dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria- Switzerland



The dean&david allergen guide provides information on which allergens are contained in our range. In addition, any undesirable ingredients such as garlic and onions are also labelled and it is clear whether the products are vegetarian or vegan and whether they are suitable for pregnant women.

Not all products are available in all stores.

The nutritional values, allergens and product information in the respective store apply.

The following allergenes are marked:

JUNE	Grains containing gluten and products thereof: - wheat (A1) - rye (A2) - barley (A3) - oat (A4) - spelt (A5) - khorasan (A6) - hybridised strains		Edible nuts and products thereof: - Almond (H1) - Hazelnut (H2) - Walnut (H3) - Cashew (H4) - Pecan nut (H5) - Brazil nut (H6) - Pistachio (H7) - Macadamia nut (H8)
	Crustaceans and products thereof	S	Celery and products thereof
	Eggs and products thereof	S	Mustard and products thereof
	Fish and products thereof		Sesame and products thereof
THE STATE OF THE S	Peanuts and products thereof	***************************************	Lupines and products thereof
600	Soy and products thereof		Molluscs and products thereof
	Milk and products thereof (lactose included)	S0 ₂	Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l



Note to possible traces:

The information on allergens and suitability for pregnant women listed here refers to the ingredients used according to the recipe. However, as meat, fish and all allergens are also processed in our stores, we unfortunately cannot guarantee that, despite thorough cleaning, unavoidable cross-contamination takes place between all work steps and traces of allergens, possibly also fish, are contained. We also do not take into account any information about possible traces contained on the part of our suppliers.

	vegetarian: no meat, no fish, but eggs and dairy goods		vegan: no animal products, no animal fat or honey
FREE	All dean&david products are FREE from: - Perservatives - artificial Colourants	•	Suitable: - for pregnant women



	Aller	rgens															Mayb	e und		Suitable for				
		.02																					V	•
	<i>)</i> !					带带						s			بال	SO ₂								•
	G)		<u> </u>	Edit				1	1).						1		
	Indication	n Code	Crusta- ceans	Egg	Fish	Peanut	Soy	Milk	Indication	Code	Cerlery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant women
Salads *without dressing + with	out bread																							
Side Salad without dressing	No alle	ergens includ	led																			✓	✓	✓
Side Salad with dressing												✓					✓	✓				✓	✓	✓
Salmon Spring without dressing					\checkmark			✓																
Salmon Spring with dressing					✓			✓				✓						✓						
Big Easy Beef without dressing						✓	✓										✓	✓		✓				✓
Big Easy Beef with Dressing						✓	✓					✓					✓	✓		✓				✓
Caesar Chicken without dressing	✓	A1		✓			✓	✓																✓
Caesar Chicken with dressing	✓	A1		✓			✓	✓				✓					✓		✓					
Chicken Vitality without dressing				✓				✓																✓
Chicken Vitality with dressing				✓				✓				✓												✓
Avocado Halloumi without dressing								✓														√		√
Avocado Halloumi with dressing								✓				✓						✓				✓		1
Falafel Tahini without dressing													✓				✓	✓				✓	✓	√
Falafel Tahini with dressing	✓	A1					1						✓				✓	✓				√	1	✓
Good Greens without dressing									1	НЗ												√	✓	√
Good Greens with dressing									1	НЗ		√										√	1	✓
Paris without dressing								✓	1	НЗ												√		√
Paris with dressing								✓	✓	НЗ		√										√		√
Salads Prepacked (EX	PRES	S)																						
	IKLU			./				./											./					
Caesar Classic - prepacked				V				-/				√					•		٧			1		V
Vitality mit Dressing				V				V				₩										•		V
Dressings																								
Honey Mustard												✓						✓				✓		✓
Caesar				✓			✓	✓				✓					✓		✓			✓		
Caesar vegan							✓					✓					✓		√			✓	✓	
Rocket												✓										✓	✓	✓
Balsamico Maple												✓					✓	✓				✓	✓	✓
Tahini Lemon	✓	A1					✓						✓									✓	✓	✓
Bread																								
Freshly Baked Bread	✓	A1, A2, A3																				√	1	1
Mix Your Own													•									<u> </u>	_	·
Basis - Salad Mix	No alle	ergens includ	led																			✓	✓	✓
Bowl Basis - Quinoa Rice Mix	No alle	ergens includ	led																			✓	✓	✓
Bowl Basis - Jasmine rice	No alle	ergens includ	led																			✓	1	✓
Basic - Pear	No alle	ergens includ	led																			✓	1	1
Basic - Crunchy Onions	✓	A1																✓				✓	✓	✓
Basic - Croûtons	✓	A1																				✓	1	1
Basic - Edamame							✓															✓	✓	√
Basic - Peanuts						✓																✓	1	✓
Basic - Egg (free range)				✓																		√		✓
Basic - Spring Onions	No alle	ergens includ	led															✓				✓	✓	✓

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Maybe undesirable Suitable for **Allergens** Pregnant Mix Your Own No allergens included Basic - Pomegranate Seeds Basic - Cucumber No allergens included Basic - Carrots No allergens included No allergens included **Basic - Cherry Tomatoes** No allergens included Basic - Pumpkin Basic - Pumpkin and Sunflower Seed Mix No allergens included Basic - Mango No allergens included **√** A1 Basic - Miso Mayo No allergens included Basic - Olive Tapenade Basic - Bell Pepper No allergens included Basic - Lingonberries No allergens included No allergens included Basic - Red Cabbage marinated No allergens included Basic - Beetroot Basic - Walnuts No allergens included Basic - Grapes No allergens included Extra - Avocado No allergens included Extra - Green Falafel Extra - Gran Soresina (ital. hard cheese) No allergens included Extra - Grilled Vegetables Extra - Hummus Extra - Halloumi No allergens included Extra - Grilled Chicken Breast Stripes Extra - Salmon (Norwegian) Extra - planted.chicken (from July 24) No allergens included No allergens included Extra - Roast Potatoes No allergens included Extra - Beef Stripes Extra - Sheep's Cheese Extra - Sweet Potato Slices No allergens included Extra - Goat's Cheese



	Aller	rgens													Mayb	e und		Suitable for					
		يالا		0		押部	P					S	**	يو	SO ₂	لي ا						>	4
	Indication												Sesame		Sulfites	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant women
Bowls		1	reans				1	-															women
California Poke Bowl with sauce	\checkmark	A1			✓		✓					✓	✓				✓	√					
California Poke Bowl without sauce	✓	A1			✓		✓					✓	✓				✓	√					
Salmon Avocado with sauce	✓	A1			✓		✓	✓				✓	✓				✓						
Salmon Avocado without sauce	✓	A1			✓		✓						✓				✓						
Japanese Beef Bowl with sauce	✓	A1				✓	✓					✓				✓	✓	√	✓				
Japanese Beef Bowl without sauce	✓	A1				✓	✓									✓	✓	√	✓				
Crunchy Chicken with sauce	✓	A1					✓	✓				✓	✓				✓						✓
Crunchy Chicken without sauce	✓	A1					✓										✓						✓
Chicken Teriyaki Bowl with sauce	✓	A1					✓						✓				✓						✓
Chicken Teriyaki Bowl without sauce													✓				√						✓
Avocado Chicken Bowl with sauce													✓				✓						✓
Avocado Chicken Bowl without sauce	No alle	rgens inc	luded														✓						✓
Vegan Falafel Bowl with sauce													✓			✓	√				√	✓	✓
Vegan Falafel Bowl without sauce													✓			✓	✓				✓	✓	✓
Veggie Buddha Bowl with sauce	✓	A1					✓	✓	✓	НЗ		✓	✓				√				√		✓
Veggie Buddha Bowl without sauce							✓		✓	НЗ							✓				✓	✓	✓
Quinoa Rice Mix Base	No alle	rgens inc	luded																		√	1	✓
Jasmin Rice Base	No alle	ergens inc	luded																		√	✓	✓
Cold Bowls																							
Black Rice Crunchy Chicken Bowl	\checkmark	A1					✓	✓				✓	✓				✓						✓
Black Rice Salmon Avocado Bowl	✓	A1			✓		✓	✓				✓	✓				✓						
Black Rice Avocdao Chicken Bowl													✓										✓
Vegan Falafel Bulgur Bowl	✓	A1					✓						✓			✓	√				√	✓	✓
Veggie Buddha Bulgur Bowl	✓	A1					✓	✓	✓	H3		✓	✓				√				√		✓
Bowl Sauces																							
Spicy Ginger Sauce	\checkmark	A1					✓											√			✓	✓	
Soy Sesame Sauce	✓	A1					1	1				√	1								√		√
Teriyaki Sauce	1	A1					1														1	1	✓
Lemon Herbs Sauce													✓								✓	✓	✓
Kids Menü																							
Mini Falafel Plate	✓	A1, A2, A3											✓			✓	✓				✓	✓	✓
Mini Chicken Bowl						✓	✓					√					✓						✓



	Aller	Allergens															Mayb	e und	lesira	ble		Suit	table 1	for
		luten	Crusta- ceans	Egg	Fish	Peanut	Soy	Milk		ole Nuts Code	Cerlery	S	Sesame	Lupines	Molluscs	SO ₂	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant women
Sandwiches																								
Avocado Mozzarella	✓_	A1, A2, A3					✓	✓					✓					✓				✓		✓
Chicken Avocado	✓_	A1, A2, A3					✓	✓					✓				✓	✓						✓
Vegan Sweet Potato	✓	A1, A2, A3					✓					✓	✓					✓	✓			✓	\checkmark	
Grilled Veggie	✓	A1, A2, A3						✓					✓				✓	✓				✓		✓
Wraps																								
Caesar	✓	A1, A2		✓			✓	✓				✓					✓		√					
Paris	✓	A1, A2						✓	✓	H3		✓						✓				✓		✓
Vegan Falafel	✓	A1, A2											✓				✓	✓				✓	✓	✓
Teriyaki Salmon	✓	A1, A2			✓		✓	✓																
Hot Wraps									_				_											
Hot grilled Beef	✓	A1, A2		✓			✓	✓				✓					✓	✓	√	✓				
Hot Chicken Teriyaki	✓	A1, A2					✓	✓																✓
Hot Veggie Honey Mustard	✓	A1, A2					✓	✓				✓						✓				✓		✓
Grilled Flatbread									_				-											
Pesto Chicken	✓	A1, A2						1									√	1						√
Grilled vegetables Mozzarella	√	A1, A2					✓	1										1				✓		√
Olive Sheep Cheese	✓	A1, A2						✓														✓		√
Creamy Coriander Avocado	✓	A1, A2						✓									✓	✓				✓		√
Curries																								
Mango Chicken Curry						✓	✓						V	Info	rmation o		/							√
Mango planted.chicken Curry						1	1						1	OUT CUT	curries: ries are se		1	✓				✓	1	1
Yellow Avocado Curry	✓	A1					1						1	ses	ame seeds	. The	✓	1				√	✓	√
Red Thai Chicken Curry							✓				✓		1		sion of ses		1	1						√
Red Thai planted.chicken Curry							✓				✓		1		ed upon re er please m		✓	✓				✓	✓	√
Asian Beef Curry						✓					✓		1		rm us befo		✓	✓		√				√



	Aller	rgens													Maybe undesirable						Suitable for			
	Indication	Gluten	Crusta-	Egg	Fish	Peanut	Soy	Milk		ole Nuts	Cerlery	S Mustard	Sesame	Lupines	Molluscs	S0 ₂	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant
Breakfast Toast & Egg	IS		ceans																					women
Vegan Avocado Toast	√	A1, A2, A3											✓									✓	✓	√
Avocado Toast with Sunny side up	1	A1, A2, A3		√									1									1		1
Hummus Toast with sheep cheese	1	A1, A2, A3						✓					1				✓					1		√
Hummus Toast mit Sheep cheese and eg	g 🗸	A1, A2, A3		✓				✓					✓				✓					✓		✓
Salmon Avocado Toast	✓	A1, A2, A3			✓								✓											
Salmon Avodaco Toast with Sunny side u	ıp 🗸	A1, A2, A3		√	✓								✓											
Quinoa Breakfast Bow	/ *withou	ut bread																	-					
Salsa & Egg Bowl				✓													✓	✓				✓		√
Sweets															_									
Bircher Muesli	✓	A4						✓	✓	H1, H2												✓		✓
Mango Coconutmilkrice								✓														<u>√</u>		✓
Homemade Smoothie	Bowls	S													•									
Açaí Bowl	✓	A3, A4, A5							✓	H1, H4												1	1	✓
Tropical Mango Bowl	✓	A3, A5							√	H1, H4												√	1	✓
Chocolat Banana Bowl	✓	A4																				√	1	✓
Warm Porridge																								
Mango Grape	✓	A4																				√	✓	1
Granola Apple	✓	A3, A4, A5							1	H1, H4												√		✓
Apple Cinnamon	✓	A4							✓	НЗ												√	1	✓
Coffee															•				_					
Espresso / Doppio / Coffee	No alle	ergens inclu	ıded																			1	1	1
Espresso Macchiato								✓														1		✓
Espresso Macchiato with oatdrink	No alle	ergens inclu	ıded																			√	1	✓
Cappuccino								✓														1		✓
Cappuccino with oatdrink	No alle	ergens inclu	ıded																			✓	1	✓
Flat White								✓														✓		✓
Flat White with oatdrink	No alle	ergens inclu	ıded																			✓	✓	✓
Latte Macchiato								✓														✓		✓
Latte Macchiato with oatdrink	No alle	ergens inclu	ıded																			✓	✓	✓
Caffè Latte								✓														✓		✓
Caffè Latte with oat drink	No alle	ergens inclu	ıded																			✓	✓	✓
Chai Latte								✓														✓		✓
Chai Latte with oatdrink		ergens inclu																				✓	✓	√
Mint tea	No alle	ergens inclu	ıded																			✓	1	✓



	Aller	gens													Mayb	e und	lesiral	ble		Sui	table	for		
)!					報報	600					ı s				SO ₂	5		9				Y	8
	G		Crusta-	Egg		Peanut	Soy	Milk	L .	ole Nuts	Cerlery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pig	Vegetarian	Vegan	Pregnant
Cake, Muffins, Croissa	nts	Code	ceans						Indication	Code														women
Blueberry Muffin	✓	A1		✓				1														✓		—
Double Chocolate Muffin	√	A1					1															✓	1	· /
Carrot Cake	· /	A1		√				1	1	H3, H7												✓	Ť	· /
Bananabread	√	A1, A4							1	H1, H2, H3												1	1	√
Raspberry Almond Brownie				✓			1	✓	1	H1, H2												1		✓
Croissant	✓	A1																				<u>√</u>	1	√
Pain au chocolat	✓	A1					✓															✓	1	√
Lemonade																								
Ginger Lemongras	No alle	rgens inclu	ded																			1	1	✓
Smoothies																								
Açaí Sunrise	No alle	rgens inclu	ded																			1	1	—
Green Machine		rgens inclu																				✓	1	· /
Mango Passion		rgens inclu																				1	1	· /
Wine and Secco																								
Soave DOC Classico																✓			✓			✓		
Farnese Primitivo																✓			1			√		
Silver Veneto Frizzante																√			1			✓		
Hugo																✓			✓			✓		
Aperol Spritz (2,17)																✓			✓			✓		
Aperol Tonic (2,17)	No alle	rgens inclu	ded																✓			✓		
Lillet Wild Berry																✓			✓			✓		
Lillet Vive (17)																✓			✓			✓		
Gin Tonic (17)	No alle	rgens inclu	ded																✓			✓		
Crodino Spritz (2,17)																✓						✓		✓
Additional Specials	Special																							
Cesar Chicken Wrap, whole	1	A1, A2		✓			✓	✓				✓					✓							√
Falafel Mezze Wrap, whole	✓	A1, A2											✓				✓	✓				✓	✓	✓
Veggie Goat Wrap, whole	\checkmark	A1, A2					✓	✓	✓	Н3		✓						✓				✓		✓
Japanese Salmon Wrap, whole	\checkmark	A1, A2			✓		✓	✓																
Italian Pasta Bowl	✓	A1						✓				✓										✓		✓
Burrata Pasta Bowl	✓	A1						✓	✓	Н3		✓												
Kebab Bowl	1	A4							\checkmark	H1		✓	✓ _			✓		✓				✓	✓	✓
Seasonals	onals																							
Chicken Tikka Curry							✓	✓					✓					✓				✓		✓
Green Caesar Salad with Dressing	✓	A1					✓.					✓	✓				✓	✓	1			✓	✓.	
Green Caesar Salad without Dressing	✓	A1					✓						✓				✓	✓.				✓	✓	✓
Korean BBQ Chicken Bowl	✓	A1					✓						✓				✓	✓						✓
Korean BBQ planted.chicken Bowl	✓	A1					✓						✓				✓	✓				✓	✓	✓
Korean BBQ Beef Bowl	✓	A1					✓_						✓				✓	✓						✓
Bulgogi Sauce	\checkmark	A1					✓										✓					✓	✓	✓

2: With Colourants 17: Contains Quinine