

SALADS



SEA

Surf & Turf

Grilled king prawns and grilled beef stripes, edamame, carrots, pepper, pomegranate seeds, fresh mint and coriander, Ginger-Sesame-Dressing

Avocado Prawn

Grilled king prawns, avocado, mango, pomegranate seeds, tomatoes, fresh mint and coriander, Ginger-Sesame-Dressing

Salmon Spring

Salmon, grilled sweet potatoes, sheep's cheese, tomatoes, sunflower seeds, fresh cress, Sweet-Honey-Mustard-Dressing

VEGGIE & VEGAN

Paris

French goat's cheese, walnuts, pepper, grapes, Sweet-Honey-Mustard-Dressing

Grilled Veggie

Grilled veggies, mozzarella cheese, Kalamata olives, tomatoes, basil pesto, sunflower seeds, basil Balsamic-Maple-Syrup-Dressing¹

DAVID'S FAVOURITE

Falafel Tahini

Falafel, grilled sweet potatoes, hummus, beetroot, pomegranate seeds, cucumber, fresh mint, Tahini-Lemon-Dressing

Avocado Superfood

Avocado, whole grain bulgur, beetroot, tomatoes, grapes, walnuts, Rocket-Dressing¹

Big Easy Beef

Grilled beef stripes, pepper, carrots, red cabbage, peanuts, fresh basil, Balsamic-Maple-Syrup-Dressing¹

Caesar Chicken

Grilled chicken breast stripes, tomatoes, free-range egg, Gran Biraghi (Italian hard cheese), croutons, Caesar-Dressing

DEAN'S FAVOURITE

Chicken Vitality

Grilled chicken breast stripes, carrots, sheep's cheese, cucumber, free-range egg, sunflower seeds, cress, Rocket-Dressing¹



All salads with crispy country bread

BOWLS



Freshly prepared with quinoa, brown rice, salad

SEA

Salmon Avocado Bowl

Salmon, avocado, edamame, beetroot, crunchy onions, coriander, soy-sesame-sauce

Mango Prawn Bowl

Grilled king prawns, mango, edamame, pomegranate seeds, peanuts, fresh mint & coriander, soy-sesame-sauce

VEGGIE & VEGAN

Vegan Falafel Bowl

Falafel, hummus, pomegranate seeds, beetroot, cucumber, carrots, fresh mint, lemon-mint-sauce

Veggie Buddha Bowl

Grilled veggies & sweet potatoes, edamame, walnuts, beetroot, basil, soy-sesame-sauce

CHICKEN & BEEF

Crunchy Beef Bowl

Grilled beef stripes, edamame, tomatoes, mango, pomegranate seeds, crunchy onions, soy-sesame-sauce

DEAN'S FAVOURITE

Peanut Beef Bowl

Grilled beef stripes, red cabbage, carrots, cucumber, peanuts, coriander, sesame, peanut-lime-sauce

Crunchy Chicken Bowl

Grilled chicken breast stripes, edamame, tomatoes, mango, pomegranate seeds, crunchy onions, soy-sesame-sauce

Avocado Chicken Bowl

Grilled chicken breast stripes, avocado, tomatoes, sweet corn, coriander, mexican salsa



JUICES & SMOOTHIES

FRESH JUICES

Classic apple, carrots, ginger

ACE orange, carrots, apple

Botox apple, mint, ginger

Add ginger

Golden Root orange, apple, turmeric

Refresher orange, beetroot, apple, carrots

Green Glow baby spinach, cucumber, apple, ginger, mint

GREEN SMOOTHIES

Super Green Matcha baby spinach, matcha, basil, grapes, banana, mango

Green Machine baby spinach, cucumber, orange, pineapple, date, mint

SUPERFOOD SMOOTHIES

Mango Chia Booster mango, pineapple, oat drink, chia-seeds, dates

Sunrise strawberry, banana, orange, açai, mint

Supersonic strawberry, pineapple, orange, açai

INGWER SUPERFOOD SHOTS (80 ml)

Various types:
Pomegranate açai | Turmeric | Spirulina

COLD PRESSED JUICES (0,33 l)



veggie vegan

gluten-free (without bread) lactose-free

You can find detailed information on allergens in our allergen guide at the counter.

Our staff will be happy to help you.

¹ contains sulfur

SALADBAR

Mixed salad, dressing, crispy country bread

1. BASICS

Vegan & Veggie

basil pesto
carrots
croûtons
crunchy onions
cucumber

free-range egg
grapes
Kalamata olives
mango
peanuts

pepper
sunflower seeds
sweet corn
tomatoes

Superfoods

beetroot
edamame
pomegranate seeds
red cabbage
walnuts

2. PREMIUM EXTRAS

avocado
Gran Biraghi (Italian hard cheese)
hummus
Mozzarella cheese
sheep's cheese
sweet potatoes

falafel
grilled veggies
chicken breast stripes
goat's cheese
whole grain bulgur

beef stripes
king prawns
salmon

3. DRESSINGS

Balsamic-Maple-Syrup¹
Ginger-Sesame

Sweet-Honey-Mustard
Caesar

Rocket¹
Tahini-Lemon

HOT STUFF

Be enthralled by our daily changing, passionately cooked curries with delicious fragrant rice. Warm up in winter with our healthy and delicious soups.

SAVE WITH THE FRESH MENU	
with Side Salad	1.00
with Side Salad and drink	3.00
CURRY ADD ONS	
peanuts	0.75
sweet potatoes	1.95
Double up chicken/beef	2.00



SANDWICHES & CO.

HANDMADE WRAPS

Vegan Oriental Wrap Whole grain bulgur, beetroot, grapes, walnuts, rocket, fresh salad, sweet-mustard-spread

Caesar Wrap Grilled chicken breast stripes, tomatoes, free-range egg, Gran Biraghi (Italian hard cheese), rocket, fresh salad, cream cheese, Caesar-Dressing

Paris Wrap French goat's cheese, dates, grapes, walnuts, pepper, rocket, fresh salad, cream cheese, Sweet Honey-Mustard-Dressing

GRILLED SANDWICHES

Chicken Avocado Sandwich Grilled chicken breast stripes, avocado, baby spinach, tomatoes, basil, sundried-tomato-spread

Avocado Mozzarella Sandwich Avocado, mozzarella cheese, tomatoes, baby spinach, basil, sundried-tomato-spread

Grilled Vegan Sandwich Grilled veggies, tomatoes, sweet corn, baby spinach, basil, sweet-mustard-spread

GRILLED FLATBREADS

Chicken Pesto Mozzarella Flatbread Grilled chicken breast stripes, mozzarella cheese, basil pesto, tomatoes, baby spinach, basil, cream cheese

Olives Sheep's Cheese Sheep's cheese, Kalamata olives, tomatoes, fresh cress, rocket, cream cheese

Grilled Veggies Mozzarella Flatbread Grilled veggies, mozzarella cheese, tomatoes, rocket, sundried-tomato-spread

SWEETS

Açaí Smoothie Bowl Strawberries, banana, red berries, almonds, chia seeds, açai

Mango Coconut Rice Pudding

Berry Chia Pudding

Check out our display counter to choose from our daily selection!

PREMIUM COFFEE & TEA

Espresso / Doppio

Coffee

Cappuccino

Latte Macchiato

Caffè Latte

Chai Latte

Golden Milk with ginger and turmeric

Matcha Latte

Wellmondo Luxury Tea various sorts

Fresh Ginger Tea with honey

Fresh Mint Tea

Ginger-Mint Tea with fresh mint & fresh ginger

With oat drink



dean & david