dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria- Switzerland



The dean&david allergen guide provides information on which allergens are contained in our range. In addition, any undesirable ingredients such as garlic and onions are also labelled and it is clear whether the products are vegetarian or vegan and whether they are suitable for pregnant women.

Not all products are available in all stores.

The nutritional values, allergens and product information in the respective store apply.

The following allergenes are marked:

<u>پیپی</u> ر	Grains containing gluten and products thereof: - wheat (A1) - rye (A2) - barley (A3) - oat (A4) - spelt (A5) - khorasan (A6) - hybridised strains		Edible nuts and products thereof: - Almond (H1) - Hazelnut (H2) - Walnut (H3) - Cashew (H4) - Pecan nut (H5) - Brazil nut (H6) - Pistachio (H7) - Macadamia nut (H8)
	Crustaceans and products thereof	S	Celery and products thereof
	Eggs and products thereof	S	Mustard and products thereof
	Fish and products thereof	~~~	Sesame and products thereof
H.H.	Peanuts and products thereof	*	Lupines and products thereof
1	Soy and products thereof	R	Molluscs and products thereof
	Milk and products thereof (lactose included)	SO ₂	Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l



Note to possibel cross-contamination:

The allergen information refers exclusively to the 14 major allergens known to cause allergic reactions. An allergen is listed only if it is explicitly used as an ingredient in the recipe. However, please note that cross-contamination with other major allergens mentionend cannot be ruled out during the production of ingredients and the preparation of our dishes. These potential cross-contaminations **are not** separately indicated.

	vegetarian: no meat, no fish, but eggs and dairy goods	vegan: no animal products, no animal fat or honey
>	We divide our degree of spiciness into: ✓ : mild ✓✓: medium ✓✓<: hot	\$ Suitable: - for pregnant women

Allergens Maybe undesirable Suita	ble for
Image: Solution Course- Egg Fish Peanut Soy Milk Indication Code Certery Mustard Sesame Lupines Molluscs Suffice Garlic Onion Alcohol Beef Spiciness Vegetarian	egan Pregnant
Salads *without dressing + without bread	women
Side Salad without dressing No allergens included Image: Constraint of the second sec	\checkmark \checkmark
Side Salad with dressing Image: Constraint of the second	• •
Salmon Spring with dressing	
	√
	v v
Big Easy Beef with Dressing Image: All and All a	▼ ▼
	•
	✓
	· ·
	· ·
Avocado Halloumi with dressing	· ·
Falafel Tahini without dressing	✓ ✓
Falafel Tahini with dressing	\checkmark
Good Greens without dressing	✓ ✓
Good Greens with dressing	✓ ✓
Paris without dressing	✓
Paris with dressing	✓
Salads Prepacked (EXPRESS)	
Caesar Classic - prepacked	✓
Vitality mit Dressing	✓
Dressings	
Honey Mustard	1
Caesar vegan	√
	\checkmark
Balsamico Maple	
Tahini Lemon 🖌 A1 🖌 Katalan Kata	v v
Freshly Baked Bread	\checkmark
Mix Your Own	•
Basis - Salad Mix No allergens included	\checkmark
Bowl Basis - Quinoa Rice Mix No allergens included	✓ ✓
Bowl Basis - Jasmine rice No allergens included	✓ ✓
Basic - Pear No allergens included	✓ ✓
Basic - Crunchy Onions 🖌 A1 A1	✓ ✓
Basic - Croûtons 🖌 A1	✓ ✓
Basic - Edamame	✓ ✓
Basic - Peanuts	 ✓
Basic - Egg (free range)	✓
Basic - Spring Onions No allergens included	✓ ✓





Allergens

Maybe undesirable

Suitable for



Mix Your Own

Mix Your Own																		
Basic - Pomegranate Seeds	No allerger	ns incl <mark>ud</mark>	ed													✓	- ✓	
Basic - Cucumber	No allerger	ns incl <mark>ud</mark>	ed													✓	 ✓ 	
Basic - Carrots	No allerger	ns incl <mark>ud</mark>	ed													✓	 ✓ 	
Basic - Cherry Tomatoes	No allerger	ns incl <mark>ud</mark>	ed													✓	-	\checkmark
Basic - Pumpkin	No allerger	ns incl <mark>ud</mark>	ed													✓	-	
Basic - Pumpkin and Sunflower Seed Mix	No allerger	ns incl <mark>ud</mark>	ed													✓	 ✓ 	
Basic - Mango	No allerger	ns incl <mark>ud</mark>	ed													✓	 ✓ 	\checkmark
Basic - Miso Mayo	🖌 A1				 ✓ 				✓					- ✓		✓	 ✓ 	
Basic - Olive Tapenade	No allerger	ns incl <mark>ud</mark>	ed													✓	 ✓ 	✓
Basic - Bell Pepper	No allerger	ns incl <mark>ud</mark>	ed													✓	1	\checkmark
Basic - Lingonberries	No allerger	ns incl <mark>ud</mark>	ed													 ✓ 	 ✓ 	 ✓
Basic - Red Cabbage marinated	No allerger	ns incl <mark>ud</mark>	ed													✓	✓	
Basic - Beetroot	No allerger	ns incl <mark>ud</mark>	ed													✓	 ✓ 	
Basic - Walnuts							 ✓ 	НЗ								✓	✓	
Basic - Grapes	No allerger	ns incl <mark>ud</mark>	ed													✓	✓	
Extra - Avocado	No allerger	ns incl <mark>ud</mark>	ed													✓	✓	
Extra - Green Falafel	No allerger	ns incl <mark>ud</mark>	ed									- ✓	✓			✓	✓	
Extra - Gran Soresina (ital. hard cheese)						✓										✓		\checkmark
Extra - Grilled Vegetables	No allerger	ns incl <mark>ud</mark>	ed										✓			✓	 ✓ 	
Extra - Hummus										 ✓ 		 ✓ 				✓	 ✓ 	
Extra - Halloumi						✓										✓		\checkmark
Extra - Grilled Chicken Breast Stripes	No allerger	ns incl <mark>ud</mark>	ed															\checkmark
Extra - Salmon (Norwegian)				- ✓														
Extra - planted.chicken (from July 24)	No allerger	ns incl <mark>ud</mark>	ed													✓	 ✓ 	\checkmark
Extra - Roast Potatoes	No allerger	ns incl <mark>ud</mark>	ed													✓	1	\checkmark
Extra - Beef Stripes	No allerger	ns incl <mark>ud</mark>	ed									- ✓	1		1			\checkmark
Extra - Sheep's Cheese						✓										✓		\checkmark
Extra - Sweet Potato Slices	No allerger	ns incl <mark>ud</mark>	ed													✓	1	\checkmark
Extra - Goat's Cheese						✓										✓		





Allergens

Maybe undesirable

Suitable for

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	Indicatio							Edil	ole Nuts				Sulfites	Garlic	Onion	Alcohol	Beef	Spiciness	Vegetarian	Vegan	Pregnant
Bowls	Indicatio		ceans					Indication													women
California Poke Bowl with sauce	 ✓ 	A1		 ✓ 		1				✓	✓				1	\checkmark					
California Poke Bowl without sauce	✓	A1		· ·		· ·				✓	· ·				✓	 √					
Salmon Avocado with sauce	1	A1		1		1	✓			1	1				1						
Salmon Avocado without sauce	1	A1		1		1					1				1						
Japanese Beef Bowl with sauce	1	A1	-		✓	1				✓				✓	1	1	✓				
Japanese Beef Bowl without sauce	1	A1			1	1								✓	1	1	· •				
Crunchy Chicken with sauce	1	A1				1	✓			✓	1				✓						✓
Crunchy Chicken without sauce	1	A1				1									✓						✓
Chicken Teriyaki Bowl with sauce	1	A1				1					1				✓						-
Chicken Teriyaki Bowl without sauce											1				✓						-
Avocado Chicken Bowl with sauce											1				✓						-
Avocado Chicken Bowl without sauce	No alle	ergens inc	cluded												✓						✓
Vegan Falafel Bowl with sauce											✓			✓	✓				✓	-	✓
Vegan Falafel Bowl without sauce											✓			✓	✓				✓	-	✓
Veggie Buddha Bowl with sauce	1	A1				✓	✓	✓	НЗ	✓	✓				✓				✓		✓
Veggie Buddha Bowl without sauce						✓		✓	НЗ						✓				✓	 ✓ 	✓
Quinoa Rice Mix Base	No alle	ergens inc	cluded																✓	 ✓ 	✓
Jasmin Rice Base	No alle	ergens ind	cluded																✓	 ✓ 	-
Cold Bowls												_									
Black Rice Crunchy Chicken Bowl	✓	A1				- ✓	✓			✓	- ✓				✓						1
Black Rice Salmon Avocado Bowl	1	A1		 Image: A start of the start of		1	1			✓	1				✓						
Black Rice Avocdao Chicken Bowl											1										✓
Vegan Falafel Bulgur Bowl	1	A1				✓					1			✓	✓				✓	-	-
Veggie Buddha Bulgur Bowl	✓	A1				✓	✓	✓	H3	✓	✓				✓				✓		1
Bowl Sauces																					
Spicy Ginger Sauce	 ✓ 	A1				✓										\checkmark		\checkmark	✓	- 🗸	
Soy Sesame Sauce	1	A1				1	✓			✓	✓							\checkmark	✓		1
Teriyaki Sauce	✓	A1				✓													✓	-	 Image: A start of the start of
Lemon Herbs Sauce											 Image: A second s								✓	1	-
Kids Menü																					
Mini Falafel Plate	 ✓ 	A1, A2, A3	3								 ✓ 			 ✓ 	✓				✓	✓	1
Mini Chicken Bowl					✓	1				✓					1						1
L																					<u></u>

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	Aller	gens															Mayb	e uno	desira	ble		
			Cores			AT THE	1990 - C	-	Edible		5	s	~~	*	ي.	SO ₂	Ś,		Y		Ż	
	GI								Indication			Mustard				Sulfites	Garlic	Onion	Alcohol	Beef	Spiciness	Veg
dwiches			ceans																			
Avocado Mozzarella	 ✓ 	A1, A2, A3					 ✓ 	√					 ✓ 					✓				
Chicken Avocado	✓	A1, A2, A3					✓	✓					✓				\checkmark	✓				
Vegan Sweet Potato	✓	A1, A2, A3					 ✓ 					✓	 ✓ 					✓	✓			
Grilled Veggie	✓	A1, A2, A3						✓					 ✓ 				 ✓ 	✓				
ips																						
Caesar	√	A1, A2		✓			 ✓ 	✓				✓					 ✓ 		 ✓ 			
Paris	✓	A1, A2						✓	 ✓ 	H3		√						✓				
Vegan Falafel	 ✓ 	A1, A2											 ✓ 				 ✓ 	✓				
Teriyaki Salmon	✓	A1, A2			 ✓ 		 ✓ 	✓														
Wraps																						
Hot grilled Beef	 ✓ 	A1, A2		✓			 ✓ 	✓				✓					 ✓ 	✓	 ✓ 	✓		

Hot Wraps																		
Hot grilled Beef	 ✓ 	A1, A2	✓		- ✓	✓		✓			 ✓ 	✓	\checkmark	✓				
Hot Chicken Teriyaki	 ✓ 	A1, A2			 ✓ 	- ✓												✓
Hot Veggie Honey Mustard	 ✓ 	A1, A2			 ✓ 	✓		✓				✓				1		✓
Grilled Flatbread																		
Pesto Chicken	 ✓ 	A1, A2				✓					 ✓ 	✓						✓
Grilled vegetables Mozzarella	 ✓ 	A1, A2			 ✓ 	✓						✓				✓		✓
Olive Sheep Cheese	 ✓ 	A1, A2				✓										✓		✓
Creamy Coriander Avocado	 ✓ 	A1, A2				- ✓					 ✓ 	✓				✓		✓
Curries											1.							
Mango Chicken Curry				✓	 ✓ 					ation on our arries:	\checkmark				\checkmark			✓
Mango planted.chicken Curry				✓	 ✓ 					are served with	✓	✓			\sim	✓	 ✓ 	✓
Yellow Avocado Curry	 ✓ 	A1			- ✓				sesam	e seeds. The	✓	√			\checkmark	✓	 ✓ 	✓
Red Thai Chicken Curry					 ✓ 			\checkmark		n of sesame is upon request,	 ✓ 	√			\checkmark			✓
Red Thai planted.chicken Curry					 ✓ 			\checkmark	however p	lease make sure	 ✓ 	1			$\sqrt{\sqrt{\sqrt{2}}}$	1	\checkmark	✓
Asian Beef Curry				√	 ✓ 				to inform	us beforehand.	✓	1		1	$\sqrt{\sqrt{\sqrt{2}}}$			✓



Pregnant women

✓

√

√

Suitable for

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Sandwiches

Wraps

•					de	valid for	Germany	- Luxem	ibourg - A		ervi	ew										de	ean &	, davic
	Aller	gens															Mayb	oe und	lesira	ble		Sui	itable	for
									Y															
	ال ا		œ	\bigcirc		H H		-				s		- 4	ي بي ال	SO ₂	Q.				Ĵ			6
	G				Fish	Peanut					Cerlery					Sulfites	Garlic	Onion	Alcohol	Beef	Spiciness	Vegetarian	Veqan	Pregnant
Breakfast Toast & Egg	Indication	Code	ceans						Indication	Code														women
Vegan Avocado Toast	1	A1, A2, A3							_		_		✓ ✓									√	✓	✓ ✓
Avocado Toast with Sunny side up	\checkmark	A1, A2, A3		✓				-					× 				-				-	✓ ✓		✓ ✓
Hummus Toast with sheep cheese		A1, A2, A3 A1, A2, A3		✓				▼ √					✓ ✓				 ✓				-	✓ ✓		▼ ✓
Hummus Toast mit Sheep cheese and egg Salmon Avocado Toast	×	A1, A2, A3 A1, A2, A3		v	1			v	_				✓ ✓				•				_	•		•
Salmon Avocado Toast Salmon Avodaco Toast with Sunny side up	• • •	A1, A2, A3			•				_				•								-			<u> </u>
				•																				L
Quinoa Breakfast Bow	*withou	ut bread																						
Salsa & Egg Bowl				✓													 ✓ 	✓				✓		✓
Sweets																								
Bircher Muesli	 ✓ 	A4						✓	 ✓ 	H1, H2												✓		 ✓
Mango Coconutmilkrice								✓														✓		-
Homemade Smoothie	Bowl	S																						
Açaí Bowl	✓	A3, A4, A5							 ✓ 	H1, H4												1	1	1
Tropical Mango Bowl	✓	A3, A5							1	H1, H4												 ✓		√ √
Chocolat Banana Bowl	✓	A4																				✓	1	-
Warm Porridge																								
Mango Grape	 ✓ 	A4																				1	1	 Image: A start of the start of
Granola Apple	1	A3, A4, A5							✓	H1, H4												· ·		-
Apple Cinnamon		A4							· ·	НЗ											-	· ·	1	1
Coffee																								·
	No allo	rgens incl	udod																				1	✓
Espresso / Doppio / Coffee Espresso Macchiato	No alle	rgens mei	uueu					1		_											-	✓ ✓	v	✓ ✓
Espresso Macchiato with oatdrink	No alle	rgens incl	uded					•													-	✓ ✓	1	✓ ✓
Cappuccino	No une	i geno mei	uucu					1		-												✓ ✓	v	✓
Cappuccino with oatdrink	No alle	rgens incl	uded																			✓ ✓	1	· ✓
Flat White	ite une	. Jens me						1														✓ ✓		· ·
Flat White with oatdrink	No alle	rgens incl	uded																			✓ ✓	1	· •
Latte Macchiato								1														✓ ✓		· •
Latte Macchiato with oatdrink	No alle	rgens incl	uded																			· · ·	1	· ·
Caffè Latte								✓														· ·		1
Caffè Latte with oat drink	No alle	rgens incl	uded																			✓	1	✓
Chai Latte								√														1		✓
Chai Latte with oatdrink	No alle	rgens incl	uded																			✓	1	✓
Mint tea	No alle	rgens incl	uded																			✓	1	✓
Iced Strawberry Matcha Latte milk								✓														✓		✓
Iced Strawberry Matcha Latte oatmilk	No alle	rgens incl	uded																			✓	1	✓
Iced Matcha Latte milk								✓														 ✓ 		1
Iced Matcha Latte oatmilk	No alle	rgens incl	uded																			 ✓ 	1	✓

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	Aller	gens															May	be und	lesira	ble		Sui	table	for
	و	Let a	œ			HH		-	Ć		5	L s	~		J.	S0 ₂	6				Ż			\$
	G		Crusta-					Milk						Lupines			Garlic	Onion	Alcohol	Beef	Spiciness	Vegetarian	Vegan	Pregnant
Cake, Muffins, Croissa	ants																							nomen
Blueberry Muffin	 ✓ 	A1		✓				✓														✓		✓
Double Chocolate Muffin	 ✓ 	A1					 ✓ 															\checkmark	 ✓ 	✓
Carrot Cake	 ✓ 	A1		✓				✓	 ✓ 	H3, H7												✓		✓
Bananabread	✓	A1, A4							1	H1, H2, H	3											✓	✓	✓
Raspberry Almond Brownie	,			✓			✓	✓	✓	H1, H2	_											 ✓ 		 ✓
Croissant	✓	A1									_											 ✓ 	✓	- 1
Pain au chocolat	 ✓ 	A1					✓															✓	- ✓	
Lemonade																								
Ginger Lemongras	No alle	rgens inc	luded																			✓	 ✓ 	 ✓
Smoothies																								
Acaí Sunrise	No alle	rgens inc	luded																			1	1	-
Green Machine		rgens inc																				· ✓	1	· ·
Mango Passion		rgens inc																				· ·	1	✓ ✓
Wine and Secco		J																						
Soave DOC Classico																✓ ✓			✓ ✓			 ✓ 		
Farnese Primitivo Silver Veneto Frizzante	_															 ✓			 ✓ 			1		
Hugo	_															↓			✓ ✓			✓ ✓		
Aperol Spritz (2,17)																✓ ✓			¥ ✓			 ✓		
Aperol Tonic (2,17)	No alle	rgens inc	luded													•			✓ ✓			 ✓		
Lillet Wild Berry	no une	i geno ine	laaca			-		_		_						✓						 ✓		
Lillet Vive (17)											_					· •			√			 ✓		
Gin Tonic (17)	No alle	rgens inc	luded																· ·			· · · · · · · · · · · · · · · · · · ·		
Crodino Spritz ^(2,17)		J														✓						· •		-
Additional Specials	Special																							
Cesar Chicken Wrap, whole		A1, A2		1				✓				1					1							✓
Falafel Mezze Wrap, whole	✓ ✓	A1, A2		•			•	v			-	•	1				✓ ✓	1				✓	1	 ∕
Veggie Goat Wrap, whole	→	A1, A2					1	-	~	НЗ		✓					•	 ✓				 ✓	v	↓
Japanese Salmon Wrap, whole	→	A1, A2			√		· ·	→	· · ·	пэ		•						v				•		
Italian Pasta Bowl	· ·	A1			- · ·			· •			_	✓										✓		-
Burrata Pasta Bowl	· ✓	A1							√	H3		· ✓												↓
Little Italy Snack Bowl with Sauce		A1						· •	· ·	НЗ		· •					✓	1				✓		-
Mediteraner Feta Snack Salad with Dress								· ·				· •										\checkmark		· •
All Day Breakfast Bowl with Sauce				✓				✓									1	1			$\sqrt{}$	✓		✓
Ham (6,7,11) & Cheese Flatbread	✓	A1, A2						✓																✓
Red Berry Yoghurt	 ✓ 	A4, A5						✓														✓		✓
Ocean Smoothie Bowl	 ✓ 	A4, A5																				✓	 ✓ 	- ✓
Acai Smothie Bowl	 ✓ 	A4. A5																				 ✓ 	 ✓ 	✓
Peanut Chocolate Banana Overnight Oats		A4				✓							 ✓ 									✓	\checkmark	✓
Golden Milk Overnight Oats	 ✓ 	A4						✓														✓		✓
-								✓																
Cinnamon Swirl Cranberry Porridge Bread	\checkmark	A1 A1, A4		\checkmark				v	√	НЗ												✓ ✓		✓ ✓ ✓







Allergens

Maybe undesirable

Suitable for

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		luten	Corpo	0	HI H		•) Die Nuts	S	L S	~	*	Je	SO ₂	L.		7		Ż			\$
	Indication		Crusta-			Soy		Indication					Lupines		Sulfites	Garlic	Onion	Alcohol	Beef	Spiciness	Vegetarian	Vegan	Pregnant women
Seasonals Season	nals																						
Melon Summer with Dressing							 ✓ 									 ✓ 	√						✓
Melon Summer without Dressing							✓																✓
Melon Summer planted Chicken with Dress	ing						✓									- ✓	✓				✓		✓
Melon Summer planted Chicken without D	ressing						✓														✓		✓
Lime Dressing	No aller	rgens incl	uded																		✓	 ✓ 	✓
Kebab Bowl planted with Sauce	 ✓ 	A4						 ✓ 	H1		✓	 ✓ 			✓	 ✓ 	✓				✓	 ✓ 	✓
Kebab Bowl planted without Sauce												 ✓ 			✓	 ✓ 	✓				✓	 ✓ 	✓
Kebab Bowl Beef with Sauce	 ✓ 	A4						✓	H1		✓	- ✓			✓	 ✓ 	✓						✓
Kebab Bowl Chicken with Sauce	 ✓ 	A4						 ✓ 	H1		✓	- ✓			✓	 ✓ 	✓						✓
Kebab Bowl planted.chicken with Sauce	 ✓ 	A4						✓	H1		✓	- √			✓	 ✓ 	✓				✓	 ✓ 	✓
MinzDip	No aller	rgens incl	uded													 ✓ 					✓	 ✓ 	✓
Kebab Sauce	 ✓ 	A4						 ✓ 	H1		✓					- ✓					✓	-	✓
Pumpkin Goatcheese Salad with Dressing							✓	✓	нз		✓										✓		✓
Pumpkin Goatcheese Salad without Dressi	ng						✓	✓	нз												✓		✓
Walnut-Honey Dressing								✓	нз		✓										✓		✓
Yellow Pumpkin Curry												 ✓ 				 ✓ 	✓			\checkmark	✓	 ✓ 	✓
Yellow Pumpkin Chicken Curry												1				1	✓			1			✓
Yellow Pumpkin planted.chicken Curry												1				1	✓			1	✓	-	✓
Yellow Pumpkin Beef Curry												1				1	✓			1			✓

2: with colourants

6: with nitrite curing salt

7: with antioxidant

11: with phosphate

17: contains quinine