix	No allergens included													
Jasmin Rice	No allergens included													
Veganuary planted. with sauce	✓	A1				✓	✓			✓	✓			
Veganuary planted. without sauce	✓	A1				✓	✓			✓	✓			

Cold Bowls

Black Rice Crunchy Chicken Bowl	✓	A1			✓		✓			✓	✓			
Black Rice Salmon Avocado Bowl	✓	A1		✓		✓	✓			✓	✓			
Black Rice Avocado Chicken Bowl	No allergens included													
Vegan Falafel Bulgur Bowl	✓	A1				✓	✓			✓	✓			
Veggie Buddha Bulgur Bowl	✓	A1				✓	✓		✓	✓	✓			

Bowl Sauces

Spicy Ginger Sauce	✓	A1				✓								
Soy Sesame Sauce	✓	A1				✓			✓	✓				
Teriyaki Sauce	✓	A1				✓				✓	✓			
Mexican Salsa	No allergens included													
Lemon Herbs Sauce					✓	✓					✓			

Kids Menü

Mini Falafel Plate	✓	A1, A2, A3								✓				
Mini Chicken Bowl					✓	✓			✓	✓				

	✓	✓			
	✓	✓			
	✓	✓			
	✓	✓			
✓	✓	✓		✓	
✓	✓	✓		✓	
✓	✓	✓		✓	
	✓	✓			
✓	✓	✓			
	✓	✓			
	✓	✓			
	✓	✓			
✓	✓	✓			
✓	✓	✓			
✓	✓	✓			
	✓	✓			
		✓			

		✓
		✓
		✓
		✓
		✓
		✓
		✓
		✓
✓	✓	✓
✓	✓	✓
✓	✓	✓
✓	✓	✓
✓	✓	✓
✓	✓	✓
✓	✓	✓

	✓				
	✓				
✓	✓				
✓	✓				
	✓				

		✓
		✓
		✓
✓	✓	✓
✓	✓	✓

		✓			
✓	✓				
✓	✓				

✓	✓	✓
✓	✓	✓
✓	✓	✓
✓	✓	✓

✓	✓				
	✓				

✓	✓	✓
		✓

dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria - Switzerland
valid until 31st of March 2024



dean & david

Allergens

Gluten	Crustaceans	Egg	Fish	Peanut	Soy	Milk	Edible Nuts	Celery	Mustard	Sesame	Lupines	Molluscs	SO ₂
Indication	Code						Indication	Code					Sulfites

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pig

Suitable for

Vegetarian	Vegan	Pregnant women

Sandwiches

Avocado Mozzarella	✓	A1, A2, A3				✓	✓			✓				✓	✓	✓	✓
Chicken Avocado	✓	A1, A2, A3				✓	✓			✓				✓	✓	✓	✓
Vegan Sweet Potato	✓	A1, A2, A3				✓			✓					✓	✓	✓	✓
Grilled Veggie	✓	A1, A2, A3					✓			✓				✓	✓	✓	✓

Wraps

Caesar	✓	A1, A2		✓		✓	✓			✓				✓	✓	✓	✓
Paris	✓	A1, A2				✓	✓	✓	H3		✓			✓	✓	✓	✓
Vegan Falafel	✓	A1, A2								✓				✓	✓	✓	✓
Teriyaki Salmon	✓	A1, A2			✓		✓	✓						✓	✓	✓	✓

Hot Wraps

Hot grilled Beef Wrap	✓	A1, A2		✓		✓	✓			✓				✓	✓	✓	✓
Hot Chicken Teriyaki Wrap	✓	A1, A2				✓	✓							✓	✓	✓	✓
Hot Veggie Honey Mustard Wrap	✓	A1, A2				✓			✓					✓	✓	✓	✓

Grilled Flatbread

Pesto Chicken	✓	A1, A2				✓	✓							✓	✓	✓	✓
Grilled vegetables Mozzarella	✓	A1, A2				✓	✓							✓	✓	✓	✓
Olive Sheep Cheese	✓	A1, A2					✓							✓	✓	✓	✓
Creamy Coriander Avocado	✓	A1, A2					✓							✓	✓	✓	✓

Vegetarian and vegan Curries (until 15.01.2024)

Vegan Red Thai Curry						✓				✓		✓		✓	✓	✓	✓
Vegan Red Thai planted. Chicken Curry						✓				✓		✓		✓	✓	✓	✓
Vegan Green Thai Curry						✓				✓		✓		✓	✓	✓	✓
Vegan Green Thai Curry planted.chicken						✓				✓		✓		✓	✓	✓	✓
Veggie Korma Curry with Chick peas						✓	✓			✓		✓		✓	✓	✓	✓
Veggie Korma Curry planted.chicken						✓	✓			✓		✓		✓	✓	✓	✓
Vegan Sweet potato spinach Curry										✓		✓		✓	✓	✓	✓
Vegan Red Lentil Dal						✓				✓		✓		✓	✓	✓	✓
Vegan Mango Coconut Curry (Express)										✓		✓		✓	✓	✓	✓

Chicken and Meat Curries (until 15.01.2024)

Chicken Korma Curry						✓	✓			✓		✓		✓	✓	✓	✓
Red Thai Chicken Curry						✓				✓		✓		✓	✓	✓	✓
Green Thai Chicken Curry						✓				✓		✓		✓	✓	✓	✓
Red Thai Beef Curry						✓				✓		✓		✓	✓	✓	✓
Green Thai Beef Curry						✓				✓		✓		✓	✓	✓	✓
Chicken Tikka Curry							✓			✓		✓		✓	✓	✓	✓

Curry (from 16.01.2024)

Mango Chicken Curry						✓	✓					✓		✓	✓	✓	✓
Mango planted.chicken Curry						✓	✓					✓		✓	✓	✓	✓
Yellow Mango Curry	✓	A1				✓	✓					✓		✓	✓	✓	✓
Red Thai Chicken Curry						✓	✓			✓		✓		✓	✓	✓	✓
Red Thai planted.chicken Curry						✓	✓			✓		✓		✓	✓	✓	✓
Thai Peanut Beef Curry					✓					✓		✓		✓	✓	✓	✓

Information on our curries:
our curries are served with sesame seeds. The exclusion of sesame is offered upon request, however please make sure to inform us beforehand.

