

dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria- Switzerland



dean & david

The dean&david allergen guide provides information on which allergens are contained in our range. In addition, any undesirable ingredients such as garlic and onions are also labelled and it is clear whether the products are vegetarian or vegan and whether they are suitable for pregnant women.

Not all products are available in all stores.

The nutritional values, allergens and product information in the respective store apply.

The following allergenes are marked:

 Grains containing gluten and products thereof: - wheat (A1) - rye (A2) - barley (A3) - oat (A4) - spelt (A5) - khorasan (A6) - hybridised strains	 Edible nuts and products thereof: - Almond (H1) - Hazelnut (H2) - Walnut (H3) - Cashew (H4) - Pecan nut (H5) - Brazil nut (H6) - Pistachio (H7) - Macadamia nut (H8)
 Crustaceans and products thereof	 Celery and products thereof
 Eggs and products thereof	 Mustard and products thereof
 Fish and products thereof	 Sesame and products thereof
 Peanuts and products thereof	 Lupines and products thereof
 Soy and products thereof	 Molluscs and products thereof
 Milk and products thereof (lactose included)	 Sulfur dioxide and sulphites > 10 mg/kg or 10 mg/l



Note to possibel cross-contamination:

The allergen information refers exclusively to the 14 major allergens known to cause allergic reactions. An allergen is listed only if it is explicitly used as an ingredient in the recipe. However, please note that cross-contamination with other major allergens mentioned cannot be ruled out during the production of ingredients and the preparation of our dishes. These potential cross-contaminations are **not** separately indicated. Nor will we take into account any information regarding possible traces from our suppliers.

 vegetarian: no meat, no fish, but eggs and dairy goods	 vegan: no animal products, no animal fat or honey
 We divide our degree of spiciness into: ✓ : mild ✓✓ : medium ✓✓✓ : hot	 Suitable: - for pregnant women

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valid until December 2026



Suitable for

																								
Indication	Code	Crustaceans	Egg	Fish	Peanut	Soy	Milk	Indication	Code	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Spiciness	Vegetarian	Vegan	Pregnant women	

[illegible]

		✓								✓
✓		✓								✓
		✓								✓

[illegible]

	✓	✓				✓	✓	✓
		✓						✓

		✓					✓				✓
		✓					✓				✓
	✓	✓									✓
	✓	✓									✓
		✓									✓

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Allergens

Gluten		Crustaceans		Egg	Fish	Peanut	Soy	Milk	Edible Nuts		Celery	Mustard	Sesame	Lupines	Molluscs	SO ₂
Indication	Code								Indication	Code						

Maybe undesirable

Garlic	Onion	Alcohol	Beef
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Suitable for

Spiciness	Vegetarian	Vegan	Pregnant women
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Wraps

Cesar Chicken Wrap, whole	✓	A1, A2		✓			✓	✓				✓						✓		
Falafel Mezze Wrap, whole	✓	A1, A2											✓							
Veggie Goat Wrap, whole	✓	A1, A2					✓	✓	✓	H3		✓	✓							

Hot Wraps

Hot Chicken Teriyaki	✓	A1, A2					✓	✓												
Hot Kebab Wrap	✓	A1, A2, A4							✓	H1		✓	✓						✓	
Dip: Teriyaki	✓	A1					✓													
Dip: Curcuma Aioli												✓	✓							

Grilled Flatbread

Pesto Chicken	✓	A1, A2						✓												
Olive Sheep Cheese	✓	A1, A2						✓												
Creamy Coriander Avocado	✓	A1, A2						✓												

Curries

Mango Chicken Curry						✓	✓						✓							
Mango planted.chicken Curry						✓	✓						✓							
Yellow Avocado Curry	✓	A1					✓						✓							
Red Avocado Curry	✓	A1					✓						✓							
Red Thai Chicken Curry							✓						✓							
Red Thai planted.chicken Curry							✓						✓							
Asian Beef Curry (red sauce)						✓	✓						✓							
Asian Beef Curry (yellow sauce)						✓	✓						✓							

Information on our curries: Our curries are served with sesame. If preferred, they can be prepared without — please let us know when ordering.

Breakfast Toast & Eggs

Vegan Avocado Toast	✓	A1, A2, A3											✓							
Avocado Toast with Sunny side up	✓	A1, A2, A3		✓									✓							
Hummus Toast with sheep cheese	✓	A1, A2, A3						✓					✓							
Hummus Toast with Sheep cheese and egg	✓	A1, A2, A3		✓				✓					✓							
Salmon Avocado Toast	✓	A1, A2, A3			✓								✓							
Salmon Avodaco Toast with Sunny side up	✓	A1, A2, A3		✓	✓								✓							

Quinoa Breakfast Bowl *without bread

Salsa & Egg Bowl				✓																
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Sweet Cups

Bircher Muesli	✓	A1, A4						✓	✓	H1, H2										
Mango Coconutmilkrice								✓												
Açaí Bowl	✓	A3, A4, A5							✓	H1, H4										
Red Berry Granola Yoghurt	✓	A4, A5							✓	H1, H4										
Mango Matcha Yoghurt	✓	A3, A5							✓	H1, H4										

Warm Porridge

Mango Grape	✓	A4																		
Granola Apple	✓	A3, A4, A5							✓	H1, H4										
Apple Cinnamon	✓	A4							✓	H3										

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**Suitable for**[illegible][illegible]

Collagen	No allergens included																
Whey Protein																	

[illegible][illegible][illegible]

Info about our Smoothies:
We also use collagen and whey protein in our smoothies;
cross-contamination with animal products cannot therefore
be completely ruled out.

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Allergens

Gluten	Crustaceans	Egg	Fish	Peanut	Soy	Milk	Edible Nuts	Celery	Mustard	Sesame	Lupines	Molluscs	SO ₂
Indication	Code						Indication	Code					

Maybe undesirable

Garlic	Onion	Alcohol	Beef	Spiciness

Suitable for

Vegetarian	Vegan	Pregnant women

Wine and Secco

Soave DOC Classico														✓					✓		
Farnese Primitivo														✓					✓		
Silver Veneto Frizzante														✓					✓		
Hugo														✓					✓		
Aperol Spritz ^(2,17)														✓					✓		
Aperol Tonic ^(2,17)	No allergens included													✓					✓		
Lillet Wild Berry														✓					✓		
Lillet Vive ⁽¹⁷⁾														✓					✓		
Gin Tonic ⁽¹⁷⁾	No allergens included													✓					✓		
Crodino Spritz ^(2,17)														✓					✓		✓

Seasonals

Seasonal

Pumpkin Spice Curry										✓				✓					✓	✓	✓
Pumpkin Spice Chicken Curry										✓				✓					✓	✓	✓
Pumpkin Spice planted.chicken Curry										✓				✓					✓	✓	✓
Pumpkin Spice Beef Curry										✓				✓					✓	✓	✓
Pumpkin Spice Bowl, Beef	✓	A1				✓	✓			✓				✓				✓	✓	✓	✓
Pumpkin Spice Bowl, Chicken	✓	A1				✓	✓			✓				✓				✓	✓	✓	✓
Pumpkin Spice Bowl, planted.chicken	✓	A1				✓	✓			✓				✓				✓	✓	✓	✓
Prepacked Pumpkin Bulgur Bowl	✓	A1				✓	✓			✓				✓				✓	✓	✓	✓
Pumpkin Spice Chai Latte							✓											✓	✓	✓	✓
Pumpkin Spice Chai Latte, Oat Milk	✓	A4																✓	✓	✓	✓
Pumpkin Chai Matcha Latte							✓											✓	✓	✓	✓
Pumpkin Chai Matcha Latte, Oat Milk	✓	A4																✓	✓	✓	✓
Pumpkin Spice Chai Latte Macchiato							✓											✓	✓	✓	✓
Pumpkin Spice Chai Macchiato, Oatmilk	✓	A4																✓	✓	✓	✓

Additional Specials

Specials

Ocean Smoothie Bowl	✓	A4, A5																	✓	✓	✓
XL Chicken 'n Egg Bowl	✓	A1		✓		✓													✓	✓	✓
XL planted.chicken ' Egg Bowl	✓	A1		✓		✓													✓	✓	✓
XL Protein Power Bowl											✓								✓	✓	✓
XL Chicken Protein Power Bowl											✓								✓	✓	✓
San Sebastian Cheesecake	✓	A1		✓			✓												✓	✓	✓
Apple Tarte ⁽⁷⁾	✓	A1					✓												✓	✓	✓
Banana Walnut Bread	✓	A1		✓			✓	✓	H1										✓	✓	✓
Tomato Soup	No allergens included																		✓	✓	✓
Carrot-Coconut Soup	✓	A1							✓										✓	✓	✓

2: with colourants

7: with antioxidant

17: contains quinine