

# dean&david Allergen-Liste

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Die dean&david Allergenliste gibt Auskunft darüber, welche Allergene in unserem Angebot enthalten sind. Außerdem werden zusätzlich eventuell unerwünschte Zutaten wie beispielsweise Knoblauch und Zwiebeln gekennzeichnet und es ist ersichtlich, ob es sich um vegetarische oder vegane Produkte handelt und ob sie für Schwangere geeignet sind.

Nicht alle Produkte sind in allen Stores erhältlich.

Es gelten die Nährwerte, Allergene und Produktinformationen im jeweiligen Store.

## Folgende Allergene werden gekennzeichnet:

|                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                         |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <b>Glutenhaltige Getreide</b><br>und daraus hergestellte Erzeugnisse: <ul style="list-style-type: none"> <li>- Weizen (A1)</li> <li>- Roggen (A2)</li> <li>- Gerste (A3)</li> <li>- Hafer (A4)</li> <li>- Dinkel (A5)</li> <li>- Kamut (A6)</li> <li>- Hybridstämme davon</li> </ul> |  <b>Schalenfrüchte</b><br>und daraus hergestellte Erzeugnisse: <ul style="list-style-type: none"> <li>- Mandeln (H1)</li> <li>- Haselnüsse (H2)</li> <li>- Walnüsse (H3)</li> <li>- Kaschunüsse (Cashew) (H4)</li> <li>- Pecannüsse (H5)</li> <li>- Paranüsse (H6)</li> <li>- Pistazien (H7)</li> <li>- Macadamianüsse (H8)</li> </ul> |
|  <b>Krebstiere</b><br>und daraus gewonnene Erzeugnisse                                                                                                                                                                                                                                |  <b>Sellerie</b><br>und daraus gewonnene Erzeugnisse                                                                                                                                                                                                                                                                                   |
|  <b>Eier</b><br>und daraus gewonnene Erzeugnisse                                                                                                                                                                                                                                      |  <b>Senf</b><br>und daraus gewonnene Erzeugnisse                                                                                                                                                                                                                                                                                       |
|  <b>Fische</b><br>und daraus gewonnene Erzeugnisse                                                                                                                                                                                                                                   |  <b>Sesamsamen</b><br>und daraus gewonnene Erzeugnisse                                                                                                                                                                                                                                                                                |
|  <b>Erdnüsse</b><br>und daraus gewonnene Erzeugnisse                                                                                                                                                                                                                                |  <b>Lupinen</b><br>und daraus gewonnene Erzeugnisse                                                                                                                                                                                                                                                                                  |
|  <b>Sojabohnen</b><br>und daraus gewonnene Erzeugnisse                                                                                                                                                                                                                              |  <b>Weichtiere</b><br>und daraus gewonnene Erzeugnisse                                                                                                                                                                                                                                                                               |
|  <b>Milch</b><br>und daraus gewonnene Erzeugnisse<br>(einschließlich Laktose)                                                                                                                                                                                                       |  <b>Schwefeldioxid und Sulphite</b><br>> 10 mg/kg oder 10 mg/l                                                                                                                                                                                                                                                                       |



### Hinweis zu möglichen Kreuzkontaminationen:

Die Angaben zu Allergenen beziehen sich ausschließlich auf die 14 Hauptallergene, die für allergische Reaktionen bekannt sind. Ein Allergen wird angegeben, wenn es ausdrücklich als Bestandteil der Rezeptur verwendet wird. Es ist jedoch zu beachten, dass während der Herstellung der Zutaten und bei der Zubereitung unserer Gerichte Kreuzkontaminationen mit den genannten Hauptallergenen nicht ausgeschlossen werden können. Diese möglichen Kreuzkontaminationen werden **nicht** separat ausgewiesen. Auch Hinweise zu eventuellen enthaltenen Spuren seitens unserer Vorlieferanten werden nicht berücksichtigt.

|                                                                                                                                                                            |                                                                                                                                                                                |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <b>vegetarisch:</b><br><br>Kein Fleisch, kein Fisch,<br>aber Eier und Milchprodukte    |  <b>vegan:</b><br><br>Keine tierischen Erzeugnisse, auch<br>kein tierisches Fett oder Honig |
|  Wir unterteilen unseren<br><b>Schärfegrad</b> in:<br>✓: mild<br>✓✓: medium<br>✓✓✓: hot |  Geeignet für Schwangere                                                                    |

gültig für Deutschland - Österreich - Luxemburg - Schweiz  
gültig bis Dezember 2026



**Geeignet für**

|                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|  |  |  |  |
| Schärfegrad                                                                         | Vegetarier                                                                          | Veganer                                                                             | Schwangere                                                                          |

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## Allergene

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| Hinweis                                                                           | Kürzel                                                                            | Krebstiere                                                                        | Ei                                                                                | Fisch                                                                             | Erdnüsse                                                                          | Soja                                                                              | Milch                                                                               | Schalenfrüchte/ Nüsse                                                               | Sellerie                                                                            | Senf                                                                                | Sesam                                                                               | Lupinen                                                                             | Weichtiere                                                                          | Schwefeldioxid                                                                      |

## evtl. unerwünscht

|  |  |  |  |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Knoblauch                                                                           | Zwiebel                                                                             | Alkohol                                                                             | Rind                                                                                |

## Geeignet für

|  |  |  |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Vegetarier                                                                          | Veganer                                                                             | Schwangere                                                                          |

## Bowls

|                                         |                           |    |  |  |   |   |   |   |    |   |   |  |  |  |
|-----------------------------------------|---------------------------|----|--|--|---|---|---|---|----|---|---|--|--|--|
| California Poke Bowl mit Sauce          | ✓                         | A1 |  |  | ✓ |   | ✓ |   |    | ✓ | ✓ |  |  |  |
| California Poke Bowl ohne Sauce         | ✓                         | A1 |  |  | ✓ |   | ✓ |   |    | ✓ | ✓ |  |  |  |
| Salmon Avocado mit Sauce                | ✓                         | A1 |  |  | ✓ |   | ✓ |   |    | ✓ | ✓ |  |  |  |
| Salmon Avocado ohne Sauce               | ✓                         | A1 |  |  | ✓ |   | ✓ |   |    | ✓ | ✓ |  |  |  |
| Japanese Beef Bowl mit Sauce            | ✓                         | A1 |  |  |   | ✓ | ✓ |   |    | ✓ | ✓ |  |  |  |
| Japanese Beef Bowl ohne Sauce           | ✓                         | A1 |  |  | ✓ |   | ✓ |   |    | ✓ | ✓ |  |  |  |
| Crunchy Chicken Bowl mit Sauce          | ✓                         | A1 |  |  |   | ✓ | ✓ |   |    | ✓ | ✓ |  |  |  |
| Crunchy Chicken Bowl ohne Sauce         | ✓                         | A1 |  |  |   | ✓ | ✓ |   |    | ✓ | ✓ |  |  |  |
| Crunchy planted.chicken Bowl mit Sauce  | ✓                         | A1 |  |  |   | ✓ | ✓ |   |    | ✓ | ✓ |  |  |  |
| Chicken Teriyaki Bowl mit Sauce         | ✓                         | A1 |  |  |   | ✓ | ✓ |   |    | ✓ | ✓ |  |  |  |
| Chicken Teriyaki Bowl ohne Sauce        |                           |    |  |  |   | ✓ | ✓ |   |    | ✓ | ✓ |  |  |  |
| Planted.chicken Teriyaki Bowl mit Sauce | ✓                         | A1 |  |  |   | ✓ | ✓ |   |    | ✓ | ✓ |  |  |  |
| Avocado Chicken Bowl mit Sauce          |                           |    |  |  |   |   |   |   |    |   |   |  |  |  |
| Avocado Chicken Bowl ohne Sauce         | Keine Allergene enthalten |    |  |  |   |   |   |   |    |   |   |  |  |  |
| Vegan Falafel Bowl mit Sauce            |                           |    |  |  |   |   |   |   |    |   | ✓ |  |  |  |
| Vegan Falafel Bowl ohne Sauce           |                           |    |  |  |   |   |   |   |    |   | ✓ |  |  |  |
| Veggie Buddha Bowl mit Sauce            | ✓                         | A1 |  |  |   | ✓ | ✓ | ✓ | H3 | ✓ | ✓ |  |  |  |
| Veggie Buddha Bowl ohne Sauce           |                           |    |  |  |   | ✓ |   | ✓ | H3 |   | ✓ |  |  |  |
| Quinoa Vollkornreis                     |                           |    |  |  |   |   |   |   |    |   |   |  |  |  |
| Jasmin-Duftreis                         |                           |    |  |  |   |   |   |   |    |   |   |  |  |  |

## Cold Bowls

|                                 |   |    |  |  |   |   |   |   |    |   |   |  |  |  |
|---------------------------------|---|----|--|--|---|---|---|---|----|---|---|--|--|--|
| Black Rice Crunchy Chicken Bowl | ✓ | A1 |  |  |   | ✓ | ✓ |   |    | ✓ | ✓ |  |  |  |
| Black Rice Salmon Avocado Bowl  | ✓ | A1 |  |  | ✓ |   | ✓ |   |    | ✓ | ✓ |  |  |  |
| Black Rice Avocado Chicken Bowl |   |    |  |  |   |   |   |   |    |   | ✓ |  |  |  |
| Vegan Falafel Bulgur Bowl       | ✓ | A1 |  |  |   |   |   |   |    |   | ✓ |  |  |  |
| Veggie Buddha Bulgur Bowl       | ✓ | A1 |  |  |   | ✓ | ✓ | ✓ | H3 | ✓ | ✓ |  |  |  |

## Bowl Saucen

|                    |   |    |  |  |  |   |   |  |  |   |   |  |  |  |
|--------------------|---|----|--|--|--|---|---|--|--|---|---|--|--|--|
| Spicy Ginger Sauce | ✓ | A1 |  |  |  | ✓ |   |  |  |   | ✓ |  |  |  |
| Soja Sesam Sauce   | ✓ | A1 |  |  |  | ✓ | ✓ |  |  | ✓ | ✓ |  |  |  |
| Teriyaki Sauce     | ✓ | A1 |  |  |  | ✓ |   |  |  |   | ✓ |  |  |  |
| Lemon Herbs Sauce  |   |    |  |  |  |   |   |  |  |   | ✓ |  |  |  |

## Kids Menü

|                    |   |            |  |  |   |  |  |  |  |   |   |  |  |  |
|--------------------|---|------------|--|--|---|--|--|--|--|---|---|--|--|--|
| Mini Chicken Bowl  |   |            |  |  | ✓ |  |  |  |  | ✓ | ✓ |  |  |  |
| Mini Falafel Plate | ✓ | A1, A2, A3 |  |  |   |  |  |  |  |   | ✓ |  |  |  |

## Sandwiches

|                            |   |            |  |  |  |   |   |  |  |   |   |  |  |  |
|----------------------------|---|------------|--|--|--|---|---|--|--|---|---|--|--|--|
| Avocado Mozzarella         | ✓ | A1, A2, A3 |  |  |  | ✓ | ✓ |  |  |   | ✓ |  |  |  |
| Smashed Avocado Mozzarella | ✓ | A1, A2, A4 |  |  |  | ✓ | ✓ |  |  |   | ✓ |  |  |  |
| Chicken Avocado            | ✓ | A1, A2, A3 |  |  |  | ✓ | ✓ |  |  |   | ✓ |  |  |  |
| Smashed Avocado Chicken    | ✓ | A1, A2, A4 |  |  |  | ✓ | ✓ |  |  |   | ✓ |  |  |  |
| Vegan Sweet Potato         | ✓ | A1, A2, A3 |  |  |  | ✓ |   |  |  | ✓ | ✓ |  |  |  |

## Wraps

|                          |   |        |  |   |  |   |   |   |    |   |   |  |  |  |
|--------------------------|---|--------|--|---|--|---|---|---|----|---|---|--|--|--|
| Cesar Chicken Wrap, ganz | ✓ | A1, A2 |  | ✓ |  | ✓ | ✓ |   |    | ✓ |   |  |  |  |
| Falafel Mezze Wrap, ganz | ✓ | A1, A2 |  |   |  |   |   |   |    |   | ✓ |  |  |  |
| Veggie Goat Wrap, ganz   | ✓ | A1, A2 |  |   |  | ✓ | ✓ | ✓ | H3 | ✓ |   |  |  |  |

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## Allergene

|                                                                                   |        |                                                                                   |    |                                                                                   |          |                                                                                   |       |                                                                                     |        |                                                                                     |      |                                                                                     |         |                                                                                     |                |                                                                                     |  |                                                                                     |  |                                                                                     |  |                                                                                     |  |                                                                                     |  |
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| Gluten                                                                            |        |                                                                                   |    |                                                                                   |          |                                                                                   |       |                                                                                     |        | Schalenfrüchte/ Nüsse                                                               |      |                                                                                     |         |                                                                                     |                |                                                                                     |  |                                                                                     |  |                                                                                     |  |                                                                                     |  |                                                                                     |  |
| Hinweis                                                                           | Kürzel | Krebstiere                                                                        | Ei | Fisch                                                                             | Erdnüsse | Soja                                                                              | Milch | Hinweis                                                                             | Kürzel | Sellerie                                                                            | Senf | Sesam                                                                               | Lupinen | Weichtiere                                                                          | Schwefeldioxid |                                                                                     |  |                                                                                     |  |                                                                                     |  |                                                                                     |  |                                                                                     |  |

## evtl. unerwünscht

| Knoblauch | Zwiebel | Alkohol | Rind |
|-----------|---------|---------|------|

## Geeignet für

| Vegetarier | Veganer | Schwangere |
|------------|---------|------------|

### Hot Wraps

|                      |   |            |  |  |  |  |   |   |    |   |   |   |  |  |   |
|----------------------|---|------------|--|--|--|--|---|---|----|---|---|---|--|--|---|
| Hot Chicken Teriyaki | ✓ | A1, A2     |  |  |  |  | ✓ | ✓ |    |   |   |   |  |  |   |
| Hot Kebab Wrap       | ✓ | A1, A2, A4 |  |  |  |  |   | ✓ | H1 |   | ✓ | ✓ |  |  | ✓ |
| Dip: Teriyaki        | ✓ | A1         |  |  |  |  | ✓ |   |    |   |   |   |  |  |   |
| Dip: Curcuma Aioli   |   |            |  |  |  |  |   |   |    | ✓ |   |   |  |  |   |

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### Grilled Flatbread

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|--------------------------|---|--------|--|--|--|--|---|--|--|--|--|--|--|--|--|
| Pesto Chicken            | ✓ | A1, A2 |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |
| Olive Schafskäse         | ✓ | A1, A2 |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |
| Creamy Koriander Avocado | ✓ | A1, A2 |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |

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### Curries

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|---------------------------------|---|----|--|--|---|---|--|--|---|--|--|---|--|--|--|
| Mango Chicken Curry             |   |    |  |  | ✓ | ✓ |  |  |   |  |  | ✓ |  |  |  |
| Mango planted.chicken Curry     |   |    |  |  | ✓ | ✓ |  |  |   |  |  | ✓ |  |  |  |
| Yellow Avocado Curry            | ✓ | A1 |  |  |   | ✓ |  |  |   |  |  | ✓ |  |  |  |
| Red Avocado Curry               | ✓ | A1 |  |  |   | ✓ |  |  |   |  |  | ✓ |  |  |  |
| Red Thai Chicken Curry          |   |    |  |  |   | ✓ |  |  | ✓ |  |  | ✓ |  |  |  |
| Red Thai planted.chicken Curry  |   |    |  |  |   | ✓ |  |  | ✓ |  |  | ✓ |  |  |  |
| Asian Beef Curry (red sauce)    |   |    |  |  | ✓ | ✓ |  |  | ✓ |  |  | ✓ |  |  |  |
| Asian Beef Curry (yellow sauce) |   |    |  |  | ✓ | ✓ |  |  |   |  |  | ✓ |  |  |  |

**Info zu unseren Currys:**  
Unsere Currys werden mit Sesam serviert. Auf Wunsch kann darauf verzichtet werden – bitte bei der Bestellung angeben.

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### Breakfast Toast & Eggs

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|------------------------------------|---|------------|--|---|---|--|--|---|--|--|--|---|--|--|--|
| Vegan Avocado Toast                | ✓ | A1, A2, A3 |  |   |   |  |  |   |  |  |  | ✓ |  |  |  |
| Avocado Toast mit Spiegelei        | ✓ | A1, A2, A3 |  | ✓ |   |  |  |   |  |  |  | ✓ |  |  |  |
| Hummus Toast mit Schafskäse        | ✓ | A1, A2, A3 |  |   |   |  |  |   |  |  |  | ✓ |  |  |  |
| Hummus Toast mit Schafskäse und Ei | ✓ | A1, A2, A3 |  | ✓ |   |  |  | ✓ |  |  |  | ✓ |  |  |  |
| Salmon Avocado Toast               | ✓ | A1, A2, A3 |  |   | ✓ |  |  |   |  |  |  | ✓ |  |  |  |
| Salmon Avodaco Toast mit Spiegelei | ✓ | A1, A2, A3 |  | ✓ | ✓ |  |  |   |  |  |  | ✓ |  |  |  |

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### Quinoa Breakfast Bowl \*ohne Brot

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|------------------|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|
| Salsa & Egg Bowl |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |
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### Sweet Cups

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|---------------------------|---|------------|--|--|--|--|---|---|--------|--|--|--|--|--|--|
| Bircher Müsli             | ✓ | A1, A4     |  |  |  |  | ✓ | ✓ | H1, H2 |  |  |  |  |  |  |
| Mango Kokosmilchreis      |   |            |  |  |  |  | ✓ |   |        |  |  |  |  |  |  |
| Açaí Bowl                 | ✓ | A3, A4, A5 |  |  |  |  |   | ✓ | H1, H4 |  |  |  |  |  |  |
| Red Berry Granola Yoghurt | ✓ | A4, A5     |  |  |  |  | ✓ |   | H1, H4 |  |  |  |  |  |  |
| Mango Matcha Yoghurt      | ✓ | A3, A5     |  |  |  |  | ✓ |   | H1, H4 |  |  |  |  |  |  |

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gültig für Deutschland - Österreich - Luxemburg - Schweiz  
gültig bis Dezember 2026



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## Allergene

|         |        |            |    |       |          |      |       |                       |          |      |       |         |            |                |
|---------|--------|------------|----|-------|----------|------|-------|-----------------------|----------|------|-------|---------|------------|----------------|
|         |        |            |    |       |          |      |       |                       |          |      |       |         |            |                |
| Gluten  |        |            |    |       |          |      |       |                       |          |      |       |         |            |                |
| Hinweis | Kürzel | Krebstiere | Ei | Fisch | Erdnüsse | Soja | Milch | Schalenfrüchte/ Nüsse | Sellerie | Senf | Sesam | Lupinen | Weichtiere | Schwefeldioxid |

## evtl. unerwünscht

|           |         |         |      |
|-----------|---------|---------|------|
|           |         |         |      |
| Knoblauch | Zwiebel | Alkohol | Rind |

## Geeignet für

|             |            |         |            |
|-------------|------------|---------|------------|
|             |            |         |            |
| Schärfegrad | Vegetarier | Veganer | Schwangere |

### Warm Porridge

|               |   |            |  |  |  |  |  |   |        |  |  |  |  |  |  |  |  |  |  |
|---------------|---|------------|--|--|--|--|--|---|--------|--|--|--|--|--|--|--|--|--|--|
| Mango Traube  | ✓ | A4         |  |  |  |  |  |   |        |  |  |  |  |  |  |  |  |  |  |
| Granola Apfel | ✓ | A3, A4, A5 |  |  |  |  |  | ✓ | H1, H4 |  |  |  |  |  |  |  |  |  |  |
| Apfel Zimt    | ✓ | A4         |  |  |  |  |  | ✓ | H3     |  |  |  |  |  |  |  |  |  |  |

### Kaffee

|                                   |                           |    |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------------------------|---------------------------|----|--|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|--|
| Espresso / Doppio / Kaffee        | Keine Allergene enthalten |    |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| Espresso Macchiato                |                           |    |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| Espresso Macchiato mit Haferdrink | ✓                         | A4 |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| Cappuccino                        |                           |    |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| Cappuccino mit Haferdrink         | ✓                         | A4 |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| Flat White                        |                           |    |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| Flat White mit Haferdrink         | ✓                         | A4 |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| Latte Macchiato                   |                           |    |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| Latte Macchiato mit Haferdrink    | ✓                         | A4 |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| Caffè Latte                       |                           |    |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| Caffè Latte mit Haferdrink        | ✓                         | A4 |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| Chai Latte                        |                           |    |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| Chai Latte mit Haferdrink         | ✓                         | A4 |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| Frischer Minztee                  | Keine Allergene enthalten |    |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |

### Matcha (Iced and Hot)

|                                       |   |    |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------------------------|---|----|--|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|--|
| Iced Strawberry Matcha Latte milk     |   |    |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| Iced Strawberry Matcha Latte oatmilk  | ✓ | A4 |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| Iced Mango Cocos Matcha Latte milk    |   |    |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| Iced Mango Cocos Matcha Latte oatmilk | ✓ | A4 |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| Iced Matcha Latte milk                |   |    |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| Iced Matcha Latte oatmilk             | ✓ | A4 |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| Hot Matcha Latte, milk                |   |    |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |
| Hot Matcha Latte, oatmilk             | ✓ | A4 |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |

### Supplements

|              |                           |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------|---------------------------|--|--|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|--|
| Collagen     | Keine Allergene enthalten |  |  |  |  |  |   |  |  |  |  |  |  |  |  |  |  |  |  |
| Whey Protein |                           |  |  |  |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |  |  |

### Kuchen, Muffins, Croissants

|                          |   |        |  |   |  |   |   |   |            |  |  |  |  |  |  |  |  |  |  |
|--------------------------|---|--------|--|---|--|---|---|---|------------|--|--|--|--|--|--|--|--|--|--|
| Blueberry Muffin         | ✓ | A1     |  | ✓ |  |   | ✓ |   |            |  |  |  |  |  |  |  |  |  |  |
| Double Chocolate Muffin  | ✓ | A1     |  |   |  | ✓ |   |   |            |  |  |  |  |  |  |  |  |  |  |
| Carrot Cake              | ✓ | A1     |  | ✓ |  |   | ✓ | ✓ | H3, H7     |  |  |  |  |  |  |  |  |  |  |
| Bananabread              | ✓ | A1, A4 |  |   |  |   |   | ✓ | H1, H2, H3 |  |  |  |  |  |  |  |  |  |  |
| Himbeer Mandel Brownie   |   |        |  | ✓ |  |   | ✓ | ✓ | H1, H2     |  |  |  |  |  |  |  |  |  |  |
| Croissant                | ✓ | A1     |  |   |  |   | ✓ |   |            |  |  |  |  |  |  |  |  |  |  |
| Pain au chocolat         | ✓ | A1     |  |   |  | ✓ |   |   |            |  |  |  |  |  |  |  |  |  |  |
| Cinnamon Swirl           | ✓ | A1     |  | ✓ |  |   | ✓ |   |            |  |  |  |  |  |  |  |  |  |  |
| Cranberry Porridge Bread | ✓ | A1, A4 |  | ✓ |  |   |   | ✓ | H3         |  |  |  |  |  |  |  |  |  |  |

### Lemonade

|                  |                           |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------|---------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Ingwer Lemongras | Keine Allergene enthalten |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------|---------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|

### Smoothies

|               |                           |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------|---------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Green Machine | Keine Allergene enthalten |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Açaí Sunrise  | Keine Allergene enthalten |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mango Passion | Keine Allergene enthalten |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

**Info zu unseren Smoothies:**  
Wir verarbeiten auch Collagen und Molkenprotein in unseren Smoothies eine Kreuzkontamination mit tierischen Produkten ist daher nicht vollkommen ausgeschlossen.

dean&david Allergen-OVERVIEW

gültig für Deutschland - Österreich - Luxemburg - Schweiz  
gültig bis Dezember 2026



Allergene

|         |        |            |    |       |          |      |       |                       |          |      |       |         |            |                |
|---------|--------|------------|----|-------|----------|------|-------|-----------------------|----------|------|-------|---------|------------|----------------|
|         |        |            |    |       |          |      |       |                       |          |      |       |         |            |                |
| Gluten  |        |            |    |       |          |      |       |                       |          |      |       |         |            |                |
| Hinweis | Kürzel | Krebstiere | Ei | Fisch | Erdnüsse | Soja | Milch | Schalenfrüchte/ Nüsse | Sellerie | Senf | Sesam | Lupinen | Weichtiere | Schwefeldioxid |

evtl. unerwünscht

|           |         |         |      |
|-----------|---------|---------|------|
|           |         |         |      |
| Knoblauch | Zwiebel | Alkohol | Rind |

Geeignet für

|            |         |            |
|------------|---------|------------|
|            |         |            |
| Vegetarier | Veganer | Schwangere |

Wein und Secco

|                                  |                           |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |
|----------------------------------|---------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|
| Soave DOC Classico               |                           |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ✓ |
| Farnese Primitivo                |                           |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ✓ |
| Silver Veneto Frizzante          |                           |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ✓ |
| Hugo                             |                           |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ✓ |
| Aperol Spritz <sup>(2,17)</sup>  |                           |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ✓ |
| Aperol Tonic <sup>(2,17)</sup>   | Keine Allergene enthalten |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ✓ |
| Lillet Wild Berry                |                           |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ✓ |
| Lillet Vive <sup>(17)</sup>      |                           |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ✓ |
| Gin Tonic <sup>(17)</sup>        | Keine Allergene enthalten |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ✓ |
| Crodino Spritz <sup>(2,17)</sup> |                           |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ✓ |

Seasonals

Seasonal

|                                          |   |    |  |  |  |   |   |  |  |   |  |   |  |  |   |  |   |
|------------------------------------------|---|----|--|--|--|---|---|--|--|---|--|---|--|--|---|--|---|
| Pumpkin Spice Curry                      |   |    |  |  |  |   |   |  |  |   |  | ✓ |  |  |   |  | ✓ |
| Pumpkin Spice Chicken Curry              |   |    |  |  |  |   |   |  |  |   |  | ✓ |  |  |   |  | ✓ |
| Pumpkin Spice planted.chicken Curry      |   |    |  |  |  |   |   |  |  |   |  | ✓ |  |  |   |  | ✓ |
| Pumpkin Spice Beef Curry                 |   |    |  |  |  |   |   |  |  |   |  | ✓ |  |  |   |  | ✓ |
| Pumpkin Spice Bowl, Beef                 | ✓ | A1 |  |  |  | ✓ | ✓ |  |  | ✓ |  | ✓ |  |  | ✓ |  | ✓ |
| Pumpkin Spice Bowl, Chicken              | ✓ | A1 |  |  |  | ✓ | ✓ |  |  | ✓ |  | ✓ |  |  | ✓ |  | ✓ |
| Pumpkin Spice Bowl, planted.chicken      | ✓ | A1 |  |  |  | ✓ | ✓ |  |  | ✓ |  | ✓ |  |  | ✓ |  | ✓ |
| Prepacked Pumpkin Bulgur Bowl            | ✓ | A1 |  |  |  | ✓ | ✓ |  |  | ✓ |  | ✓ |  |  | ✓ |  | ✓ |
| Pumpkin Spice Chai Latte                 |   |    |  |  |  |   | ✓ |  |  |   |  |   |  |  |   |  | ✓ |
| Pumpkin Spice Chai Latte, Hafermilch     | ✓ | A4 |  |  |  |   |   |  |  |   |  |   |  |  |   |  | ✓ |
| Pumpkin Chai Matcha Latte                |   |    |  |  |  |   | ✓ |  |  |   |  |   |  |  |   |  | ✓ |
| Pumpkin Chai Matcha Latte, Hafermilch    | ✓ | A4 |  |  |  |   |   |  |  |   |  |   |  |  |   |  | ✓ |
| Pumpkin Spice Chai Latte Macchiato       |   |    |  |  |  |   | ✓ |  |  |   |  |   |  |  |   |  | ✓ |
| Pumpkin Spice Chai Macchiato, Hafermilch | ✓ | A4 |  |  |  |   |   |  |  |   |  |   |  |  |   |  | ✓ |

Weitere Specials

Special

|                               |   |        |  |   |  |   |   |   |    |  |  |   |  |  |  |  |   |
|-------------------------------|---|--------|--|---|--|---|---|---|----|--|--|---|--|--|--|--|---|
| Ocean Smoothie Bowl           | ✓ | A4, A5 |  |   |  |   |   |   |    |  |  |   |  |  |  |  | ✓ |
| XL Chicken 'n Egg Bowl        | ✓ | A1     |  | ✓ |  | ✓ |   |   |    |  |  |   |  |  |  |  | ✓ |
| XL planted.chicken ' Egg Bowl | ✓ | A1     |  | ✓ |  | ✓ |   |   |    |  |  |   |  |  |  |  | ✓ |
| XL Protein Power Bowl         |   |        |  |   |  |   |   |   |    |  |  | ✓ |  |  |  |  | ✓ |
| XL Chicken Protein Power Bowl |   |        |  |   |  |   |   |   |    |  |  | ✓ |  |  |  |  | ✓ |
| San Sebastian Cheesecake      | ✓ | A1     |  | ✓ |  |   | ✓ |   |    |  |  |   |  |  |  |  | ✓ |
| Apple Tarte <sup>(7)</sup>    | ✓ | A1     |  | ✓ |  |   | ✓ | ✓ | H1 |  |  |   |  |  |  |  | ✓ |
| Banana Walnut Bread           | ✓ | A1     |  | ✓ |  |   | ✓ | ✓ | H3 |  |  |   |  |  |  |  | ✓ |

2: Mit Farbstoff  
7: Mit Antioxidationsmittel  
17: Chininhaltig