

dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria- Switzerland

















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The dean&david allergen guide provides information on which allergens are contained in our range. In addition, any undesirable ingredients such as garlic and onions are also labelled and it is clear whether the products are vegetarian or vegan and whether they are suitable for pregnant women.

Not all products are available in all stores.

The nutritional values, allergens and product information in the respective store apply.





The following allergenes are marked:

 Grains containing gluten and products thereof: <ul style="list-style-type: none">- wheat (A1)- rye (A2)- barley (A3)- oat (A4)- spelt (A5)- khorasan (A6)- hybridised strains	 Edible nuts and products thereof: <ul style="list-style-type: none">- Almond (H1)- Hazelnut (H2)- Walnut (H3)- Cashew (H4)- Pecan nut (H5)- Brazil nut (H6)- Pistachio (H7)- Macadamia nut (H8)
 Crustaceans and products thereof	 Celery and products thereof
 Eggs and products thereof	 Mustard and products thereof
 Fish and products thereof	 Sesame and products thereof
 Peanuts and products thereof	 Lupines and products thereof
 Soy and products thereof	 Molluscs and products thereof
 Milk and products thereof (lactose included)	 Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l



Note to possible cross-contamination:

The allergen information refers exclusively to the 14 major allergens known to cause allergic reactions. An allergen is listed only if it is explicitly used as an ingredient in the recipe. However, please note that cross-contamination with other major allergens mentioned cannot be ruled out during the production of ingredients and the preparation of our dishes. These potential cross-contaminations **are not** separately indicated.

 vegetarian: no meat, no fish, but eggs and dairy goods	 vegan: no animal products, no animal fat or honey
 We divide our degree of spiciness into: ✓ : mild ✓✓ : medium ✓✓✓ : hot	 Suitable: - for pregnant women

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Allergens

Gluten		Crustaceans		Egg	Fish	Peanut	Soy	Milk	Edible Nuts		Celery	Mustard	Sesame	Lupines	Molluscs	SO ₂
Indication	Code	Indication	Code						Indication	Code						Sulfites

Maybe undesirable

Garlic	Onion	Alcohol	Beef
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Suitable for

Spiciness	Vegetarian	Vegan	Pregnant women
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Salads *without dressing + without bread

Side Salad without dressing	No allergens included																✓	✓	✓
Side Salad with dressing					✓			✓			✓						✓	✓	✓
Salmon Spring without dressing					✓			✓											
Salmon Spring with dressing					✓			✓			✓								
Big Easy Beef without dressing						✓	✓					✓							✓
Big Easy Beef with Dressing						✓	✓					✓							✓
Caesar Chicken without dressing	✓	A1		✓			✓	✓				✓							✓
Caesar Chicken with dressing	✓	A1		✓			✓	✓				✓							✓
Chicken Vitality without dressing				✓				✓				✓							✓
Chicken Vitality with dressing				✓				✓				✓							✓
Avocado Halloumi without dressing	✓	A1						✓				✓						✓	✓
Avocado Halloumi with dressing	✓	A1						✓				✓						✓	✓
Falafel Tahini without dressing													✓					✓	✓
Falafel Tahini with dressing	✓	A1					✓						✓					✓	✓
Good Greens without dressing									✓	H3								✓	✓
Good Greens with dressing									✓	H3		✓						✓	✓
Paris without dressing								✓	✓	H3								✓	✓
Paris with dressing								✓	✓	H3		✓						✓	✓

Salads Prepacked (EXPRESS)

Caesar Classic - prepacked				✓				✓									✓	✓	✓
Vitality mit Dressing				✓				✓				✓						✓	✓

Dressings

Honey Mustard							✓				✓							✓	✓
Caesar vegan							✓				✓							✓	✓
Rocket											✓							✓	✓
Balsamico Maple											✓							✓	✓
Tahini Lemon	✓	A1					✓						✓					✓	✓

Bread

Freshly Baked Bread	✓	A1, A2, A3											✓					✓	✓
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Mix Your Own

Basis - Salad Mix	No allergens included																✓	✓	✓
Bowl Basis - Quinoa Rice Mix	No allergens included																✓	✓	✓
Bowl Basis - Jasmine rice	No allergens included																✓	✓	✓
Basic - Pear	No allergens included																✓	✓	✓
Basic - Crunchy Onions	✓	A1																✓	✓
Basic - Croûtons	✓	A1																✓	✓
Basic - Edamame							✓											✓	✓
Basic - Peanuts						✓												✓	✓
Basic - Egg (free range)				✓														✓	✓
Basic - Spring Onions	No allergens included																✓	✓	✓

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**Suitable for**

Spiciness Vegetarian Vegan Pregnant women

[illegible][illegible]

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Allergens

Gluten		Crustaceans		Egg	Fish	Peanut	Soy	Milk	Edible Nuts		Celery	Mustard	Sesame	Lupines	Molluscs	SO ₂
Indication	Code								Indication	Code						

Maybe undesirable

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Sandwiches

Avocado Mozzarella	✓	A1, A2, A3					✓	✓					✓			
Chicken Avocado	✓	A1, A2, A3					✓	✓					✓			
Vegan Sweet Potato	✓	A1, A2, A3					✓				✓		✓			
Grilled Veggie	✓	A1, A2, A3					✓	✓					✓			

✓	✓		
✓	✓	✓	
✓	✓		

	✓		✓
	✓	✓	✓
	✓	✓	✓

Wraps

Caesar	✓	A1, A2		✓			✓	✓				✓				
Paris	✓	A1, A2					✓	✓	✓	H3		✓				
Vegan Falafel	✓	A1, A2					✓						✓			
Teriyaki Salmon	✓	A1, A2			✓		✓	✓					✓			

✓		✓	
✓	✓		
✓	✓		

	✓		✓
	✓	✓	✓
	✓	✓	✓

Hot Wraps

Hot grilled Beef	✓	A1, A2		✓			✓	✓				✓				
Hot Chicken Teriyaki	✓	A1, A2					✓	✓					✓			
Hot Veggie Honey Mustard	✓	A1, A2					✓	✓				✓				

✓	✓	✓	✓
✓	✓		
✓	✓		

			✓
			✓
✓			✓

Grilled Flatbread

Pesto Chicken	✓	A1, A2					✓	✓					✓			
Grilled vegetables Mozzarella	✓	A1, A2					✓	✓					✓			
Olive Sheep Cheese	✓	A1, A2						✓								
Creamy Coriander Avocado	✓	A1, A2						✓								

✓	✓		
✓	✓		
✓	✓		

			✓
	✓		✓
	✓		✓

Curries

Mango Chicken Curry						✓	✓						✓			
Mango planted.chicken Curry						✓	✓						✓			
Yellow Avocado Curry	✓	A1					✓						✓			
Red Thai Chicken Curry							✓						✓			
Red Thai planted.chicken Curry							✓						✓			
Asian Beef Curry						✓	✓						✓			

Information on our curries:
our curries are served with sesame seeds. The exclusion of sesame is offered upon request, however please make sure to inform us beforehand.

✓			
✓	✓		
✓	✓		
✓	✓		
✓	✓		
✓	✓		✓

✓			✓
✓	✓	✓	✓
✓	✓	✓	✓
✓	✓	✓	✓
✓	✓	✓	✓
✓	✓	✓	✓

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Allergens

Maybe undesirable

Suitable for

																								
	Indication	Code	Crustaceans	Egg	Fish	Peanut	Soy	Milk	Indication	Code	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Spiciness	Vegetarian	Vegan	Pregnant women
XL planted.chicken ' Egg Bowl	✓	A1		✓			✓						✓									✓		✓
XL Protein Power Bowl													✓									✓	✓	✓
XL Chicken Protein Power Bowl													✓											✓
San Sebastian Cheesecake	✓	A1		✓				✓																✓
Apple Tarte ^(?)	✓	A1		✓				✓	✓	H1												✓		✓
Banana Walnut Bread	✓	A1		✓				✓	✓	H3												✓		✓

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Suitable for

							
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Seasonals

2: with colourants
6: with nitrite curing salt
7: with antioxidant
11: with phosphate
17: contains quinine