dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria- Switzerland



The dean&david allergen guide provides information on which allergens are contained in our range. In addition, any undesirable ingredients such as garlic and onions are also labelled and it is clear whether the products are vegetarian or vegan and whether they are suitable for pregnant women.

Not all products are available in all stores.

The nutritional values, allergens and product information in the respective store apply.

The following allergenes are marked:

بالملاز	Grains containing gluten and products thereof: - wheat (A1) - rye (A2) - barley (A3) - oat (A4) - spelt (A5) - khorasan (A6) - hybridised strains		Edible nuts and products thereof: - Almond (H1) - Hazelnut (H2) - Walnut (H3) - Cashew (H4) - Pecan nut (H5) - Brazil nut (H6) - Pistachio (H7) - Macadamia nut (H8)
	Crustaceans and products thereof		Celery and products thereof
	Eggs and products thereof	s	Mustard and products thereof
	Fish and products thereof		Sesame and products thereof
無類	Peanuts and products thereof		Lupines and products thereof
60	Soy and products thereof		Molluscs and products thereof
	Milk and products thereof (lactose included)	SO ₂	Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l



Note to possible traces:

The information on allergens and suitability for pregnant women listed here refers to the ingredients used according to the recipe. However, as meat, fish and all allergens are also processed in our stores, we unfortunately cannot guarantee that, despite thorough cleaning, unavoidable cross-contamination takes place between all work steps and traces of allergens, possibly also fish, are contained. We also do not take into account any information about possible traces contained on the part of our suppliers.

	vegetarian: no meat, no fish, but eggs and dairy goods		vegan: no animal products, no animal fat or honey
FREE	All dean&david products are FREE from: - Perservatives - artificial Colourants	•	Suitable: - for pregnant women



	Aller	rgens															Mayb	e uno	desira	ble		Sui	table	for
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	Indication														Molluscs		Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant
Salads *without dressing + with	out bread		I ceans) women
Side Salad without dressing		rgens inc	luded																			-	1	
Side Salad without dressing	ivo and	ingenia nic	Juucu									1					✓	1				-	1	7
Salmon Spring without dressing					1			1									•							
Salmon Spring with dressing					7			·				1						1						
Big Easy Beef without dressing						1	1	_									1	7		1				1
Big Easy Beef with Dressing						'	7					1					7	7		7				-
Caesar Chicken without dressing	1	A1		1		_	V	1																7
Caesar Chicken with dressing	7	A1		7		_	7	7	_			1					1		1					_
Chicken Vitality without dressing		AI		~				-				_												1
								7				_												-
Chicken Vitality with dressing Avocado Halloumi without dressing		_		_		_		~				_										1		-
								V				1						1				▼		V
Avocado Halloumi with dressing						_		٧				· ·	1				1	*				▼	- /	∀
Falafel Tahini without dressing	1						1						*				-	*				∀	1	V
Falafel Tahini with dressing	•	A1											•				•	· ·				▼	√	∀
Good Greens without dressing		_							1	Н3		1										✓	*	∀
Good Greens with dressing								1		Н3		· ·										✓	•	∀
Paris without dressing								✓	1	Н3		,										V		*
Paris with dressing							1	*	✓	Н3	1	√						1		1		V		_
Grilled Beef without dressing (until Oct)		A1		1			√	V				~					✓	*	4	٧				
Grilled Beef with Dressing (until Oct) Suscany Chicken without dressing (until Oct)	et 🗸	A1		٧		_		*		_	✓	٧					•	V	٧					1
		A1 A1						V				1						*						-
Tuscany Chicken with dressing (until Oct								V				V						Y						
Salads Prepacked (EX	PRES:	5)																						
Caesar Classic - prepacked				✓				✓									✓		√					1
Vitality mit Dressing				✓				✓				✓										✓		1
Dressings																								
Honey Mustard																								1
Caesar				1			1	1				7										7		
Rocket							· ·	_				7							· ·			-	1	1
Balsamico Maple												7					1	1				7	1	<u> </u>
Tahini Lemon	1	A1					1						1				•	-				· /	1	1
Pink Balsamico (until Oct)		ergens inc	luded				· ·						· ·										1	<u> </u>
	rto uno	a geno me	laaca																					
Bread																								
Freshly Baked Bread	✓	A1, A2, A3											✓									✓	✓	✓
Mix Your Own																								
Basis - Salad Mix	No alle	ergens inc	luded																			✓	1	1
Bowl Basis - Quinoa Rice Mix		rgens inc																				1	1	1
Bowl Basis - Jasmine rice		rgens inc																				1	1	1
Basic - Pear		rgens inc																				✓	1	1
Basic - Crunchy Onions	1	A1																1				·	1	1
Basic - Croûtons	1	A1																				1	1	1
Basic - Edamame							1															1	1	1
Basic - Peanuts						1																1	1	1
Basic - Egg (free range)				1																		✓		1
Basic - Spring Onions	No alle	rgens inc	luded															1				1	1	· /
																								<u> </u>







	Aller	gens														Mayb	e uno	lesira	ble		Sui	table	for
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	G										1 -		1 1		4						1	b :	_
	Indication		Crusta-												Sulfites	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant women
Bowls																							
California Poke Bowl with sauce	✓	A1			✓		✓				-	✓					1	1					
California Poke Bowl without sauce	1	A1			1		1				1	1					1	1					
Salmon Avocado with sauce	1	A1			✓		✓	✓			✓	√					1						
Salmon Avocado without sauce	1	A1			1		1					1					1						
Japanese Beef Bowl with sauce	1	A1				1	1				1					1	1	1	✓				
Japanese Beef Bowl without sauce	1	A1				✓	✓									✓	1	1	✓				
Crunchy Chicken with sauce	1	A1					✓	✓			1	1					1						1
Crunchy Chicken without sauce	1	A1					✓										1						1
Chicken Teriyaki Bowl with sauce	1	A1					✓					√					1						1
Chicken Teriyaki Bowl without sauce												1					1						1
Avocado Chicken Bowl with sauce												✓					1						1
Avocado Chicken Bowl without sauce	No alle	rgens inc	luded														1						1
Vegan Falafel Bowl with sauce												✓				1	1				✓	1	1
Vegan Falafel Bowl without sauce												√				1	1				√	1	1
Veggie Buddha Bowl with sauce	1	A1					✓	1	1	нз	1	1					1				1		1
Veggie Buddha Bowl without sauce							✓		1	нз							1				√	1	1
Crunchy Beef with sauce (until Oct)	1	A1					✓	✓			1	✓				1	1		✓				1
Crunchy Beef without sauce (until Oct)	1	AI					✓									1	1		1				1
Quinoa Rice Mix Base	No alle	rgens inc	luded																		√	1	1
Jasmin Rice Base	No alle	rgens inc	luded																		✓	1	1
Cold Bowls																							
Black Rice Crunchy Chicken Bowl	✓	A1					✓	✓			√	- ✓					1						1
Black Rice Salmon Avocado Bowl	✓	A1			✓		1	✓			✓	✓					✓						
Black Rice Avocdao Chicken Bowl												✓											1
Vegan Falafel Bulgur Bowl	✓	A1					✓					✓				✓	✓				✓	✓	1
Veggie Buddha Bulgur Bowl	✓	A1					✓	✓	✓	H3	✓	✓					✓				✓		1
Bowl Sauces					_		_					_		_									
Spicy Ginger Sauce	✓	A1					✓											1			✓	✓	
Soy Sesame Sauce	1	A1					✓	1			✓	✓									✓		1
Teriyaki Sauce	1	A1					✓														✓	1	✓
Lemon Herbs Sauce												✓									✓	✓	✓
Mexican Salsa	No alle	rgens inc	luded													✓	✓				✓	✓	✓
Kids Menü																							
Mini Falafel Plate	✓	A1, A2, A3										✓				✓	✓				✓	✓	1
Mini Chicken Bowl						1	-/				-/						1						



	Allei	rgens															Mayb	e uno	lesiral	ble		Suit	able f	for
	Indication		Crusta-	Egg	Fish	Peanut	Soy	Milk	Edible Indication		Cerlery	S Mustard	Sesame	Lupines	Molluscs	SO ₂	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant
Sandwiches			reans																					women
Avocado Mozzarella	✓	A1, A2, A3					✓	1					✓					✓				✓		✓
Chicken Avocado	✓	A1, A2, A3					✓	✓					✓				1	✓						✓
Vegan Sweet Potato	✓	A1, A2, A3					✓					✓	✓					✓	1			✓	1	
Grilled Veggie	✓	A1, A2, A3						✓					✓				✓	✓				✓		√
Wraps							-														-			
Caesar	✓	A1, A2		1			✓	✓				✓					✓		1					
Paris	✓	A1, A2						✓	✓	Н3		✓						✓				✓		✓
Vegan Falafel	✓	A1, A2											✓				✓	✓				✓	1	✓
Teriyaki Salmon	1	A1, A2			✓		✓	✓																
Hot Wraps							-																	
Hot grilled Beef	✓	A1, A2		✓			✓	✓				✓					✓	✓	1	✓				
Hot Chicken Teriyaki	✓	A1, A2					✓	✓																1
Hot Veggie Honey Mustard	✓	A1, A2					✓	✓				✓						✓				✓		√
Grilled Flatbread																								
Pesto Chicken	✓	A1, A2						✓									✓	✓						✓
Grilled vegetables Mozzarella	✓	A1, A2					1	✓										✓				✓		1
Olive Sheep Cheese	1	A1, A2						✓														✓		✓
Creamy Coriander Avocado	✓	A1, A2						✓									✓	✓				✓		✓
Curries							•				•													
Mango Chicken Curry						✓	- ✓						V				1							✓
Mango planted.chicken Curry						✓	1							Info	rmation o	n our	1	✓				✓	1	√
Yellow Avocado Curry	✓	A1					✓							OUT OUT	curries: ries are ser	ved with	✓	1				√	1	1
Red Thai Chicken Curry							✓				✓			ses	ame seeds.	The	1	1						✓
Red Thai planted.chicken Curry							✓				1				ision of sesa		√	✓				√	1	✓
Asian Beef Curry						1					1			howeve	ed upon red er please m	quest, ake sure	✓	✓		✓				✓
Yellow Mango Curry (until Oct)	✓	A1					✓								orm us befor		✓	✓				✓	1	✓
Thai Peanut Beef Curry (until Oct)						✓					✓						1	1		✓				√



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	G									le Nuts											1			Busses
	Indication	Code	Crusta- ceans	Egg	FISN	Peanut	Soy	Milk	Indication	Code	Cerlery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant women
Breakfast Toast & Egg	S																							
Vegan Avocado Toast	✓	A1, A2, A3											✓									✓	✓	✓
Avocado Toast with Sunny side up	1	A1, A2, A3		✓									✓									✓		✓
Hummus Toast with sheep cheese	✓	A1, A2, A3						✓					✓				✓					✓		✓
Hummus Toast mit Sheep cheese and egg	1	A1, A2, A3		✓				✓					✓				✓					✓		1
Salmon Avocado Toast	✓	A1, A2, A3			✓ /								✓											
Salmon Avodaco Toast with Sunny side up	✓	A1, A2, A3		✓	✓								✓											
Quinoa Breakfast Bow	*witho	ut bread																						
Salsa & Egg Bowl				1													1	1				1		1
Sweets																								
Bircher Muesli	✓	A4						✓	✓	H1, H2												✓		✓
Mango Coconutmilkrice								✓														1		1
Homemade Smoothie	Bowls	S																						
Açaí Bowl	✓	A3, A4, A5							✓	H1, H4												1	1	1
Tropical Mango Bowl	1	A3, A5							1	H1, H4												1	1	1
Chocolat Banana Bowl	✓	A4																				✓	1	✓
Warm Porridge					_																			
Mango Grape	✓	A4																				✓	1	✓
Granola Apple	✓	A3, A4, A5							✓	H1, H4												✓		√
Apple Cinnamon	✓	A4							✓	нз												✓	1	1
Coffee					-																			
Espresso / Doppio / Coffee	No alle	rgens incl	luded																			✓	1	1
Espresso Macchiato								✓														✓		1
Espresso Macchiato with oatdrink	No alle	rgens inc	luded																			✓	1	✓
Cappuccino								✓														✓		√
Cappuccino with oatdrink	No alle	rgens inc	luded																			✓	✓	✓
Flat White								✓														✓		✓
Flat White with oatdrink	No alle	rgens inc	uded																			✓	✓	✓
Latte Macchiato								✓														✓		✓
Latte Macchiato with oatdrink	No alle	rgens inc	luded																			✓	✓	✓
Caffè Latte								- ✓														✓		✓
Caffè Latte with oat drink	No alle	rgens inc	uded																			✓	✓	✓
Chai Latte								✓														✓		✓
Chai Latte with oatdrink		rgens inc																				✓	✓	✓
Mint tea	No alle	rgens incl	luded																			✓	1	1



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	24ر			U		THE AN						s			200	5U ₂								•
		uten														1	Garlic	Onion	Alcohol	Beef		1		Possesses
	Indication	Code	ceans	Egg	FISN	Peanut	Soy	Milk	Indication	Code	Ceriery	Mustard	Sesame	Lupines	Molluses	Suintes	Gartic	Union	Alconol	Beer	Pig	Vegetarian	Vegan	Pregnant women
Cake, Muffins, Croissar	nts																							
Blueberry Muffin		A1		✓				✓														✓		✓
Double Chocolate Muffin	✓	A1					✓															✓	✓	✓
Carrot Cake	✓.	A1		✓				✓	✓.	H3, H7												✓		✓
Bananabread	✓	A1, A4							1	H1, H2, H3												✓	✓	1
Raspberry Almond Brownie				✓			✓	✓	✓	H1, H2												✓		V
Croissant	1	A1																				1	✓,	V
Pain au chocolat	✓	A1					✓															✓	✓	- ✓
Lemonade																								
Ginger Lemongras	No aller	gens incl	uded																			✓	✓	✓
Smoothies																								
Açaí Sunrise	No aller	gens incl	uded																			✓	1	✓
Green Machine	No aller	gens incl	uded																			✓	1	✓
Mango Passion	No aller	gens incl	uded																			✓	✓	✓
Wine and Secco																								
Soave DOC Classico																✓			1			✓		
Farnese Primitivo																✓			1			1		
Silver Veneto Frizzante																✓			1			√		
Hugo																✓			✓			✓		
Aperol Spritz (2,17)																✓			✓			✓		
Aperol Tonic (2,17)	No aller	gens incl	uded																✓			✓		
Lillet Wild Berry																✓			✓			✓		
Lillet Vive (17)																✓			✓			✓		
	No aller	gens incl	uded																✓			✓		
Crodino Spritz (2,17)																✓						✓		✓
Additional Specials																								
Cesar Chicken Wrap, whole	✓	A1, A2		✓			✓	✓				✓					✓							✓
Falafel Mezze Wrap, whole		A1, A2											✓				✓	✓				✓	✓	✓
Veggie Goat Wrap, whole	✓	A1, A2					✓	✓	✓	Н3		✓						✓				✓		✓
Japanese Salmon Wrap, whole	✓ .	A1, A2			\checkmark		✓	✓																
Seasonals season	nals																							
Pumpkin Goat Cheese without Dressing								✓	✓	Н3												✓		✓
Pumpkin Goat Cheese with Dressing								✓	1	Н3		✓										✓		✓
Honey Walnut Dressing									✓	Н3		✓										✓		✓
Yellow Pumpkin Curry													✓				✓	1				✓	✓	✓
Yellow Pumpkin Curry with Chicken													✓				✓	✓						✓
Yellow Pumpkin Curry with planted.Chicken													✓				✓	1				✓	✓	✓
Yellow Pumpkin Curry with Beef													1				✓	1		✓				✓

2: With Colourants

17: Contains Quinine