dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria- Switzerland



such as garlic and onions are also labelled and it is clear whether the products are vegetarian or vegan and whether they are suitable for pregnant women.

Not all products are available in all stores.

The nutritional values, allergens and product information in the respective store apply.

The following allergenes are marked:

كالملا	Grains containing gluten and products thereof: - wheat (A) - rye (A2) - barley (a3) - oat (a4) - spelt (A5) - khorasan (A6) - hybridised strains		Edible nuts and products thereof: - Almond (H1) - Hazelnut (H2) - Walnut (H3) - Cashew (H4) - Pecan nut (H5) - Brazil nut (H6) - Pistachio (H7) - Macadamia nut (H8)
	Crustaceans and products thereof	S	Celery and products thereof
	Eggs and products thereof	5	Mustard and products thereof
	Fish and products thereof		Sesame and products thereof
無類	Peanuts and products thereof	***************************************	Lupines and products thereof
600	Soy and products thereof	3	Molluscs and products thereof
	Milk and products thereof (lactose included)	SO ₂	Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l



Note to possible traces:

The information on allergens and suitability for pregnant women listed here refers to the ingredients used according to the recipe. However, as meat, fish and all allergens are also processed in our operations, we unfortunately cannot guarantee that, despite thorough cleaning, unavoidable cross-contamination takes place between all work steps and traces of allergens, possibly also fish, are contained. We also do not take into account any information about possible traces contained on the part of our suppliers.

	vegetarian: no meat, no fish, but eggs and dairy goods	V	vegan: no animal products, no animal fat or honey
FREE	All dean&david products are FREE from: - Perservatives - Colourants	•	Suitable: - for pregnant women



	Aller	rgens															Mayb	e uno	desira	ble		Sui	table	for
Calada	G Indication	Sluten n Code	Crusta- ceans	Egg	Fish	### Peanut	Soy	Milk		le Nuts	Cerlery	S Mustard	Sesame	Lupines	Molluscs	S0 ₂	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant women
Salads *without dressing + without																							,	
Side Salad without dressing		rgens inc																				√	-	V
Side Salad with dressing	No alle	rgens inc	cluded		,																	✓	✓	✓
Salmon Spring without dressing					√			√																
Salmon Spring with dressing					✓			✓				1						✓		,				
Grilled Beef without dressing	1	A1					V	✓			✓	1					√	✓	- √	✓				
Grilled Beef mit Dressing	1	A1		✓			✓	✓			✓	✓					✓	✓	✓					
Tuscany Chicken without dressing	✓	A1						✓										✓						✓
Tuscany Chicken with dressing	1	A1						✓				✓						✓						√
Caesar Chicken without dressing	✓	A1	✓	✓			✓	✓																✓
Caesar Chicken with dressing	✓	A1		✓			✓	✓				✓					✓		✓					
Chicken Vitality without dressing			✓	✓				✓																✓
Chicken Vitality with dressing				✓				✓				✓												✓
Avocado Halloumi without dressing	✓	A1						✓														✓		✓
Avocado Halloumi with dressing	✓	A1						✓														✓		✓
Falafel Tahini without dressing													✓				✓	✓				✓	\checkmark	✓
Falafel Tahini with dressing	✓	A1					✓						✓				✓	✓				✓	✓	✓
Good Greens without dressing									✓	Н3												✓	\checkmark	✓
Good Greens with dressing									\checkmark	Н3												✓	\checkmark	✓
Paris without dressing								✓	\checkmark	Н3												✓		✓
Paris with dressing								✓	\checkmark	Н3		✓										✓		✓
Vitality without dressing				✓				✓														✓		✓
Vitality with dressing				✓				✓				✓										✓		✓
Dressings																								
Honey Mustard												✓						✓				✓		✓
Caesar				✓			✓	✓				✓					✓		1			✓		
Roket												✓										✓	1	✓
Pink Balsamico	No alle	rgens inc	cluded																			✓	✓	✓
Tahini Lemon	✓	A1					✓						✓									✓	✓	✓
Bread							_																	
Freshly Baked Bread	✓	A1, A2, A3	3										✓									✓	✓	✓
Mix Your Own																								
Basis - Salad Mix	No alle	rgens inc	cluded																			/	✓	1
Bowl Basis - Quinoa Rice Mix		rgens inc																				✓	1	· /
Bowl Basis - Jasmine rice		rgens inc																				✓	V	V
Basic - Pear		rgens inc																				▼	V	V
Basic - Crunchy Onions	√	A1																1				→	V	V
Basic - Croûtons	-	A1																_				-	V	▼
		AI					1															✓	∀	V
Basic - Edamame						1																✓	∀	▼
Basic - Peanuts				1		Y																✓	· ·	✓
Basic - Egg (free range)	No all-	raone in	cludod	v														√				· /	1	V
Basic - Spring Onions	140 que	rgens inc	lidueu															V				7		▼

dean&david Allergen-OVERVIEW valid for Germany - Luxembourg - Austria - Switzerland

valid for Germany - Luxembourg - Austria - Switzerlar valid until 31st of March 2024



Maybe undesirable **Allergens** Suitable for Mix Your Own Basic - Pomegranate Seeds No allergens included No allergens included Basic - Cucumber No allergens included Basic - Carrots No allergens included Basic - Cherry Tomatoes Basic - Pumpkin No allergens included Basic - Pumpkin and Sunflower Seed Mix No allergens included No allergens included Basic - Mango ✓ A1 Basic - Miso Mayo No allergens included Basic - Olive Tapenade Basic - Bell Pepper No allergens included No allergens included Basic - Lingonberries No allergens included Basic - Red Cabbage marinated No allergens included Basic - Beetroot Basic - Walnuts Basic - Grapes No allergens included Extra - Avocado No allergens included No allergens included Extra - Green Falafel Extra - Gran Soresina (ital. hard cheese) No allergens included Extra - Grilled Vegetables Extra - Hummus Extra - Halloumi Extra - Grilled Chicken Breast Stripes No allergens included Extra - Salmon (Norwegian) Extra - planted.chicken No allergens included Extra - Roast Potatoes No allergens included Extra - Beef Stripes Extra - Sheep's Cheese Extra - Sweet Potato Chunks No allergens included Extra - Goat's Cheese



	Aller	gens															Mayb	e uno	desira	ble		Sui	itable	for
	Indication	Gluten Code	Crusta-	Egg	Fish	Peanut	Sov	Milk	Edib Indication		Cerlery	S Mustard	Sesame	Lupines	Molluscs	SO ₂	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant
Bowls	Indication	n Code	ceans	, ,,,					Indication	Code	''''													women
California Poke Bowl with sauce	✓	A1			1		1					√	1					1	1					
California Poke Bowl without sauce	√	A1			·		1					·	1					· /	1					
Salmon Avocado with sauce	1	A1			1		1	√				· /	· ✓					·						
Salmon Avocado without sauce	√	A1			·		√					•	·					· /						
Japanese Beef Bowl with sauce	·	A1			•	√	1					√	•				✓	· /	1	√				
Japanese Beef Bowl without sauce	·	A1				· /	1					·					√	· /	1	· /				
Crunchy Beef with sauce	✓	A1				_	✓	√				·	1				1	· /	,	· /				1
Crunchy Beef without sauce	·	AI					✓	<u> </u>				<u> </u>					√	· /		· /				· /
Crunchy Chicken with sauce	✓	A1					'	√				√	1					1		•				<u>, , , , , , , , , , , , , , , , , , , </u>
Crunchy Chicken without sauce	✓	A1					-	_				•	· ·					· /						<u>, , , , , , , , , , , , , , , , , , , </u>
Chicken Teriyaki Bowl with sauce	-	A1					'						1					· /						<u>, , , , , , , , , , , , , , , , , , , </u>
Chicken Teriyaki Bowl without sauce	•	7.2					•						1					· /						<u>, </u>
Avocado Chicken with sauce	No alle	rgens inc	luded										•				1	· /						<u>, , , , , , , , , , , , , , , , , , , </u>
Avocado Chicken with sauce Avocado Chicken without sauce		rgens inc																						<u> </u>
Vegan Falafel Bowl with sauce	NO and	ingens inc	luueu				1						1				1	√				1	1	<u> </u>
Vegan Falafel Bowl without sauce							*						V				✓	V				V	V	<u> </u>
Veggie Buddha with sauce	✓	A1					V	1	1	НЗ		√	V					✓				✓		<u> </u>
Veggie Buddha without sauce	•	AI					V		-	НЗ								V				-/	1	-
Quinoa Rice Mix Base	No alle	rgens inc	luded				· ·		· ·	пэ												-/	V	<u> </u>
Jasmin Rice Base		rgens inc																				-	1	-
Judiniii ralee	√ alle	A1	luueu				√						✓						1			▼	1	_
Special Veganuary planted, with sauce	V	A1					-						-						· ·			✓	1	_
ecial Veganuary planted. without sauce	V	AI					V						V											_
Cold Bowls																								
Black Rice Crunchy Chicken Bowl	\checkmark	A1					\checkmark	✓				✓	\checkmark					✓						✓
Black Rice Salmon Avocado Bowl	✓	A1			✓		\checkmark	✓				✓	✓					✓						
Black Rice Avocdao Chicken Bowl	No alle	rgens inc	luded														✓	✓						✓
Vegan Falafel Bulgur Bowl	✓	A1					\checkmark						\checkmark				✓	✓				✓	✓	✓
Veggie Buddha Bulgur Bowl	✓	A1					\checkmark	✓	\checkmark	H3		✓	\checkmark					✓				✓		✓
Bowl Saucen																								
Spicy Ginger Sauce	✓	A1					✓												✓			✓	✓	
Soy Sesame Sauce	1	A1					1	✓				✓	1									1		✓
Teriyaki Sauce	1	A1					1															1	1	√
Mexican Salsa		rgens inc	luded														1	✓				1	1	1
Lemon Herbs Sauce						1	1						1				1	1				1	1	1
Kids Menü																								
Mini Falafel Plate	✓	A1, A2, A3											1				√	√				4	√	√
Mini Chicken Bowl						√	1					√						· /						· 🗸
Filli Cilickell DOWI												•												



	Alle	rgens															Maybe	unde	esiral	ole		Suif	able 1	for
	Indication	Gluten	Crusta- ceans	Egg	Fish	Peanut	Soy	Milk		e Nuts	Cerlery	S Mustard	Sesame	Lupines	Molluscs	SO ₂	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant women
Sandwiches																								
Avocado Mozzarella	✓	A1, A2, A3					✓	✓					✓				✓	✓				✓		✓
Chicken Avocado	✓	A1, A2, A3					✓	✓					✓				✓	✓						✓
Vegan Sweet Potato	✓	A1, A2, A3					✓					✓	✓					✓	√			✓	✓	
Grilled Veggie	✓	A1, A2, A3						✓					✓					✓				✓		✓
Wraps			-				-								_									
Caesar	✓	A1, A2		✓			✓	✓				✓					✓		1					
Paris	\checkmark	A1, A2					✓	✓	\checkmark	Н3		✓						✓				✓		✓
Vegan Falafel	\checkmark	A1, A2											\checkmark				✓	✓				✓	\checkmark	✓
Teriyaki Salmon	\checkmark	A1, A2			\checkmark		✓	✓																
Hot Wraps																								
Hot grilled Beef Wrap	✓	A1, A2		✓			✓	✓				✓					✓	✓	1	✓				
Hot Chicken Teriyaki Wrap	✓	A1, A2					✓	✓																✓
Hot Veggie Honey Mustard Wrap	\checkmark	A1, A2					✓					✓						✓				✓		✓
Grilled Flatbread																								
Pesto Chicken	✓	A1, A2						✓									✓	✓						✓
Grilled vegetables Mozzarella	\checkmark	A1, A2					✓	✓										✓				✓		✓
Olive Sheep Cheese	✓	A1, A2						✓														✓		✓
Creamy Coriander Avocado	\checkmark	A1, A2						✓									✓	✓				✓		✓
Vegetarian and vegan	Curr	ies (unt	il 15.01	.2024)																				
Vegan Red Thai Curry							✓				✓						✓	✓				✓	✓	✓
Vegan Red Thai planted. Chicken Curry							✓				✓		✓				✓	✓				✓		✓
Vegan Green Thai Curry							✓				✓						✓	✓				✓		✓
Vegan Green Thai Curry planted.chicken							✓				✓		✓				✓	✓				✓	✓	✓
Veggie Korma Curry with Chick peas							✓	✓				✓						✓				✓	✓	✓
Veggie Korma Curry planted.chicken							✓	✓				✓	✓					✓				✓	\checkmark	✓
Vegan Sweet potato spinach Curry												✓					✓	✓				✓		✓
Vegan Red Lentil Dal							✓										✓	✓				✓		✓
Vegan Mango Coconut Curry (Express)												✓	1				✓	✓				✓		✓
Chicken and Meat Cur	ries (until 15.0	1.2024)																				
Chicken Korma Curry							✓	✓				✓						✓				✓		✓
Red Thai Chicken Curry							✓				✓						✓	✓						✓
Green Thai Chicken Curry							✓				✓						✓	✓						✓
Red Thai Beef Curry							✓				✓						✓	✓		✓				✓
Green Thai Beef Curry							✓				\checkmark						✓	✓		✓				✓
Chicken Tikka Curry								✓			✓	✓	1											✓
Curry (from 16.01.2024)																								
Mango Chicken Curry						√	✓						4	Info	ormation		✓	✓						✓
Mango planted.chicken Curry						✓	✓						✓	our cur	curries rries are se		✓	✓				✓	✓	✓
Yellow Mango Curry	✓	A1					✓						1	ses	same seed:	s. The	✓	✓				✓	✓	✓
Red Thai Chicken Curry							✓				✓		V		usion of se red upon n		✓	✓						✓
Red Thai planted.chicken Curry							✓				✓_		✓	howeve	er please r	make sure	✓	✓				✓	✓	✓
Thai Peanut Beef Curry						✓					✓		1	to info	orm us bef	orehand.	✓	✓						✓



	Allei	rgens															Mayb	e und	lesira	ble		Sui	table	for
	Indication	Gluten n Code	Crusta- ceans	Egg	Fish	Peanut	Soy	Milk		ble Nuts	Cerlery	S Mustard	Sesame	Lupines	Molluscs	SO ₂	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant
Soups *without bread				•							·													
Carrot Coconut Ginger	✓	A1					✓				✓											✓	✓	✓
Carrot Mango	✓	A1															✓					✓	✓	✓
Tomato Basil	No alle	ergens incl	uded																			✓	✓	✓
Breakfast Toast & Egg	IS																							
Vegan Avocado Toast	✓	A1, A2, A3											✓									✓	✓	✓
Avocado Toast with Sunny side up	✓	A1, A2, A3		✓									✓									✓		✓
Hummus Toast with sheep cheese	✓	A1, A2, A3						✓					✓				✓					✓		✓
Hummus Toast mit Sheep cheese and egg	· /	A1, A2, A3		✓				✓					✓				✓					✓		✓
Salmon Avocado Toast	✓	A1, A2, A3			✓								✓											
Salmon Avodaco Toast with Sunny side up	p 🗸	A1, A2, A3		✓	✓								✓											
Quinoa Breakfast Bow	*witho	ut bread																						
Salsa & Egg Bowl				✓													✓	✓				✓		✓
Sweets																								
Bircher Muesli	✓	A4						✓	✓	H1, H2												✓		✓
Mango Coconutmilkrice								✓														√		√
Homemade Smoothie	Bowl	S																						
Açaí Bowl	✓	A3, A4, A5				1			✓	H1, H4												1	1	—
Tropical Mango Bowl	√	A3, A5				-/			1	H1, H4												√	1	·/
Chocolat Banana Bowl	1	A4				-/			*	,												1	1	
Warm Porridge						, , , , , , , , , , , , , , , , , , , ,																		
Mango Grape	✓	A4																				✓	✓	✓
Granola Apple	✓	A3, A4, A5							✓	H1, H4												✓		✓
Apple Cinnamon	✓	A4							✓	НЗ												✓	✓	✓
Coffee							_								_									
Espresso / Doppio / Coffee	No alle	ergens incl	uded																			✓	✓	√
Espresso Macchiato								✓														✓		✓
Espresso Macchiato with oatdrink	No alle	rgens incl	uded																			✓	✓	✓
Cappuccino								✓														✓		✓
Cappuccino with oatdrink	No alle	ergens incl	uded																			✓	✓	✓
Flat White								✓														✓		✓
Flat White with oatdrink	No alle	ergens incl	uded																			✓	✓	✓
Latte Macchiato								✓														✓		✓
Latte Macchiato with oatdrink	No alle	ergens incl	uded																			✓	✓	✓
Caffè Latte								✓														✓		✓
Caffè Latte with oat drink	No alle	ergens incl	uded																			✓	\checkmark	✓
Chai Latte								✓														✓		✓
Chai Latte with oatdrink		ergens incl																				✓	\checkmark	✓
Mint tea		ergens incl																				✓	✓	✓
Ginger-Mint-Tea	No alle	ergens incl	uded																			✓	✓	✓



	Aller	gens															Mayb	e und	lesira	ble		Suit	table 1	for
		luten		•		排制	6 00			ole Nuts		<u> </u>	**	**	<u>ب</u>	S0 ₂	6		7				>	•
	Indication		Crusta-		Fish		Soy					Mustard		Lupines		Sulfites	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant women
Cake, Muffins, Croiss	ants		, cents				•			•	•	•												Women
Blueberry Crumble Muffin	√	A1		√				1														1		
Double Chocolate Muffin	√	A1		•			1															1	1	· /
Carrot Cake	✓ ·	A1		✓				1	1	H3, H7												1	•	· /
Bananabread	1	A1, A4							1	H1, H2, H3												1	1	1
Raspberry Almond Brownie				✓			✓	✓	1	H1, H2												1		✓
Croissant	✓	A1																				1	1	✓
Pain au chocolat	✓	A1					✓															1	1	√
Lemonade																								
Ginger Lemongras	No alle	rgens inc	luded																			✓	✓	√
Smoothies																								
Açaí Sunrise	No alle	rgens inc	luded																			√	1	✓
Green Machine		rgens inc																				1	1	√
Mango Passion		rgens inc																				1	1	√
Wine and Secco																								
Soave DOC Classico																✓			1			✓		
Farnese Primitivo																✓			1			1		
Silver Veneto Frizzante																✓			1			1		
Hugo																✓			1			1		
Aperol Spritz																✓			✓			✓		
Aperol Tonic	No alle	rgens inc	luded																✓			✓		
Lillet Wild Berry																✓			✓			✓		
Lillet Vive																✓			✓			✓		
Gin Tonic	No alle	rgens inc	luded																✓			✓		
Crodino Spritz																✓						✓		✓
Additional Specials																								
Cesar Chicken Wrap, ganz	✓	A1, A2		✓			✓	✓				✓					✓							✓
Falafel Mezze Wrap, ganz	✓	A1, A2											✓				✓	✓				✓	✓	✓
Veggie Goat Wrap, ganz	✓	A1, A2					✓	✓	✓	Н3		✓						✓				✓		✓
Japanese Salmon Wrap, ganz	✓	A1, A2			1		1	1																