

dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria- Switzerland

















dean & david

The dean&david allergen guide provides information on which allergens are contained in our range. In addition, any undesirable ingredients such as garlic and onions are also labelled and it is clear whether the products are vegetarian or vegan and whether they are suitable for pregnant women.

Not all products are available in all stores.

The nutritional values, allergens and product information in the respective store apply.





The following allergenes are marked:

 <p>Grains containing gluten and products thereof:</p> <ul style="list-style-type: none"> - wheat (A1) - rye (A2) - barley (A3) - oat (A4) - spelt (A5) - khorasan (A6) - hybridised strains 	 <p>Edible nuts and products thereof:</p> <ul style="list-style-type: none"> - Almond (H1) - Hazelnut (H2) - Walnut (H3) - Cashew (H4) - Pecan nut (H5) - Brazil nut (H6) - Pistachio (H7) - Macadamia nut (H8)
 <p>Crustaceans and products thereof</p>	 <p>Celery and products thereof</p>
 <p>Eggs and products thereof</p>	 <p>Mustard and products thereof</p>
 <p>Fish and products thereof</p>	 <p>Sesame and products thereof</p>
 <p>Peanuts and products thereof</p>	 <p>Lupines and products thereof</p>
 <p>Soy and products thereof</p>	 <p>Molluscs and products thereof</p>
 <p>Milk and products thereof (lactose included)</p>	 <p>Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l</p>



Note to possible traces:

The information on allergens and suitability for pregnant women listed here refers to the ingredients used according to the recipe. However, as meat, fish and all allergens are also processed in our stores, we unfortunately cannot guarantee that, despite thorough cleaning, unavoidable cross-contamination takes place between all work steps and traces of allergens, possibly also fish, are contained. We also do not take into account any information about possible traces contained on the part of our suppliers.

 <p>vegetarian: no meat, no fish, but eggs and dairy goods</p>	 <p>vegan: no animal products, no animal fat or honey</p>
 <p>All dean&david products are FREE from: - Preservatives - artificial Colourants</p>	 <p>Suitable: - for pregnant women</p>

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Allergens

Indication	Code	Crustaceans	Egg	Fish	Peanut	Soy	Milk	Indication	Code	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pig

Suitable for

Vegetarian	Vegan	Pregnant women

Salads *without dressing + without bread

Salad	Allergens	Maybe undesirable	Suitable for
Side Salad without dressing	No allergens included		✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Side Salad with dressing	No allergens included		✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Salmon Spring without dressing			
Salmon Spring with dressing			
Grilled Beef without dressing	Gluten (A1)	Garlic, Onion, Alcohol, Beef	
Grilled Beef mit Dressing	Gluten (A1)	Garlic, Onion, Alcohol, Beef	
Tuscany Chicken without dressing	Gluten (A1)		✓ Pregnant women
Tuscany Chicken with dressing	Gluten (A1)		✓ Pregnant women
Caesar Chicken without dressing	Gluten (A1), Crustaceans, Egg, Soy, Milk		✓ Pregnant women
Caesar Chicken with dressing	Gluten (A1), Crustaceans, Egg, Soy, Milk		✓ Pregnant women
Chicken Vitality without dressing	Crustaceans, Egg, Soy, Milk		✓ Pregnant women
Chicken Vitality with dressing	Crustaceans, Egg, Soy, Milk		✓ Pregnant women
Avocado Halloumi without dressing	Gluten (A1), Milk		✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Avocado Halloumi with dressing	Gluten (A1), Milk		✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Falafel Tahini without dressing		Sesame, Lupines	✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Falafel Tahini with dressing	Gluten (A1)	Sesame, Lupines	✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Good Greens without dressing			✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Good Greens with dressing			✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Paris without dressing			✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Paris with dressing			✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Vitality without dressing			✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Vitality with dressing			✓ Vegetarian, ✓ Vegan, ✓ Pregnant women

Dressings

Dressing	Allergens	Maybe undesirable	Suitable for
Honey Mustard			✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Caesar		Garlic, Onion, Alcohol	✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Rocket			✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Pink Balsamico	No allergens included		✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Tahini Lemon	Gluten (A1)		✓ Vegetarian, ✓ Vegan, ✓ Pregnant women

Bread

Bread	Allergens	Maybe undesirable	Suitable for
Freshly Baked Bread	Gluten (A1, A2, A3)		✓ Vegetarian, ✓ Vegan, ✓ Pregnant women

Mix Your Own

Mix	Allergens	Maybe undesirable	Suitable for
Basis - Salad Mix	No allergens included		✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Bowl Basis - Quinoa Rice Mix	No allergens included		✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Bowl Basis - Jasmine rice	No allergens included		✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Basic - Pear	No allergens included		✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Basic - Crunchy Onions	Gluten (A1)	Onion	✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Basic - Croûtons	Gluten (A1)		✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Basic - Edamame			✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Basic - Peanuts			✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Basic - Egg (free range)			✓ Vegetarian, ✓ Vegan, ✓ Pregnant women
Basic - Spring Onions	No allergens included	Onion	✓ Vegetarian, ✓ Vegan, ✓ Pregnant women

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Allergens

Gluten	Crustaceans	Egg	Fish	Peanut	Soy	Milk	Edible Nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites
Indication	Code						Indication	Code					

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pig

Suitable for

Vegetarian	Vegan	Pregnant women

Mix Your Own

	Allergens	Gluten	Crustaceans	Egg	Fish	Peanut	Soy	Milk	Edible Nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant women	
Basic - Pomegranate Seeds	No allergens included																							
Basic - Cucumber	No allergens included																							
Basic - Carrots	No allergens included																							
Basic - Cherry Tomatoes	No allergens included																							
Basic - Pumpkin	No allergens included																							
Basic - Pumpkin and Sunflower Seed Mix	No allergens included																							
Basic - Mango	No allergens included																							
Basic - Miso Mayo	✓ A1						✓										✓							
Basic - Olive Tapenade	No allergens included																							
Basic - Bell Pepper	No allergens included																							
Basic - Lingonberries	No allergens included																							
Basic - Red Cabbage marinated	No allergens included																							
Basic - Beetroot	No allergens included																							
Basic - Walnuts									✓ H3															
Basic - Grapes	No allergens included																							
Extra - Avocado	No allergens included																							
Extra - Green Falafel	No allergens included																							
Extra - Gran Soresina (ital. hard cheese)								✓																
Extra - Grilled Vegetables	No allergens included																							
Extra - Hummus																								
Extra - Halloumi								✓								✓								
Extra - Grilled Chicken Breast Stripes	No allergens included																							
Extra - Salmon (Norwegian)					✓																			
Extra - planted.chicken (from July 24)	No allergens included																							
Extra - planted.chicken cold sesame																								
Extra - Roast Potatoes	No allergens included																							
Extra - Beef Stripes	No allergens included																							
Extra - Sheep's Cheese								✓								✓								
Extra - Sweet Potato Chunks	No allergens included																							
Extra - Goat's Cheese								✓																

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Gluten		Crusta-reans	Egg	Fish	Peanut	Soy	Milk	Edible Nuts		Cerlery	Mustard	Sesame	Lupines	Molluscs	SO ₂
Indication	Code							Indication	Code						

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pig
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Suitable for

Vegetarian	Vegan	Pregnant women
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Bowls

California Poke Bowl with sauce	✓	A1			✓		✓				✓	✓					✓	✓			
California Poke Bowl without sauce	✓	A1			✓		✓				✓	✓						✓	✓		
Salmon Avocado with sauce	✓	A1			✓		✓				✓	✓									
Salmon Avocado without sauce	✓	A1			✓		✓				✓	✓									
Japanese Beef Bowl with sauce	✓	A1				✓	✓				✓	✓									
Japanese Beef Bowl without sauce	✓	A1				✓	✓				✓	✓									
Crunchy Beef with sauce	✓	A1				✓	✓				✓	✓									
Crunchy Beef without sauce	✓	A1				✓	✓				✓	✓									
Crunchy Chicken with sauce	✓	A1				✓	✓				✓	✓									
Crunchy Chicken without sauce	✓	A1				✓	✓				✓	✓									
Chicken Teriyaki Bowl with sauce	✓	A1				✓	✓				✓	✓									
Chicken Teriyaki Bowl without sauce						✓	✓				✓	✓									
Avocado Chicken with sauce	No allergens included																✓	✓			
Avocado Chicken without sauce	No allergens included																				
Vegan Falafel Bowl with sauce						✓	✓					✓					✓	✓			
Vegan Falafel Bowl without sauce						✓	✓					✓					✓	✓			
Veggie Buddha with sauce	✓	A1				✓	✓		✓	H3		✓					✓	✓			
Veggie Buddha without sauce						✓	✓		✓	H3		✓					✓	✓			
Quinoa Rice Mix																					
Jasmin Rice																					

Cold Bowls

Black Rice Crunchy Chicken Bowl	✓	A1				✓	✓				✓	✓									✓
Black Rice Salmon Avocado Bowl	✓	A1			✓	✓	✓				✓	✓									
Black Rice Avocado Chicken Bowl	No allergens included																				
Vegan Falafel Bulgur Bowl	✓	A1				✓	✓					✓					✓	✓			
Veggie Buddha Bulgur Bowl	✓	A1				✓	✓		✓	H3		✓					✓	✓			

Bowl Sauces

Spicy Ginger Sauce	✓	A1				✓	✓					✓					✓	✓			
Soy Sesame Sauce	✓	A1				✓	✓				✓	✓									
Teriyaki Sauce	✓	A1				✓	✓					✓									
Mexican Salsa	No allergens included																✓	✓			
Lemon Herbs Sauce						✓	✓					✓					✓	✓			

Kids Menü

Mini Falafel Plate	✓	A1, A2, A3				✓	✓					✓					✓	✓			
Mini Chicken Bowl						✓	✓				✓	✓									

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Indication	Code							Indication	Code						

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pig
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Suitable for

Vegetarian	Vegan	Pregnant women
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Sandwiches

Avocado Mozzarella	✓	A1, A2, A3				✓	✓					✓				✓	✓	✓
Chicken Avocado	✓	A1, A2, A3				✓	✓					✓					✓	✓
Vegan Sweet Potato	✓	A1, A2, A3				✓					✓	✓					✓	✓
Grilled Veggie	✓	A1, A2, A3					✓					✓					✓	✓

Wraps

Caesar	✓	A1, A2		✓		✓	✓				✓					✓	✓	✓
Paris	✓	A1, A2				✓	✓	✓	H3		✓						✓	✓
Vegan Falafel	✓	A1, A2										✓					✓	✓
Teriyaki Salmon	✓	A1, A2			✓		✓					✓					✓	✓

Hot Wraps

Hot grilled Beef Wrap	✓	A1, A2		✓		✓	✓				✓					✓	✓	✓
Hot Chicken Teriyaki Wrap	✓	A1, A2				✓	✓					✓					✓	✓
Hot Veggie Honey Mustard Wrap	✓	A1, A2				✓					✓						✓	✓

Grilled Flatbread

Pesto Chicken	✓	A1, A2					✓									✓	✓	✓
Grilled vegetables Mozzarella	✓	A1, A2				✓	✓									✓	✓	✓
Olive Sheep Cheese	✓	A1, A2					✓									✓	✓	✓
Creamy Coriander Avocado	✓	A1, A2					✓									✓	✓	✓

Curries

Mango Chicken Curry					✓	✓						✓				✓	✓	✓
Mango planted.chicken Curry					✓	✓						✓				✓	✓	✓
Yellow Mango Curry	✓	A1				✓						✓				✓	✓	✓
Red Thai Chicken Curry						✓				✓		✓				✓	✓	✓
Red Thai planted.chicken Curry						✓				✓		✓				✓	✓	✓
Thai Peanut Beef Curry					✓					✓		✓				✓	✓	✓

Information on our curries:
our curries are served with sesame seeds. The exclusion of sesame is offered upon request, however please make sure to inform us beforehand.

Soups *without bread

Carrot Coconut Ginger	✓	A1				✓				✓							✓	✓
Tomato Basil	No allergens included									✓							✓	✓

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Gluten		Crustaceans		Egg	Fish	Peanut	Soy	Milk	Edible Nuts		Celery	Mustard	Sesame	Lupines	Molluscs	SO ₂
Indication	Code								Indication	Code						

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Pig
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Suitable for

Vegetarian	Vegan	Pregnant women
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Cake, Muffins, Croissants

Blueberry Crumble Muffin	✓	A1		✓				✓																✓		✓	
Double Chocolate Muffin	✓	A1					✓																		✓	✓	✓
Carrot Cake	✓	A1		✓				✓																	✓	✓	✓
Bananabread	✓	A1, A4								✓															✓	✓	✓
Raspberry Almond Brownie				✓				✓		✓															✓	✓	✓
Croissant	✓	A1																							✓	✓	✓
Pain au chocolat	✓	A1					✓																		✓	✓	✓

Lemonade

Ginger Lemongras	No allergens included																												✓	✓	✓
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Smoothies

Açaí Sunrise	No allergens included																														✓	✓	✓	
Green Machine	No allergens included																															✓	✓	✓
Mango Passion	No allergens included																															✓	✓	✓

Wine and Secco

Soave DOC Classico																												✓				
Farnese Primitivo																												✓				
Silver Veneto Frizzante																												✓				
Hugo																												✓				
Aperol Spritz ^(2,17)																												✓				
Aperol Tonic ^(2,17)	No allergens included																															✓
Lillet Wild Berry																												✓				
Lillet Vive ⁽¹⁷⁾																												✓				
Gin Tonic ⁽¹⁷⁾	No allergens included																															✓
Crodino Spritz ^(2,17)																												✓				

Additional Specials

	Special																															
Cesar Chicken Wrap, whole	✓	A1, A2		✓			✓	✓				✓														✓	✓	✓				
Falafel Mezze Wrap, whole	✓	A1, A2											✓												✓	✓	✓					
Veggie Goat Wrap, whole	✓	A1, A2																							✓	✓	✓					
Japanese Salmon Wrap, whole	✓	A1, A2			✓																				✓	✓	✓					
Asparagus Burrata Salad without Dressing																									✓	✓	✓					
Asparagus Burrata Salad with Dressing																									✓	✓	✓					
Balsamico Maple-Dressing																									✓	✓	✓					
Melon Summer Salad without Dressing																									✓	✓	✓					
Melon Summer Salad with Dressing																									✓	✓	✓					
Melon Summer Salad planted.Chicken without Dressing																									✓	✓	✓					
Melon Summer Salad planted.Chicken with Dressing																									✓	✓	✓					
Lime Dressing	No allergens included																	✓	✓											✓	✓	✓

2: With Colourants
17: Contains Quinine